

**RCN and SOM Joint Occupational Health Conference and Exhibition**  
**The Common Goal: Getting the best results in occupational health practice**  
**Monday 18 – Tuesday 19 October 2010**  
**Brighton Hilton Metropole, Kings Road, Brighton, BN1 2FU**

**Working Programme**

**Day one Monday 18 October 2010**

**08.30 Registration, refreshments, exhibition and poster viewing**

Location: Main hall

**10.00 Chairman of the Organising Committee opening remarks**  
 Malcolm Braithwaite OBE, Chairman of the Education Panel of the Society of Occupational Medicine

Chair: Cynthia Atwell OBE

**10.15 Clinical Leadership in OH: Are we up to the job?**  
 Tony Stevens, Medical Director, Belfast HSC Trust and Dr Peter Carter OBE, Chief Executive and General Secretary, RCN

**11.00 Working for a healthier tomorrow: The road ahead**  
 Professor Dame Carol Black, National Director for health and Work and Diana Kloss, Hon Senior Lecturer, University of Manchester, Chair, Council for Work and Health

11.50 *Transitional break*

**12.00 Concurrent session 1**

1.1	1.2	1.3	1.4
<p><b>12.00 – 13.00</b>  <b>High performance and positive (psychological) well-being: Are they compatible?</b>                      Professor Ivan Robertson, Director &amp; Professor of Organisational Psychology, Robertson Cooper Ltd &amp; Leeds University Business School</p>	<p><b>12.00 – 13.00</b>  <b>Effective health surveillance: what does it take?</b>                      Dr John Osman, Chief Medical Adviser, Health and Safety Executive and Steve Sadhra, Senior Lecturer and Director of Education for Occupational Health, Institute of Occupational and Environmental Medicine, University of Birmingham</p>	<p><b>12.00 – 12.30</b>  <b>OH information resources: IT and OH click here</b>                      Malcolm Braithwaite OBE, Chairman of the Education Panel of the Society of Occupational Medicine</p>	<p><b>12.00 – 13.00</b>  <b>Getting published: Its easier than you think</b>                      Dr John Hobson, Consultant Occupational Physician and honorary editor of Occupational Medicine, Hobson Health Ltd Stoke on Trent</p>
<p><b>12.30 – 13.00</b>  <b>Mental Health at Work: Coping with an economic breakdown</b>                      Dr Paul Litchfield, Chief Medical Officer and Head of Health and Safety, BT Group</p>		<p><b>12.30 – 13.00</b>  <b>Selling OH on line</b>                      Eugen Gaal, AFOM, Specialist Registrar in Occupational Medicine, Imperial Health at Work, Imperial College NHS Healthcare Trust</p>	

13.00 Lunch, exhibition and poster viewing

14.25 Concurrent session 2

2.1.1	2.2.1	2.3.1	2.4.1
<b>14.25 – 14.45</b> <b>19 The impact of nursing and medical reports in occupational health</b> Dr Richard Preece, Consultant in Occupational Medicine, Mid Cheshire Hospitals NHS Foundation Trust	<b>14.25 – 14.45</b> <b>18 A Review of the NHS North West Occupational Health Services</b> Helen Kirk, OH Nurse Specialist, HK Consulting	<b>14.25 – 14.45</b> <b>08 Is it hazardous?</b> Christopher Packham, Dermatological Engineer, EnviroDerm Services	<b>14.25 – 15.10</b> <b>Managing MSDs under the Psychosocial Flags Framework – an update</b> Professor Kim Burton, Occupational Health Consultant, University of Huddersfield
<b>14.45 - 14.50 Transitional break</b>			
2.1.2	2.2.2	2.3.2	
<b>14.50 – 15.10</b> <b>02 Ethics in OH: confidentiality and consent</b> Jacques Tamin, Company Health, Medicals Direct Group	<b>14.50 – 15.10</b> <b>22 The Back Care Advisor – an under utilised asset?</b> Neil Roberts, Manual Handling Service Lead, Mid Yorkshire NHS Trust and Carol Foster, Moving & Handling Specialist Advisor, Community Healthcare Services, Wakefield	<b>14.50 – 15.10</b> <b>09 Are my gloves working?</b> Christopher Packham, Dermatological Engineer, EnviroDerm Services	

15.10 Transitional break

15.20 Concurrent session 3

3.1.1	3.2.1	3.3.1	3.4.1
<b>15.20 – 15.40</b> <b>06 Carlsberg: Probably the best.....in the world: Reducing the risk of musculoskeletal ill health to the Carlsberg Delivery Workforce</b> Helen Arnold, Occupational Health Adviser, CIGNA HealthCare, Occupational Health Department and Carmel Garvey, Occupational Health Manager, CIGNA HealthCare, Occupational Health Department	<b>15.20 – 15.40</b> <b>11 The application of experiential theatre to support the role of the Occupational Health Practitioner within the workplace Practitioner within the workplace</b> Gerry C Nwimo, Business Development Manager, Take the Mike Limited	<b>15.20 – 15.40</b> <b>07 Supporting employees with cancer: updates from the national cancer survivorship initiative</b> Sharon Tate, Health Awareness Coordinator, Target Ovarian Cancer	<b>15.20 – 16.05</b> <b>Preparing for OH service accreditation</b> Dr Richard Preece, Consultant in Occupational Medicine, Mid Cheshire Hospitals NHS Foundation Trust and Helen Kirk, Specialist Nurse
<b>15.40 – 14.45 Transitional break</b>			

3.1.2	3.2.2	3.3.2	
<b>15.45 – 16.05</b> <b>17 The Efficacy of Single-Sex Platoon Training in Reducing Tibial Injuries During British Army Training</b> Rachel Izard, Higher Scientific Officer, Occupational Medicine Department, HQ Army Recruiting and Training Division and Dr Julie Greeves, Senior Scientific Officer, Occupational Medicine Department, HQ ARTD	<b>15.45 – 16.05</b> <b>15 The Healthy Company FRP – demonstrating the efficacy and cost effectiveness of short pain management programmes / functional restoration programmes</b> Tim Stevenson, Managing Director, Medical Director & Occupational Health Physician, The Healthy Company, Kelly Ridley, Clinical Specialist Physiotherapist, The Healthy Company & Centre for Pain Education (COPE), Sutton and Warren Travers, Clinical Specialist Physiotherapist, The Healthy Company & Real Health Institute, London, Physio Plus, Haywards Heath	<b>15.45 – 16.05</b> <b>05 Medicalisation of Emotions in the Workplace: The Role of the Occupational Health Practitioner</b> Sharon Wilday and Alan Dovey, Honorary Clinical Lecturers in Cognitive Behaviour Therapy, University of Birmingham; Consultant Cognitive Behavioural Psychotherapists	

**16.05 Refreshment break and exhibition viewing**

Chair: Olivia Carlton

**16.45 Influencing the Board**  
 Gary Booton, Director, EEF

**17.30 End of day one**

**19.30 Drinks reception and conference dinner**

**Day two Tuesday 19 October 2010**

**08.30 Registration, refreshments, exhibition and poster viewing**

Location: Main Hall

**09.30 Chairs opening remarks**  
 Caroline Whittaker

**09.45 The common goal: How best to work together**

**Holistic HR perspective**

Henry Gilbert, Managing Director, Holistic Services Ltd

**The Royal College of General Practitioners, Health and Work Project**

Dr Christine Mason, Consultant Occupational Physician, Aviva Occupational Health Services, Jamil Rahman, General Practitioner, Programme Director CMH Vocational Training Scheme, Waterside Medical Centre, Southall

**11.15 Refreshments and exhibition viewing**

**11.45 Concurrent session 4**

<b>4.1</b>	<b>4.2</b>	<b>4.3</b>	<b>4.4</b>
<p><b>11.45 – 12.30</b>  <b>Building a business case for Occupational Health</b>                      Professor Richard JL Heron, MB ChB FRCP FFOM , Vice-President Health, BP International Ltd</p>	<p><b>11.45 – 12.30</b>  <b>The Fit note - how was it for you ? A perspective from primary care</b>                      Dr James Heffer, GP, The Health Centre                      Kate Howie, Clinical Programme Lead, Unitedhealth UK and Chair of RCN Practice Nurses Association</p>	<p><b>11.45 – 12.30</b>  <b>Boorman review: Where are we now?</b>                      Dr Peter Verow. Consultant OHP, Sandwells and West Birmingham NHS Trust, Regional Health and Well-being Champion</p>	<p><b>11.45 – 12.30</b>  <b>Dial 0800 077 8844 The Road Ahead - Occupational Health and SMEs</b>                      Susan Carty, Specialist Occupational Health Adviser for Work Adviceline for Small Business, NHS Plus and General Manager, Imperial Health at Work, Imperial College Healthcare NHS Trust and Janette Parkins, Project Manager, Health for Work Adviceline for Small Business, NHS Plus</p>

**12.30 Lunch, exhibition and poster viewing**

Chair : Malcolm Braithwaite

**14.00 Question time** *generate panel on day one - QT slips*

**15.30 Summary and best new presenter award**

**15.45 Close of conference**