

## National Principles for the provision of safe maternity care to women isolating in quarantine hotels.

### PURPOSE

The purpose of this document is to define the key principles required to ensure that any person resident in the designated quarantine hotels can access appropriate and timely maternity care and early pregnancy services. Areas should use the principles to inform more detailed local care pathways and communication.

### PRINCIPLES

On entry to the quarantine hotel all guests [not everyone may declare they are pregnant] should be given information and contact details for the local maternity unit for access to maternity care and support if required during their stay. They should be advised that if they contact a maternity service to specify to that maternity service that they are currently isolating in a quarantine hotel.

Guests travelling with children or vulnerable adults should be asked to consider notifying hotel reception of a suitable trusted adult who in the case of emergency could be contacted to enter the quarantine hotel as replacement carer for dependants. If guests cannot identify a trusted adult and an emergency arises- Department of Health Safeguarding procedures should be followed.

It is essential that local services are set up that allow access to maternity care and early pregnancy services. This should include consideration of whether appropriate maternity care can be provided within the quarantine hotel, if hospital attendance is required all persons should be treated in accordance with the established local COVID positive pathways.

Discharge from hospital should be back to the Quarantine hotel if isolation period is still active. Admission and discharge information should be given to the individual and notified to their usual maternity care provider [where one has been identified] with details of their intended date to return home.

### LANGUAGE AND INCLUSION

Persons entering Quarantine Hotels may not speak, read, or understand English. All local information should be provided in relevant languages, easy to understand visual formats and Quarantine hotels should have translation services available. Care pathways need to be sensitive to the emotional, cultural and psychological needs of a diverse population of residents.

A list of contact numbers for appropriate maternity units geographically located close to Quarantine hotels will be made available to onsite hotel healthcare professional and 111 services. Persons requesting maternity care or advice should be directed immediately to maternity services for support.

**APPENDIX A: Recommended basic maternity care pathway for persons isolating in quarantine hotels. Guide for onsite HCP.**





**APPENDIX B: Recommended basic maternity care pathway for persons isolating in quarantine hotels. Guide for Families.**

