

I confirm that for each tax year for which I would like to claim an allowance:

- I worked as a nurse, midwife, HCA, HCSW, AP, TNA or Nursing Apprentice, and I had to wear a uniform.
- my employer did not launder my uniform for me or provide free laundry facilities and I laundered my uniform separately from other items of clothing in a high-temperature wash.
- I had to pay the full cost of laundering my uniform and I have not already had tax relief for the cost of laundering my uniform.



I claim the following amounts:	For Current Tax Year	For Previous Tax Years			
	2018-2019	2017-2018	2016-2017	2015-2016	2014-2015
Statutory fee to NMC or NISCC	£	£	£	£	£
Annual subscription to the RCN	£	£	£	£	£
Annual subscription to the <i>Nursing Standard</i>	£	£	£	£	£
Concession A1 (socks/tights) (Tick for each year claimed)	<input type="checkbox"/> Socks/tights				
Statutory Concession A1 (shoes) (Tick for each year claimed)	<input type="checkbox"/> Shoes				
Uniform laundry allowance (Tick for each year claimed)	<input type="checkbox"/> Laundry				

I declare that the information given is correct, to the best of my knowledge and belief, and that I pay each amount out of my earnings and that I will notify the Inland Revenue immediately if I am no longer entitled to tax relief.

TICK AS APPROPRIATE

I wish to have any tax relief due refunded to me as a cheque
Please adjust my PAYE tax code to give any tax relief due

Signed

Date

Please note that HMRC information states there are time limits for making a backdated tax relief claim. This is generally four years prior to the current Tax Year, but this may depend on your personal circumstances. There are also deadlines for getting your claim to HMRC. Detailed information on making a claim is available from HMRC on 0300 200 3300 or online at www.gov.uk/tax-relief-for-employees