

## RCN Diabetes Forum Conference Essentials of diabetes management

Venue: 20 Cavendish Square, London W1G 0RN

Date: Friday 7 February 2025

Please note these programme details and timings are subject to change. A final programme will be in your delegate pack at the event.

Vs12

### Programme at a glance Vs11

09.00	Registration, exhibition, networking and refreshments		
09.45	<b>Welcome address</b> Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer. Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Lead Nurse for Diabetes, East Kent Hospitals		
09.55	<b>Diagnosis – getting it right first time</b> Amanda Epps, RCN Diabetes Forum Committee Deputy Chair, Callum Metcalfe-O’Shea, Professional Lead for Long Term Conditions, RCN		
10.25	<b>Person centred care and exploring diabetes stigma in people using glucose monitoring technologies</b> Charlotte Gordon, Assistant Professor of Adult Nursing, Northumbria University. Forum link nurse		
11.05	Refreshments and exhibition viewing		
11.30	<b>Introduction to Continuous Glucose Monitoring (CGM)/Hybrid Closed Loop (HCL)</b> Geraldine Gallen, Senior Diabetes Specialist Nurse, Kings College Hospital, London. <i>This session will have 15 minutes for questions.</i>		
12.30	Lunch and exhibition viewing		
13.30	Workshop 1 Rm: Cowdray Hall	Workshop 2 Rm: 101/102 Floor 1	Workshop 3 Rm 307 Floor 3
	<b>Beyond Blood Sugar: Cardio-renal benefits of GLP-1RA/GLP1-RA/GIP and SGLT2i</b> Tamsin Fletcher-Salt, Clinical Diabetes Nurse Specialist, Diabetes and Endocrine Nurse Team Leader University Hospitals of North Midlands NHS Trust; Diabetes Forum Committee member.	<b>Lifestyle medicine and non-pharmacological approaches</b> Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer	<b>'SGLT-2i's - what does this mean for sick day rules?</b> Mariana Biscoito, Diabetes Specialist Nurse, Undergraduate Medical School, University Hospitals of North Midlands NHS Trust. Forum Link Nurse

14.15	<b>Transition break</b>		
14.20	<b>Workshop 4 Rm Cowdray Hall</b>	<b>Workshop 5 Rm 101/102 Floor 1</b>	<b>Workshop 6 Rm 307 Floor 3</b>
	<b>Diabetes technologies practical workshop</b> Amanda Epps, RCN Diabetes Forum Deputy Chair  Tamsin Fletcher-Salt, Diabetes Forum Committee member.	<b>Basics of insulin management</b> Debbie Holder, Diabetes Inpatient Specialist Nurse, Endocrinology and Diabetes, Norfolk and Norwich University Hospitals NHS Trust (NNUH). Forum Link Nurse; Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN	<b>Diabetes: what to eat – busting the myths</b> Nusrat Kausar, Clinical Director, Primary Care Dietitians
15.05	<b>Refreshments and exhibition viewing</b>		
15.30	<b>Lived experience considering stigma, challenges, management in daily life and relationship with nursing staff</b>  Angus Forbes, Professor of Diabetes Nursing and Dr Judith Parsons, Research Associate, Florence Nightingale Faculty of Nursing, Midwifery and Palliative Care, Division of Care in Long Term Conditions, King's College, London.		
16.00	<b>Lived experience – the patient's perspective</b>  A facilitated conversation to hear the patient's perspective with a Q&A opportunity.		
16.30	<b>Chair's closing remarks</b>  Michelle Turner, RCN Diabetes Forum Chair, Independent Nurse/ PITstop Diabetes Trainer. Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN		
16.35	<b>Conference close</b>		