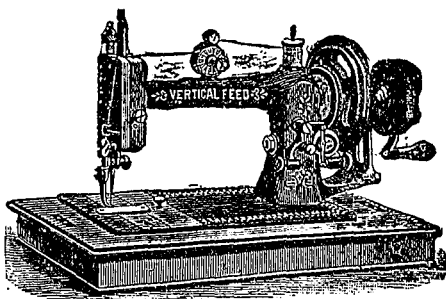


XIII.—Nothing contained in the foregoing Regulations is to be taken as relieving the Head Sister and Sisters from being subject to the general control and supervision of the Principal Medical Officer of the Hospital to which they are attached.

SPECIAL PRIZE COMPETITION.

WE have much pleasure in announcing that we are enabled to offer a Special Prize—viz., a Sewing Machine, as per illustration, which is furnished with a handsome walnut cover, of the value of FIVE GUINEAS, to the com-



petitor who makes and sends in the neatest and most effective NURSE'S CAP. *Rules.*—The cap, which should be accompanied with the full name and address of the competitor and a statement of the exact cost of the materials used in the making of it, with the coupon cut out of our advertisement column, securely packed in a box, must be addressed to "*Nursing Record* Special Prize Competition, St. Dunstan's House, Fetter Lane, London, E.C." It must be delivered not later than Saturday, August 1, next. The manufacturers have kindly undertaken to teach the winner (free of any charge) how to work and use the machine. The machine is on view and can be seen any day from ten to twelve at the Vertical Feed Sewing Machine Company, 24, Aldersgate Street, E.C.

ELIZABETH FRY.

TO this noble woman must be given the whole and sole credit of being the true pioneer of the establishment of what are now called Visiting and District Nurses. She was the third daughter of John Gurney, Esquire, of Earlham Hall, near Norwich, and was born at Bramerton, close to that ancient city, on May 21, 1780. Her splendid record of work, disinterested and arduous, in the squalid, miserable, and vicious surroundings of Newgate Prison, as it existed in those degenerate days, is only equalled by the piety, energy, and absolute single-mindedness with which she pursued, with profit to everyone who came under her beneficent sway, her great philanthropic labours, which were the means of eventually placing our prisons and penitentiaries throughout the country in a condition of decency and satisfaction. Nearly twenty years of patient,

uncomplaining, dreary, unencouraging toil was expended in the achievement of these objects, which, as we all know, were eventually so thoroughly crowned with success. In 1840 Mrs. Fry, who was a prominent member of the Society of Friends, and who became a preacher among them, established a Nursing Sisterhood in the City of London, where Nurses, respectable and intelligent women, were provided for the purposes of visiting the sick at their own homes, their services to be paid for, as far as was possible, by the sick, or the relatives or friends of the sick themselves. Mrs. Fry, in connection with the Sisterhood, established the first genuine Pension Fund for Nurses, whereby the Sisters were provided with a pension after thirty years' service. It is a curious and interesting fact to note, as a mark of the then times, that Mrs. Fry made an arrangement with one of the large London Hospitals, where the Nurses intended for the Sisterhood "spent a few months' Probationership, to obtain a partial insight into their work." The many—and may they increase a hundredfold—splendid Nursing systems and Institutions at present in vogue seem, after all, to be but a development of the schemes and ideas set forth by this indefatigable philanthropist, who died, regretted and mourned by the whole country, at Ramsgate, on the 20th of October, 1845, after a well-spent and exemplary life, leaving behind her a monument of a noble work and an example of a pious determination such as cannot fail to have left the tracery of their hallowing influences for the example and betterment of those who have followed her. EDITOR:

NURSING ECHOES.

*** All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith.*

I HEAR that a most interesting ceremony took place last Monday at Buckingham Palace. Her Royal Highness Princess Christian received a deputation of ladies, who presented to her a beautiful diamond sun star as the Silver Wedding Gift from the members of the Royal British Nurses' Association. The deputation consisted of Miss THOROLD, the well-known and greatly respected Matron of the Middlesex Hospital; Mrs. BEDFORD FENWICK; Miss FORREST, Matron of the York County Hospital; Miss CURETON, Matron of the Adden-



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