



RCN Acute Care Symposium
Current topics in Acute Care nursing
Friday 15 March 2024



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Welcome letter

Dear Colleague,

On behalf of the Royal College of Nursing (RCN), the Critical Care and Flight Nursing Forum, Emergency Care Forum and Peri-Operative Forum welcome you to debut RCN Acute Care Symposium.

We trust that you will find the conference stimulating and informative and that you'll have an opportunity to network with colleagues during the course of the event. We hope you will leave feeling inspired, invigorated and armed with information to share with colleagues in your workplace.

The RCN believes in life-long learning and actively promotes the continuing professional development of nurses. For this reason, certificates of attendance are included in the conference pack and the framework for reflection can be found on the reverse. You are encouraged to contribute attendance at RCN events towards your framework for reflection which can be included in your portfolio.

You will receive an email with a link to the online conference evaluation. We'd be grateful if you would complete this as soon as possible and within seven days of the conference. Your comments and feedback are invaluable in helping us plan future RCN conferences.

RCN staff and committee members are also on hand to answer any queries you may have regarding your membership. Or if you're a non-member, they can inform you of the many benefits of joining the RCN. As a member, you can join any number of the RCN Forums. The forums have active Facebook groups that provide you with the opportunity to connect with colleagues and keep up to date on current practice related issues.


The RCN has professional forums across the diverse nursing arena and RCN members can join as many of these forums as they wish. With 202105 forum members, forum membership is set to continue to rise. Forums are a huge area of influence and direction for the RCN and are a valuable opportunity to network with colleagues around the UK and be involved in:

- consultation responses
- conferences, events and workshops
- forum-led publications.

We'd like to thank you for supporting this conference and look forward to welcoming you back to future RCN events.

Programme at a glance

9.00	Registration, exhibition and networking		
10.00	Chair's opening remarks Jaon Cross, RCN Peri-operative Forum Chair POPS ANP & nurse lead, Lewisham and Greenwich NHS Trust		
10.15	The nursing workforce Prof. Nicola Ranger, Director of Nursing, RCN		
10.45	You make a difference (intelligent kindness) Tommy Whitelaw, National Lead for Caring and Outreach, Health and Social Care Alliance Scotland		
11.25	Refreshments, exhibition and networking		
12.00	New Hospital Programme Eamonn Sullivan MBE, National Clinical Director, New Hospital Programme, NHS England		
12.25	<i>Transition time</i>		
12.30	Concurrent sessions 1 (note. concurrent sessions 1 will be repeated in the afternoon)		
	1.1 Updates in respiratory care	1.2 Frailty - it matters!	1.3 Right Line, Right now! Ultrasound in Vascular Access
Room	Cowdray Hall	101/102	307
Speakers	Joanne King, Respiratory Consultant Nurse, Frimley Health NHS Foundation Trust	Vicky Richmond, Advanced Nurse Practitioner, Surgical Acute Frailty Team, Ninewells Hospital	Michele De Fazio, Clinical Specialist UK & Ireland, Teleflex Sponsored session by:
Chair	Rachel Bird, Committee member, Emergency Care Forum, RCN	Jason Cross, Chair – Perioperative Forum, RCN	
13.00	Lunch, exhibition and networking		

14.00	Concurrent sessions 2		
	2.1 Understanding Sepsis. What's new, what's different?	2.2 Harnessing our strengths to support others in crisis	2.3 Environmentally sustainable and resilient acute care nursing
Room	Cowdray Hall	101/102	307
Speakers	Suman Shrestha, Consultant Nurse, Frimley Health NHS Foundation Trust	Dr Stephen Jones, Interim UK Head of Nursing Practice, RCN	Dr Heather Baid, Principal Lecturer, Intensive Care Pathway Leader, University of Brighton
Chair	Ciara Collins, Chair - Critical Care and Flight Nursing Forum, RCN	Angeline Price, Committee member - Perioperative Forum, RCN	Kendal Andreason, Professional Lead Acute and Emergency Care and Defence Nursing, RCN
14.30	Transition time		
14.35	Concurrent sessions 3		
	3.1 Updates in respiratory care	3.2 Frailty - it matters!	3.3 Right Line, Right now! Ultrasound in Vascular Access
Room	Cowdray Hall	101/102	307
Speakers	Joanne King, Respiratory Consultant Nurse, Frimley Health NHS Foundation Trust	Vicky Richmond, Advanced Nurse Practitioner, Surgical Acute Frailty Team, Ninewells Hospital	Michele De Fazio, Clinical Specialist UK & Ireland, Teleflex Sponsored session by:
Chair	Rachel Bird, Committee member, Emergency Care Forum, RCN	Jason Cross, Chair - Perioperative Forum, RCN	
15.05	Refreshments, exhibition and networking		
	Civility in healthcare		
15.35	Helen Martyn, Senior nurse, Cwm Taf Morgannwg University Health Board Civility Saves Lives		
16.05	Closing remarks		

General information

Conference enquiries

Please ask staff on the registration desk if you have any specific requirements regarding access, lost property or have queries regarding your membership.

Delegate Badges

For security purposes, participants must wear their badges at all times. Participants will not be admitted to the conference sessions without the appropriate badge.

Programme

Please refer to the programme for details of the times and locations of all conference sessions. Staff will be on hand to guide you as necessary.

Breakout sessions

Delegates will have the opportunity to choose the breakout sessions they wish to attend. If you wish to swap sessions from the ones initially selected upon booking, this is not a problem.

To aid your decision making, view the breakout session speaker abstracts in this brochure.

Headline sponsor

We are extremely grateful to Teleflex for supporting the symposium. They will have an exhibition stand, please do say hello in the breaks and join their sponsored break-out session, 'Right Line, Right Now! Ultrasound in Vascular Access'.



Exhibition

There is an exhibition running alongside this event. These exhibitors have chosen to exhibit at this conference as they feel their products and/or services may be of interest to you. The exhibition also supports the conference, therefore please take the time to go and visit each exhibition stand during the exhibition viewing times.

Receipts

If you require a receipt or have any queries relating to your registration or payment for this event, please contact staff on the registration desk at the event. Alternatively, receipts are also available by contacting RCN Event Registrations direct on 029 2054 6460 between 9.00am and 4.30pm Monday to Friday.

Specific requirements

Please ask at the registration/enquiries desk if you have any specific requirements (e.g. dietary, accessibility etc.).

Electronic devices

Out of courtesy to others, delegates are requested to switch off or set to silent all electronic devices during conference sessions.

Liability

The RCN will not accept any liability for loss or damage to personal effects which may arise as a result of attendance at this event.

Continuing Professional Development

The Royal College of Nursing believes in lifelong learning and actively promotes the continuing professional development of all nurses. Authorised Royal College of Nursing certificates of attendance have been issued to all participants. This event is also subject to the RCN Events quality assurance framework. You should log what you have learnt at this event using the Framework for Reflection guidelines on the back of your certificate and keep this document in your personal professional portfolio.

Free information at your fingertips

The Royal College of Nursing offers a number of FREE online resources with all the latest information and guidance on particular nursing practice issues such as: clinical guidelines, patient safety and eHealth.

Visit <http://www.rcn.org.uk/development/practice> for more information.

Media partner

RCNi is the premier provider of innovative and creative information solutions for the whole nursing team and associated health professionals. With 11 nursing journals, including Nursing Standard, RCNi provide health professionals with the latest developments impacting nursing, including changes in policy, practice and research. RCNi also offer a range of digital products including RCNi Learning, an interactive online resource of CPD training modules, and the RCNi Portfolio, an

RCNi

online store and tracking system to help you with revalidation.

National conference partner

LV= General Insurance, one of the UK's largest personal lines insurers, pride themselves in putting customers at the heart of all they do. RCN members can benefit from exclusive* discounts and savings on a range of LV= insurance products, including Car and Home insurance, for a quote and more information visit LV.com/RCN.

*Exclusive RCN member discount vs general public prices on lv.com and through the call centre



Acknowledgement and thanks

Conference planning committee:

Suman Shrestha MBE	Professional Lead for Critical Care, RCN Consultant Nurse, Frimley Health NHS Foundation Trust
Jason Cross	Forum Chair, RCN Peri-Operative Forum POPS ANP & nurse lead, Lewisham and Greenwich NHS Trust
Ciara Collins	Forum Chair, RCN Critical Care and Flight Nursing Forum Critical Care Matron - Harefield Hospital, Heart Lung and Critical Care Clinical Group GSTT Foundation Trust
Rachel Bird	Committee member, RCN Emergency Care Forum Deputy Nurse Director for Operating Services, Critical Care & Anaesthesia (OSCCA) Directorate, Sheffield Teaching Hospitals NHS Foundation Trust
Sarah Cato	Forum Chair, RCN Emergency Care Forum Lead nurse, West Hertfordshire Teaching Hospitals NHS Trust
Kendal Andreason	Professional Lead Acute and Emergency Care and Defence Nursing, RCN

With thanks to the RCN Events Management and AV Teams.

Plenary speaker abstracts

Conference Chair

Jason Cross, RCN Peri-operative Forum Chair | POPS ANP & nurse lead, Lewisham and Greenwich NHS Trust

Biography

Jason has been a committee member for the RCN Perioperative nursing steering group for a number of years and was elected forum chair in December 2021.

Career and background - Jason joined POPS (Perioperative medicine for the Older Person undergoing Surgery) at Guys and St Thomas NHS foundation Trust in 2008 and until recently was the nurse lead for the service.

Currently Jason is seconded to a neighbouring NHS Trust to lead on the development and integration of POPS into their surgical pathway. In addition to this he continues to have input into medical student, junior doctor and ward nurse education programmes. He has spoken nationally and internationally on the use of comprehensive geriatric assessment (CGA) in the surgical setting, developing the workforce and on his role as an independent practitioner.

He is currently working with the RCN, HEE and the British Geriatric Society in developing a curricular and competency framework for nurses wishing to direct their career towards perioperative care. He recently was a member of the expert panel for the NICE perioperative care guideline.

Specialist interests include:

- management of the surgical patient with complex medical co-morbidities
- pre-operative comprehensive geriatric assessment of the surgical patient
- staff education focusing on older patients needs in hospital
- workforce development.

The nursing workforce

Nicola Ranger, Director of Nursing, RCN

Biography

Professor Nicola Ranger joined the RCN in December 2022. She was previously Chief Nurse and Executive Director of Midwifery at King's College Hospital NHS Foundation Trust in London. Before that, she held Chief Nurse posts at both Brighton and Sussex University Hospitals NHS Trust and Frimley Health NHS Foundation Trust.

She has also held a number of senior nursing roles at University College London Hospitals NHS Foundation Trust and Surrey and Sussex Healthcare NHS Trust. Earlier in her career, she worked at America's George Washington University Hospital in Washington and at Mount Sinai Medical Centre in New York.

You make a difference (intelligent kindness)

Thomas Whitelaw, Honorary Master Open University for Health, Social Care and Policy | National Lead Person Centred Voices, Health and Social Care Alliance Scotland (the ALLIANCE)

Summary

This session, hosted by Tommy Whitelaw National Lead from the ALLIANCE's Person centred Voices project, encourages individuals across all roles to promote person centred care in their work and practice, with clients, patients, carers and families. Tommy's 'You Can Make a Difference' campaign is based on the key principles of person-centred care, Intelligent Kindness and 'What Matters to You?', and shares learning from Tommy's own experience as a carer. This session promotes learning and reflection on how we can make our workplaces and systems more compassionate, asking 'what works well?' but also 'what can we do differently in the future?'

Learning outcomes:

1. The importance of kindness in health care.
2. Self care.
3. Celebrating the workforce.

Recommended reading list:

<https://linktr.ee/personcentred>

Twitter: @tommyNtour

Biography

For five years Tommy Whitelaw was a full-time carer for his late mother Joan who had Vascular Dementia. In 2011 Tommy undertook a walk around Scotland's towns and cities to collect hundreds of life stories and letters detailing the experiences of individuals who care for a loved one living with dementia. Tommy took this collection of stories to the Scottish Parliament to raise awareness of the value of carers, providing a platform for people to share their experiences and highlight what is needed to better support carers in Scotland.

Since then, he has engaged with thousands of carers through his 'Tommy on Tour' blog and as National Lead for Caring and Outreach with the Health and Social Care Alliance Scotland's Person Centred Voices Project. In this role he delivers frequent talks to health and social care professionals and carer organisations across Scotland, raising awareness of the impact of dementia on families and the importance of empowering carers in carrying out their difficult but vital role. This 'You Can Make a Difference' campaign has now reached over 270,000 people across 1,800 talks, gathering 30,000 'What Matters to You' pledges, WMTY personalised patient boards and many pledge trees within organisations. Tommy's work shares the key messages from the ALLIANCE, the 'What Matters to You?' approach, the Intelligent Kindness movement, and Civility Saves Lives.

In 2014, 2019 and again in 2023 Tommy produced Concerts for Caring. Each concert, held at Glasgow's Royal Concert Hall saw over 1,800 individuals join together for an evening of music, celebration and respite.

Tommy's passion for his work and the Carer Voices project has not gone unnoticed. He has previously enjoyed partnership working with Professor Fiona McQueen, recently retired Chief Nursing Officer for Scotland, and Professor Jane Cummings, recently

retired Chief Nursing Officer for England, and since 2021 has been working closely with CNO for Scotland Directorate

In 2021, Tommy was invited by the Scottish Government's Cabinet Secretary for Health and Social Care, Humza Yousef, to sit on the Social Covenant Steering Group.

New Hospital Programme

Eamonn Sullivan MBE, National Clinical Director, New Hospital Programme, NHS England

Biography

Eamonn is the National Clinical Director for the New Hospital Program (NHP) at NHS England, a role he commenced in September 2023. NHP is the first major national infrastructure programme undertaken by the NHS and is currently the most complex infrastructure project across UK Government.

Prior to his current role, Eamonn spent eight years as Chief Nursing Officer (CNO)/Executive Director in a variety of major acute and specialist trusts, including the Royal Marsden Hospital, the Royal Berkshire Hospital and acting CNO at University College London Hospitals. During the Pandemic Eamonn was seconded as Chief Nurse for Nightingale London and later Chief Nurse (Testing, England) at NHS Test and Trace. He was awarded an MBE for his services to the NHS during this period.

Before his Executive career, Eamonn held a number of senior leadership positions in Shelford NHS Trusts, including - Deputy Chief Nurse at University College London Hospitals and Deputy Chief Nurse at Guy's & St Thomas' Hospitals. In 2017 he was honoured to become a Florence Nightingale Foundation Leadership Scholar.

Eamonn spent much of his clinical career in Adult Critical Care, he holds an MSc in Critical Care from Kings College London. He currently Chairs the NHSE/National Quality Board safe staffing review of Adult Critical Care Nursing in England.

Outside of the NHS, Eamonn is a Nursing Officer in the British Army Medical Services (Reserve). He has had the privilege to lead UK and US Army Medical Teams in the conflicts in both Iraq and Afghanistan.

Eamonn lives in Berkshire, with his wife Yamini and their two children, Finn (14) and Maya (12). He enjoys real ale, campervanning and cycling.

Civility in healthcare

Helen Martyn, Senior nurse, Cwm Taf Morgannwg University Health Board

Summary

To raise awareness of the negative impact that rudeness (incivility) can have in healthcare, so that we can understand the impact of our behaviours. Positive working environments and psychological safety are paramount to reducing stress, errors and improving outcomes.

Learning outcomes:

1. Identify what incivility can look like
2. Identify how this can impact workplaces, people and patients

3. Explain how healthcare settings can influence the above

Recommended reading list:

<https://www.civilitysaveslives.com/>

Biography

Helen began her career in a small but busy ED in southeast Wales, swiftly recognising an interest in cardiac care, after a short time and some CPD, Helen missed the cut and thrust that ED environments provide. Moving into a senior role within acute and emergency medicine in Cardiff. In 2020 (mid pandemic) Helen was approached to run COTE, whilst feeding into the role some educational elements for Cardiology services, as well as identification of back door challenges, returning her to the southeast valleys.

Helen has continuously taught across the undergraduate nursing programme within Wales, as well as representing academic institutions and the NMC for standard development for nurses. In 2021 Helen began a formal academic post at the University of the West of England, securing the professional lead post within 10 months. Her love for ED nursing persists though and in July 2023 she began her Senior Nurse role within ED, and is widely aware of the persist challenges and increasing expectations on nurses. Helen has been an avid ambassador and speaker for civility saves lives since 2017 and has represented the movement at conferences internationally and across professions.

Helen lives in Wales with her husband, daughter, and Pembrokehire corgi. She's a keen, although not accomplished, runner and hiker, loves travelling, baking and is a self-confessed foodie.

Breakout speaker abstracts

Update in respiratory care

*Joanne King, Respiratory Consultant Nurse at Frimley Health NHS Foundation Trust
| Chair, ARNS*

Summary

To present and discuss the key priorities and challenges in respiratory care.

- long term plan and major conditions strategy
- workforce challenges
- respiratory virtual ward care

Learning outcomes:

1. Have awareness of key priorities in respiratory care
2. Increase awareness of Respiratory Virtual Ward care
3. Understand the key challenges in respiratory care

Recommended reading list:

<https://www.longtermplan.nhs.uk/>

<https://gettingitrightfirsttime.co.uk/wp-content/uploads/2023/11/Making-the-most-of-virtual-wards-incl-heart-failure-FINAL-V2-November-2023.pdf>

<https://www.hee.nhs.uk/sites/default/files/documents/Respiratory%20Disease%20Report.pdf>

Twitter: @joanne_king1

Biography

Joanne qualified in 1991 and has been a senior nurse at Frimley Health (formerly Heatherwood & Wexham Park) NHS Trust since 1996 in a variety of acute roles. She took up the role as respiratory nurse specialist in 2008 before obtaining a Respiratory Consultant Nurse post in 2016.

Joanne has restructured the respiratory services in Berkshire East to form The Adult Integrated Respiratory (AIR) team providing respiratory services across primary and secondary care, integrating community and hospital trusts in providing a seamless journey to the patient. The service offers expertise to patients with COPD, Asthma, ILD, and home oxygen needs, Bronchiectasis, specialist physiotherapy and provides pulmonary rehabilitation including maintenance classes. As the clinical lead for Frimley Adult Integrated Respiratory (FAIR) Services her current role is to provide support, guidance, management, and clinical leadership whilst developing services in respiratory care in both acute and community care sectors including the implementation and development of Acute Respiratory Virtual Ward care. Joanne is also the Frimley Integrated Care System respiratory elective recovery and transformation lead.

Joanne has obtained qualifications in Asthma, COPD and spirometry as well as being a non-medical prescriber. She has also received a BSc (Hons) in Nurse Practitioner Studies

from Buckinghamshire University and an MSc in Clinical Health Care from Oxford Brookes University.

Joanne is the ARNS Chair. She is also a member of the National Asthma and COPD Audit programme Board, the COPD / Pulmonary Rehabilitation advisory group and a national member of ACT on COPD working group. She is a committee member of the Service Development Committee, PCRS UK and chairs the respiratory forum and specialist nursing group locally.

Joanne was awarded respiratory Nurse Leader at ARNS in 2018 and Queens Nurse in 2023.

Frailty - it matters!

Victoria Richmond, Advanced Nurse Practitioner, Surgical Acute Frailty Team, Ninewells Hospital

Summary: This session will aim to make all participants aware of what frailty is and why it matters in our daily practice. The use of the clinical frailty score along with a comprehensive geriatric assessment to highlight how we can all participate in caring for those with frailty along with using interactive cases to develop further understanding.

Learning outcomes:

1. Identify frailty
2. Use of Clinical Frailty Scale (CFS) tool
3. Awareness of Comprehensive Geriatric Assessment and delirium

Recommended reading list

Clegg, A., Young, J., Iliffe, S., Rikkert, M. O., & Rockwood, K. (2013). Frailty in elderly people. *Lancet* (London, England), 381(9868), 752–762. [https://doi.org/10.1016/S0140-6736\(12\)62167-9](https://doi.org/10.1016/S0140-6736(12)62167-9)

British Geriatric Society. “Comprehensive Geriatric Assessment Toolkit for Primary Care Practitioners.” 2019.

Scottish Intercollegiate Guidelines Network (SIGN) Risk reduction and management of delirium. Edinburgh: SIGN. 2019 (SIGN publication no. 157) Available online: <http://www.sign.ac.uk/sign-157-delirium.html>

Biography

Vicky has worked in a variety of roles over her 20 years of nursing, from medical admissions, cruise ship nursing, surgical elective and now within unscheduled surgical care.

Her wealth of experience has enabled her to form a Surgical Frailty Team in Scotland. This team specialises in screening all patients over 65 into unscheduled surgery. Whilst the role is diverse within its nature, she remains focused upon patient centred care and promoting this within the surgical floor, through all aspects of the patients journey.

Summary

The Clinical and Medical Affairs team at Teleflex supports the safe and effective use of our vascular access devices through engaging and immersive procedural education. Vascular access, as a speciality, is often taken for granted however selection of the right device, for the right patient, at the right time can positively impact user experience and patient outcomes. This session, will focus on the effective use of ultrasound within vascular access, aims to offer an introduction to the theory which can support this aim.

Delegates will come away with a greater understanding of device selection, vessel health preservation and ultrasound skills.

Understanding Sepsis -What's new, what's different

Suman Shrestha MBE, RCN Professional lead for Critical Care and Flight Nursing

Summary

Sepsis affects far too many people. It is estimated that 918,000 adults are admitted to hospital per year and 66,096 die in the UK. We know that if sepsis is identified and treated early, some sepsis-related deaths may be preventable. The aim of the session will be to provide an overview on sepsis discussing the definition of Sepsis, epidemiology and highlight current challenges and issues managing patient with sepsis. The statement on the initial antimicrobial treatment of sepsis (V2.0) by the Academy of Medical Royal Colleges and newly published NICE guidelines on sepsis provides new recommendations on clinical management of sepsis which will also be discussed.

Learning outcomes:

1. Describe what sepsis is.
2. Understand through data and research why we should focus on improving management of sepsis in clinical practice.
3. Gain understanding of new concepts and guidelines on managing sepsis.

Recommended reading list:

<https://www.aomrc.org.uk/reports-guidance/statement-on-the-initial-antimicrobial-treatment-of-sepsis-v2-0/>

<https://www.nice.org.uk/guidance/ng51>

Twitter: @suman_sr

Biography

Suman Shrestha is a Consultant Nurse in Critical Care at Frimley Health NHS Foundation Trust. He is also a qualified Advanced Critical Care Practitioner and Associate Member of the Faculty of Intensive Care Medicine. He has wide range of clinical, managerial and academic experiences within healthcare. External to the Trust, he is Professional Lead for Critical Care at the Royal College of Nursing and Past Chair of the UK Critical Care Nursing Alliance.

He has lead initiatives improving care for patients with sepsis locally within his Trust and has also worked with NICE, NHSE, Academy of Medical Royal Colleges (AoMRC) and

NCEPOD on sepsis related workstreams. Before taking up this role, he was a steering committee member of the RCN Critical Care and Flight Nursing Forum.

Harnessing our strengths to support others in crisis

Stephen Jones, Interim UK Head of Nursing Practice, RCN

Summary

Learn about the process of care planning for someone with mental illness, including a range of screening tools that can be used to help you understand mental health presentations. We will also take the time to note the importance of effective therapeutic relationships and keeping yourself mentally well.

Learning outcomes

1. Describe the care planning process and common screening tools
2. Explain the core components of the therapeutic relationship
3. Identify key elements of maintaining staff wellbeing

Recommended reading list

1. <https://www.rcn.org.uk/magazines/Bulletin/2021/May/Moral-distress>
2. https://assets.publishing.service.gov.uk/media/5a74cb3640f0b619c865a7c4/JRA_Physical_Health_revised.pdf
3. <https://rcnlearn.rcn.org.uk/Search/e1561-exploring-the-therapeutic-relationship-in-nur>

Biography

Dr Stephen Jones is the RCN's Interim Head of Nursing Practice and UK Professional Lead for Mental Health. A registered mental health nurse, Stephen has a keen interest in the clinical practice, workforce, and leadership development, with co-production and person centred recovery-orientated practices at the centre of his decision making.

Environmentally sustainable and resilient acute care nursing

Dr Heather Baid, Principal Lecturer – School of Sport and Health Sciences, University of Brighton

Summary

Climate change and other ecological issues are increasingly important to all healthcare professionals, including nurses working in acute care, because the planetary health crisis is a public health crisis. Firstly, adaptation is needed for healthcare systems to become more resilient to the impact of air pollution, extreme weather events and food and water insecurity on health, healthcare delivery and availability of environmental, financial and social resources. Secondly, mitigation is required to lower the ecological footprint of hospitals because healthcare generates 4.4% of the total greenhouse gas emissions globally every year. If rated as a country, the healthcare sector would be the 5th most significant contributor to emissions. The nursing profession comprises a large proportion of a hospital's workforce, meaning there is an excellent opportunity for acute care nurses to improve their hospital's resilience and sustainability collectively. This presentation will explore the role of acute care nurses in urgently adapting to the impact of planetary health issues on healthcare and in providing nursing care that is environmentally sustainable, financially affordable, and socially responsible.

Learning outcomes

1. To explain the significance of healthcare adaptation and mitigation to planetary health problems
2. To discuss the national Net Zero Strategy requiring all NHS hospitals to have a Green Plan, focusing on the relevance for acute care nurses
3. To discuss the principles of sustainable clinical practice applied to acute care nursing for reducing the environmental footprint of hospitals in a financially affordable and socially responsible manner

Recommended reading list:

Karliner et al. 2019. Health care's climate footprint. How the health sector contributes to the global climate crisis and opportunities for action. Health Care Without Harm and ARUP. <https://noharm-global.org/documents/health-care-climate-footprint-report>

Delivering a Net Zero NHS - <https://www.england.nhs.uk/greenernhs/a-net-zero-nhs/>

3Baid, H., Damm, E., Trent, L. and McGain, F., 2023. Towards net zero: critical care. BMJ,381:e069044 <https://doi.org/10.1136/bmj-2021-069044>

Twitter: @heatherbaid

Biography

Dr Heather Baid is a registered nurse specialising in intensive care who works as a Principal Lecturer at the University of Brighton. She has a keen interest in sustainability issues, including reducing the environmental footprint of healthcare with financial and social co-benefits. For her PhD, Heather explored the concept of sustainability within the context of critical care, and she is currently leading the GREEN-ICU research project (GREater ENvironmental sustainability in Intensive Care Practice). She has facilitated sustainability to be embedded into several healthcare courses and leads the organising of the annual SHARE conference (Sustainable Healthcare Academic Research and Enterprise).

Qualifications: RN PhD SFHEA

Sponsor listings

The RCN welcomes sponsorship from the health care industry to deliver educational initiatives and events for the nursing profession. Financial support is accepted where there is clear alignment in objectives and strong grounds that the collaboration will add value to the RCN's educational offer.

The RCN works to ensure that all commercial activity is ethical, mutually beneficial and complies with the Bribery Act and relevant codes of practice e.g. Association of British Pharmaceutical Industries and Association of British Healthcare Industries.

Sponsorship or exhibition led activity does not imply endorsement by the RCN of any products and services displayed by the sponsors or exhibitors at an RCN event.





The Royal College of Nursing would like to thank the following organisations for supporting this event.

Headline sponsor



The Clinical and Medical Affairs team at Teleflex supports the safe and effective use of our vascular access devices through engaging and immersive procedural education. Vascular access, as a speciality, is often taken for granted however selection of the right device, for the right patient, at the right time can positively impact user experience and patient outcomes. This course, which will focus on the effective use of ultrasound within vascular access, aims to offer an introduction to the theory which can support this aim.

Exhibitors

	Vascular Access E-learning via the Teleflex Academy https://learn.teleflex-academy.com/learn/public/catalog/view/42
	www.ena.org/international
	RCN Libraries https://www.rcn.org.uk/library/
	Learn more about the work of the RCN Forums: https://www.rcn.org.uk/Get-Involved/Forums

Future RCN Events

Date	Event	Location
23 March	RCN and NaTHNaC 7th Joint Travel Health Conference	Online
23 – 24 April	RCN Education Forum National Conference and Exhibition 2024 <i>Future Insights: Enabling professional practice in health and social care nursing education</i>	York
11 July	RCN Children in Care Nursing Conference	Online
10 – 12 Sept	RCN International Nursing Research Conference 2024 <i>Inclusivity in nurse research: working together to make a difference</i>	Newcastle-upon-Tyne

Find out more about the above events and other listings at www.rcn.org.uk/events