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Nutrition

# nutrition now

- 1 Nutrition and hydration are essential to care, as vital as medication and other types of treatment.
- 2 It is our responsibility as members of a multi-disciplinary team to ensure patients in our care have the right nutrition and hydration at the right time.
- 3 Working practices that prioritise nutrition and hydration can overcome the challenges that stand in the way of excellence.

[www.rcn.org.uk/nutritionnow](http://www.rcn.org.uk/nutritionnow)

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