



Dignity in practice worksheet

Name: _____

This worksheet is for you to record your learning about dignity in care. Some parts will be completed during the sessions and others as follow-up learning. Remember, for the practice-based activities, do not include any identifying information about patients/clients so that confidentiality is maintained.

SECTION 1 WHAT IS DIGNITY?

1. What does dignity mean to you? Jot down your ideas here:

2. Ask one person outside your workplace (family or friends) what dignity means to them. Write it down here:

3. Drawing on the above, and the session discussion and DVD, write down three key points about the meaning of dignity:

i)

ii)

iii)

4. Select one patient/client who you are caring for over one shift. What do you think dignity might mean for this person?

SECTION 2: LOSS OF DIGNITY – HOW WOULD YOU FEEL?

On your next shift, focus on one patient/client and consider the effect of 'Place, People and Process' on this person's dignity. Write a reflective account in the spaces below:

Place: how might the care setting affect the person's dignity?

People: how might staff behaviour affect the person's dignity?

Process: how might processes, such as care activities, affect the person's dignity?

Your positive action to help to maintain the person's dignity:

SECTION 3: DIGNITY IN PRACTICE – SMALL CHANGE – BIG DIFFERENCE

A plan to promote dignity in your setting:

What is the dignity issue?

What is your solution?

Place: where will this happen? Does the environment need to be modified? If so, how?

People: who will be involved? What will they do? Who can help?

Process: what processes are involved? How and when will they be carried out to promote dignity?
