

Reflection on Learning and Onward Development (adapted from NMC reflective account template - <http://revalidation.nmc.org.uk/download-resources/forms-and-templates.html>)

Once you have reviewed the Diabetes Essentials Resource, you can complete the following reflective form. The below form is mapped to the NMC reflective accounts template and the hours spent reviewing the resource can map to the NMC CPD log template (non-participatory hours).

Reflective Account – Diabetes Essentials Resource (maps to NMC reflective accounts form)	
Date Undertaken:	
Details of Sections completed within Diabetes Essentials:	
Total time completed (Non participatory – map to NMC CPD log template): _____ (hrs)	
What sections of the Diabetes Essentials resource were reviewed and how does this relate to your area of nursing practice?	
What did you learn from the sections you reviewed and how does this impact on your area of practice?	
How have you changed / improved your practice as a result?	
How is this relevant to the NMC code? (select one of more themes: Prioritise People – Practise Effectively – Preserve Safety – Promote Professionalism and Trust)	