

UK Mental Health Nurse Expert Group

NOTES

Date: Thursday 24th January 2019

Time: 14.30 – 16.00

Venue: RCN HQ, Room: The Edith Cavell Room (313), 20 Cavendish Square, London W1G 0RN & Telephone Conferencing

Members: **Attendees:** Catherine Gamble (**Chair**); Helen Eunson, Dave Munday, Ben Hannigan, Phil Hough, Ben Thomas, Mel Coombes, Avril Devaney, Carol Webley- Brown, Fiona Nolan, Stephanie Aiken, Ying Butt, Jasvir Seahra (*Notes*)



Baroness Mary Watkins (for info only)

Joanne McDonnell (for info only)

Guests: Salli Midgley (Lead Nurse, Mental Health Nurse, NHS England)

Paul Vaughan (Director of Nursing, NHS England)

	Items	Lead
1.	Introductions took place, and AD introduced Mel Coombes who will be taking over from her as chair of the forum from March and the representative on this group. CG thanked AD for her input to the group and for helping to set it up. Apologies were noted from the following members: Breige Quinn, Claire Murdoch, Hazel Powell, Adrian Jones, Sarah Holmes, Andy Mattin, Tony Butterworth, Joanne McDonnell, Linda McKechnie	
2.	<p>Review notes and actions</p> <p>2.1 Point 2.2 to be amended to include the word Health.</p> <p>2.2 Point 2.7. Action: CG said she has pulled together a bid to form a lived experience of MH Services group.</p> <p>2.3 Point 4.9. HE said they have not been able to obtain recruitment figures yet but will be meeting nurse leaders next month and should have figures for next meeting. Action: HE to share recruitment figures</p> <p>2.4 AD updated on the various strands of work on workforce wellbeing which include a conference around connecting people and morale building. AD said they had recently recruited a retired Nurse Director who will lead on work focusing on wellbeing.</p> <p>2.5 DM confirmed the letter was sent to the NMC inviting the Chief Executive to a forthcoming meeting and said he is waiting for a response.</p>	<p>JS</p> <p>CG</p> <p>HE</p>
3.	<p>Nursing Now England – Paul Vaughan</p> <p>3.1 Paul Vaughan, Director of Nursing -Transformation at NHS England shared his presentation with the group. PV re-enforced the work he is leading at NHS England has an England only focus. Paul's presentation on the image of nursing work illustrated the challenges for Nursing as a career choice. Paul said research studies indicate that the perception of nursing is that it's not a career that nurses</p>	

	<p>would recommend to their own children. Paul further updated on the different workstreams which have been identified to address the challenges. The presentation highlighted some of the work NHS England is focusing on around recruiting Men in Nursing, identifying role models for Learning Disabilities and Mental Health as well as working with schools that have a high BAME student ratio. Paul concluded by stating there was opportunities to do things differently with Ruth May as the new CNO. Paul also shared that they have the hashtag TeamCNO.</p>  <p>PNMPaul_Jan19 (002).pptx</p> <p>3.2 AD said he was not aware of this work and requested that NHS England engages with us and requested that it is inclusive. Other members of the meeting also indicated that they would prefer a more joined up approach. Paul expressed concern that members of the group did not think the approach was inclusive and said he would ensure this is fed back. BT said it is good to see we are moving away from simply talking about care and compassion and focusing more on what Mental Health nurses do. CG said it is hard for nurses to know how or what career pathway to follow and promotion was more problematic if it is a BAME nurse. CG said it was necessary to get the balance right. Paul asked if the group wanted to be a design group for mental health nursing which will decide and agree the outputs. The group signed up and agreed on moving forward with this joint approach. In addition, HE and LMc signed up to a UK wide approach.</p> <p>Action: PV and CG to progress</p>	<p>PV & CG</p>
<p>4.</p>	<p>Salli Midgley – NHS England</p> <p>4.1 Salli Midgley, Lead Nurse, Mental Health Nursing shared her presentation with the group. Salli shared the different workstreams which she said is supported by a team and reports to an oversight group. Salli said there was work focusing on segregation and seclusion. HE said the mental welfare commission is publishing guidance on restrictive practices on seclusion specifically. There was discussion about the police wearing body cameras and whether this is considered to be the right approach, and what the consideration is for nurses being filmed. There was mixed views shared where AD said some feedback from patients indicated that they felt safer, whilst others in hospitals questioned who and how the recordings were used. It was also highlighted that a number of admissions in A&E are related to mental health issues but as this connection is not addressed when admissions are made, this tends to result in frequent readmissions. Policies were being locally applied in hospitals and data protection rules were being followed and cameras had only been installed in communal areas. Salli reported she was part of an expert reference group and said members of the group were welcome to join. CG confirmed Salli would be joining this membership group.</p>  <p>Salli Midgley overview Jan 19 for R</p> <p>Action: Salli Midgley to become a member of the group</p>	<p>JS</p>
<p>5</p>	<p>Research and Innovation update</p> <p>5.1 BH updated that the 25th RCN International Mental Health Nursing Research conference had been confirmed to take place on 12th and 13th September 2019 at the RCN HQ. BH asked members of the group to share with their networks and</p>	

	<p>said we are inviting nominations for 2019 Mental Health Nurse Academics UK Lecture. The form for nominations can be found on the website.</p> <p>5.2 CG said the CQC want a thematic review on seclusion. Action: CG to send details to BH</p> <p>5.3 DM updated that the Royal College of Psychiatrists pre December pulled together an event to promote mental health careers with a good turnout and is waiting to hear next steps.</p>	CG
6	<p>MHN day 21st Feb</p> <p>6.1 EF was not present at the meeting, however it was understood the countries were hosting their own events. Clare Haughey, Minister is due to attend the event EF was organising. YB added that she will follow up arrangements for the event outside of the meeting. Action: YB to follow up with EF</p>	YB
	Next meeting: 10th April 2019: 14:30 -16:00	