

# Signs of work-related dermatitis



- Do you know the signs of dermatitis of the hands? Look out for dryness, itching and redness which can lead to cracking, blistering, flaky and scaly skin.
- At the end of each work period protect your hands by regularly applying hand moisturising creams (containing emollients) after handwashing. Always wet hands ahead of applying soap, as this is a common problem with the drying of nursing staff's skin. Ensure that you rinse and dry thoroughly. Follow established procedures for hand washing.
- 93 % of nursing staff who responded to our 2019 skin health survey said that they had experienced some kind of skin condition, including cracking, scaling and pain in the previous 12 months.

- Under health and safety law, your employer should have a programme of skin checks in place for nursing staff exposed to the risk of work-related dermatitis.
- Report any problems to your manager or occupational health provider as soon as they arise.

**Who to speak to about work-related skin problems:**

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