

patients. Their personal linen is not washed at the Hospital. The Staff consisting of House Surgeon, Matron, eight Nurses, and ten servants, there are about eighty Ward sheets, fourteen quilts, fourteen blankets, eighty pillow-cases, towels, &c., beside the house linen, eighty Nurses' and servants' aprons, and, of course, a large number of collars and cuffs to be washed each week. The servants all wear cotton dresses, but not the Nurses. The washing is not to be done by machinery." I heartily congratulate this lady upon her success, this being the second time Mrs. Taylor has obtained the prize, consisting of a guinea's worth of books. The Essay Competitions are growing more popular every day.

S. G.

THE BENEFITS OF LIFE ASSURANCE.

UNDER the heading, "Co-operation *versus* Accumulation," we have received a well-compiled booklet, the work of an experienced actuary, which lets one into some startling facts in respect to the great advantages of co-operation over accumulation. Then, following upon this, we have also the tenth annual report of President Edward B. Harper for the year ending December 31st, 1890, of the Mutual Reserve Fund Life Association of New York, which has its chief office for Great Britain at 90, Queen Street, Cheapside, E.C. As a thorough and practical guarantee of its *bona-fides* this association has been placed under the supervision of the Insurance Department of the State of New York, and has deposited £20,000 with the Board of Trade in this country for the security of policy-holders, and is also governed by the British Law affecting Life Assurance. We need, perhaps, hardly say much more as to the stability of this mammoth company than by quoting their own audited figures, which show that the association has secured an immense and growing business, appreciated by all who value this particular, acceptable, and very reasonable form of provision for the future. Total amount of assurance in force 1890, £40,452,451; new business, 1890, £8,401,667; total gross assets, £790,591; total income, 1890, £696,369; total death claims paid, £2,001,423; saving to members by its system, over £5,000,000. The chief advantages of the Mutual Life Association is "that there is no personal liability of members; and no restriction as to residence or travel. Lapsed policies can easily be renewed. Assurances can be effected under the Married Women's Property Acts, or for creditors' assignments. Policies can also be assigned, whilst the full benefits are granted to members immediately upon the acceptance of

risks by the association. The rates are remarkably low, considering the great advantages accruing from the mutual system, and worthy the consideration and thought of every member of the household. Full particulars can be obtained on application at the office.

POST-CARD EXAMINATIONS.

WE are pleased to be able to announce that in the *twenty-second* of this series of examination questions,

"What do you understand by Phlegmasia Dolens?"

NURSE REDDOCH, whose card we reproduce, has secured the prize of a book or books of the value of five shillings:—

Nurse Reddoch The Infirmary
L.O.S. Grove Rd
Richmond

Phlegmasia Dolens or white leg is caused by obstruction of the femoral vein by a blood clot. Pregnant women are most liable to the disease owing to the peculiar state of the blood at such times, but it may affect the non-pregnant & even men. It results most commonly from exposure or overexertion. The leg swells & becomes intensely painful. The skin white & tense but when pressed with the finger does not pit as in dropsy. There is often fever accompanying it & sometimes chills. It is treated by absolute rest, support the limb comfortably & keep it warm by enveloping it in thick layers of cotton wool. The constitutional treatment must be directed by the physician. When the disease terminates fatally it results from suppuration or the formation of matter in the leg. The patient dies from the consequent blood poisoning & exhaustion. Nurse Reddoch: Smith & Lewis, Richmond.

The following have gained HONOURABLE MENTION:—

MRS. CHAMBERS, M.R.B.N.A.:—

Phlegmasia Dolens, or white leg, results from the formation of a blood-clot in the femoral vein.

[previous page](#)

[next page](#)