

Pre and Post birth support from TEWV Community LD Nursing Team Plan

Name : Alice Brown

DOB : 01/01/1990

NHS: Number: 000000000

Pen Picture

Alice is a lady who has a diagnosis of a Mild Learning Disability and a Borderline Personality Disorder. Alice lives independently in her own flat, her husband Mark is not currently living with her though spends a lot of time at the flat. Alice's home conditions are very poor with a very high odour due to poor personal hygiene of Alice and Mark, lack of cleaning and several pets who can urinate/defecate in different areas.

Historically when Alice was feeling stressed or under a high amount of pressure, she would respond to this by visiting GP and obtaining medication, this behaviour has not been present for many years. More recently due to current pregnancy and the involvement of social services Alice has been feeling under a high amount of stress. At this Alice has been complaining of various ailments in regards to her pregnancy, such as high amounts of pain, feeling nausea and not eating or drinking and reduced foetal movements. Some of these have been found to not be accurate, though Alice will continue to report these issues to health staff, although she is usually more honest with LD team staff.

Alice has had 2 other children who are not in her care due to her and Mark's inability to care for them, and who were both adopted. Alice is aware that when she has this baby, that the baby will be going to a foster carer, although she disagrees with what social services has said and feels she can be a good mother to her children.

Current TEWV LD Nursing Team Involved Staff

- **Jo Miller (Community Learning Disability Nurse)**
- **Lisa Robinson (Associate Practitioner)**

Contact Details

- **Monday – Friday 9-5 (01642) 368555 (if named staff are not available request to speak to duty worker)**
- **Out of Hours/weekend contact for Emergencies/Urgent matters: Bankfields Court (01642) 838760, ask to speak with nurse on duty who if required, will contact the nurse on call.**

Plan when Alice self attends at hospital

- LD Nursing Team staff to support Alice to ante-natal appointments for scans, or with consultant to aid in her understanding of information and to share information with professionals
- LD Nursing team to be informed of Alice attending outside of ante-natal appointments, and if any medication has been prescribed

Plan when Alice has given birth

- LD Nursing Team to be contacted when Alice has given birth to her baby, the LD staff member will visit Alice as soon as possible, **this is not to be via oncall/out of hours unless there is an urgent mental health situation with Alice, though North Tees Psychiatry Liaison Team can also be contacted**
- LD Nursing Team staff will visit Alice regularly whilst she is in hospital after the birth to monitor her mental health and well-being, and to offer ongoing support to her and Mark
- LD Nursing Team staff to be invited to the discharge meeting to be able to support Alice and Mark with this, when Alice's discharge is known LD staff will then take Alice and Mark home.
- LD Nursing Team staff will continue to have regular contact with Alice when she has returned home to monitor her mental health and well-being

Completed by : Jo Miller (Community LD Nurse/Clinical Lead)

Date :