

Brief Guide to Searching British Nursing Index (BNI)

1. What is British Nursing Index?

The British Nursing Index (BNI) is a leading UK nursing database providing bibliographic references to journal articles from all the major British nursing and midwifery journals, as well as a selection of English-language international journals.

It is available from the RCN e-library 'Databases to search' web page: www.rcn.org.uk/elibrary

2. Searching (within basic search)

Define your search by identifying the main concepts or keywords of your topic. For example, if you want to find journal articles about nutrition for patients with diabetes, break down your search into diabetes and nutrition



- **Type in** the keywords (e.g. nutrition and diabetes) in the search box **(1)** and click on the Search symbol **(2)**.
- To search for a phrase use double inverted commas e.g. "community nursing".
- You can **Search within (3)** your results. This enables you to narrow your search by adding another keyword. e.g. adding "type 2" will find articles relating to type 2 diabetes and nutrition.
- **Narrow** your search results further if needed by date and other options **(4)**. To narrow by date slide the grey tab **(5)** along the foot of the date graph and then press update.

The screenshot shows the search results page for the query "nutrition and diabetes". The interface includes a search bar at the top with the text "nutrition and diabetes" (callout 1) and a search icon (callout 2). Below the search bar, there are filters for "Peer reviewed" and "Modify search | Tips". The results section shows "293 Results*" and a "Search within" button (callout 3). A list of search results is displayed, including titles like "Carbohydrate counting in diabetes" and "Diabetic ketoacidosis". On the right side, there is a sidebar for "Sort results by:" with a dropdown menu set to "Publication date (most recent first)" (callout 4) and a "Sort" button. Below this, there is a "Narrow results by" section with checkboxes for "Author", "Publication title", "Subject", and "Date". At the bottom of the sidebar, there is a date range "1994 - 2011 (years)" and a bar chart showing the distribution of results over time. A grey tab is positioned at the bottom of the chart (callout 5), and an "Update" button is located at the bottom right of the sidebar.

3. Linking to e-journals

Please note that only some journal articles are available as full text. To check if an article is available:


- Click on **Check for RCN access (1)**

13  [Understanding the role of diet in type 2 diabetes prevention.](#)  Preview

Wyness, L. Br J Community Nursing 14. 9 (Sep 2009): 374-9.

...preventing type 2 diabetes. Associations between obesity and diabetes, the ...index (GI) foods and vitar diabetes prevention are considered. 42 refs.

Cited by (2) 1

 Citation/Abstract [Check for RCN access. EBSCO Username: rcnlibrary Password: nursing](#)

- If you are asked for an EBSCO username and password please use:

Username: **rcnlibrary**
Password: **nursing**


- An intermediary screen appears with the reference and details of availability. Read this carefully to see whether there is full text available for the year that you are looking for. It may be available online **(2)** or in print/hard copy from an RCN library **(3)**. A [postal photocopying service](#) is offered for articles available in print.
- If available select a link to open the full text online **(2)**.

Title: understanding role diet type 2 diabetes prevention.


Source: *British Journal Of Community Nursing* Volume: 14 Issue: 9 (2009-09-01) ISSN: 1462-4753

This reference is available in:

EBSCOhost Full Text

 Find this article in full text from EBSCOhost. 2002-01-01 to present 2

Print Holdings:

 RCN Print Holdings 3

4. Help and further learning

For help or advice about using British Nursing Index please contact us. We also offer RCN members free learning and development opportunities about using a database for literature searching.

- **Online learning:** Learn more with the RCN Learning Zone resource 'Using your RCN e-library': www.rcn.org.uk/learningzone
- **Webinars (web based training sessions):** You can join these sessions from home or work, wherever you have access to a computer and a telephone. Check the dates and register for our next webinar online: <http://tiny.cc/7focz>
- **Library training sessions:** For details of training sessions held in the RCN libraries please visit this web page: <http://tiny.cc/h4ilw>

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