

Charles Rumary
RCN Council Election 2026 – South East seat
This candidate has been nominated by two members and has been verified as eligible to stand in this election

Email: charles.rumary@nhs.net

Qualities, skills and experience

Qualifying in 2011 as a children's nurse, my career has been in the NHS. The vast majority of that in Paediatric Emergency Departments as well a couple of years managing a Paediatric Medical Ward and oncology Unit. Currently working at MTW NHS trust as a Paediatric ED Matron, regularly working clinically and supporting the Adult ED hence a real understanding of the increasing pressures on nurses in patient facing roles as well as the wider context and systemic issues. I am a strong advocate for staff and the patients we care for and would bring that advocacy to the role. I have spoken on behalf of the RCN particularly during the strikes when I was interviewed by several national news outlets and will continue to speak out for nursing. I strongly believe in authentic and genuine leadership and expect to be held to account and understand the importance of ongoing learning and growth and taking responsibility for my decisions. I relish the opportunity to both learn and discuss complex issues and then share that learning and the context with colleagues and continue to create effective change. I'm also training to be a Health and safety rep something I'm aiming to complete ASAP and ensure I continue to advocate for both colleagues and patients at my trust. Personally, I haven't faced any real discrimination and acknowledge my privileged characteristics and limited insight however I will champion equality for all our diverse workforce and continue to challenge discrimination.

Why should members elect you?

Utilising my experience and clinical insight I will work for members as a strong and passionate advocate for nursing and specifically to improve patient safety something I have done throughout my career. Given the pressures and current situation there's never been a more important time to effectively utilise our strength in numbers. Then use that power to improve our pay and conditions and

strengthen the profession all in the name of improving patient safety. I know acutely how desperately we all need safe and sustainable staffing templates and long-term investment in our profession. Research has shown investment in the NHS creates clear economic growth. So, as nurse's we are great advocates for our patients and need to ensure we harness that to strongly advocate for our safety critical profession. Creating a unified approach to speak truth to power and bring meaningful, permanent improvement. I want to be your representative on council to champion this and will work hard to best serve you as nurses in the south east where I live and work and thus our patients.

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My unrelenting passion for creating safe, effective and nurturing environment for children and young people requiring nursing care has informed my nursing career. Alongside a deep understanding of nursing generally and the challenges facing it in the context of wider societal issues. Also, a strong advocate for true recognition of nursing as a safety critical profession. I understand my responsibility to work with and advocate for all colleagues so they can maximise their potential. I'm a leader able to adapt to the situation, acknowledge and facilitate the strengths of others then establish what role I can take in addressing problems. Consistently supporting and empowering colleagues to continually learn and develop. Throughout my nursing career I've honed my communication and advocacy skills and would utilise them to the best of my ability in this role.

Current Role

- **Paediatric A+E Matron** for Maidstone and Tunbridge Wells NHS trust
Started March 2024
Responsibility for the delivery of emergency nursing care for children and young people attending Tunbridge Wells and Maidstone Sites. Providing clinical and managerial leadership.

Previous Roles – Last 10 years

- **Paediatric A+E Matron** for University Hospitals Sussex NHS trust
August 2023 - March 2024
Responsibility for the delivery of emergency nursing care for children and young people attending CED. Providing clinical and managerial leadership.
- **Children's Emergency Department Manager** for University Hospitals Sussex NHS Trust
January 2019 - August 2024
Responsibility for the delivery of emergency nursing care for children and young people attending CED. Providing clinical and managerial leadership.
- **L9 Medical Ward and Oncology Day-case Manager** for University Hospitals NHS Trust
January 2017 – January 2019
Responsibility for the delivery of nursing care to all children and young people on the Medical and Oncology Day-case ward as well as those receiving oncology nursing care in the community. Providing clinical and managerial leadership.
- **Children's Emergency Department Manager** for University Hospitals Sussex NHS Trust

February 2016 – January 2017

This was a temporary role for Maternity cover

Responsibility for the delivery of emergency nursing care for children and young people attending CED. Providing clinical leadership.

- **Deputy Charge Nurse – Children’s Emergency Department – University Hospitals Sussex NHS Trust**
September 2014 – February 2016
Working as a Nurse in charge for shifts in the children’s emergency department. Providing clinical leadership.

I started my nursing career in 2011 working as a Staff nurse at the Children’s emergency Department and then in 2013/2014 I went travelling. Prior to my career in nursing, I held several roles including Individual needs assistant, Personal carer, Physiotherapy assistant as well as hospitality roles.

Education and Professional Qualifications

Subject / Qualification	Place of study	Grade / Result	Year obtained
Nursing Diploma Child Branch	University of Brighton	Pass	2011
Child - Emergency Care Module	University of Brighton	Pass	2015
Management of Long term Conditions in Children	University of Brighton	Pass	2017
Mentorship Module	University of Brighton	Pass	2012

Training Courses

Course title	Training provider	Duration	Year completed
APLS	ALSG	2 days	2018
Connected Band 7 Programme	Connect Health Advisory LTD	Number of days	2017
Safeguarding Module	University of Brighton	Number of Days	2022
Paediatric Knee and Hip Study Day	MTW NHS trust	1 day	2024
RCN Regional Study Day	RCN	1 day	2024

Currently I am in training to become an RCN Health and Safety Representative something I am hoping to complete soon.

I am a member of the Liberal Democrats.

References available upon request