



London Region

INJURY AT WORK

A quick guide for members

- Seek medical advice
- Report the accident or illness to your line manager or immediate superior
- Report accident/incident in the formal accident book and on the official accident /incident reporting form. Keep a copy of the completed accident form for your records
- Report near misses to prevent any accident happening to someone else

Useful information

- witnesses (full name and address)
- photographs
- sketches
- details of equipment involved

**CONTACT YOUR RCN REPRESENTATIVE
SEEK ADVICE BEFORE MAKING ANY
STATEMENTS**

Remember Health & Safety is Law