

Activities of daily living

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Activities of daily living

- Eating/Drinking
- Bathing
- Dressing
- Toileting
- Maintaining continence
- Mobility and Transfers
- Accessing Technology
- Work and family roles



Maintaining independence

- MDT essential
- Anticipatory approach
- Early referral to Community Services
- Disability advice and information
- Access to grants



Functional Independence

- Rate of progression can vary
- Small aids and equipment
- Accessible Environment and adaptation
- Moving and handling



Dignity

- Maximise independence
- Routine
- Privacy
- Compassion



Further information

Advice sheets available from
MNDA Website:

- P1 Head supports for people
with MND
- 11C Equipment and
Wheelchairs for people with
MND
- P2 Wheelchairs for Motor
Neurone Disease

