

Pain decision tool for learning disability

Do you suspect this person has pain?

Yes

**No/
Not sure**



Ensure reasonable adjustments are being met

Is there anyone available who knows their behaviours?

No

Do they have a known sign for pain or known pain behaviours?

No

Confirm with a person who knows them or assume they may be in pain

Do they have a care passport or a **This is me** document?

How do they communicate?

Do they have a preferred tool?

Can they self-report?

Are they non-verbal?

Yes

Ask that person

Yes

Done



Use appropriate tool

For patients who self-report

- 11-point numerical pain score (0-10)
- Categorical: none, mild, moderate, severe
- Faces Pain Scale (Wong & Baker)
- Iowa Pain Thermometer

For non-verbal patients

- r-FLACC
- Paediatric Pain Profile
- Pain Behaviour Checklist
- DISDAT
- Bolton
- Pain Picture
- Tailored Observational Pain Screen
- NCCPC-R