

Planning ahead - Timeliness

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“One week waiting for an assessment or a piece of equipment is like a year in most people’s lives,
because they are an everyday essential to help us live as normal a life as possible and die with dignity”
Liam Dwyer, who is living with MND

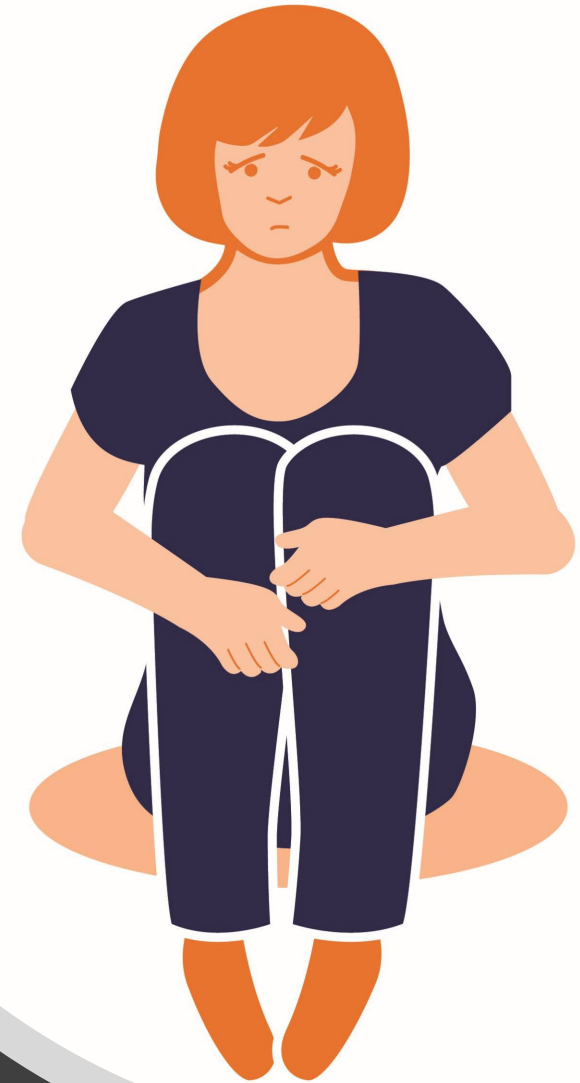
Timeliness

- equipment
- home adaptations
- wheelchairs and suitable housing
- support and benefits



Psychological support

- Shock
- Denial
- Fear
- Anger
- Resentment
- Helplessness
- Sadness
- Anxiety or
- Frustration



Who might help?

- Social workers
- Psychologists
- Counsellors
- Faith leaders
- Specialist palliative care services
- You



Further information

- [Guide to ADRT](#) MND Association
- [Getting it right every time](#), RCN
- More information can be found at [Advanced Care Planning](#) on the End of Life resource from the RCN.
- [End of life, fundamentals of nursing care](#) resource
- [MND Costs](#)
- [Paramedics card](#)
- [Providing medical evidence for benefit applications made by people with MND](#)
- [Difficult conversations](#) there is a cost for this publication.

