

RCN Fertility Nursing Conference 2025

Expanding Horizons in Fertility Nursing:

Broadening our practice to meet the diverse needs of today's patients



Thursday 2 October 2025

Royal College of Nursing
20 Cavendish Square, London W1G 0RN

Contents

Welcome	3
Programme at a glance	4
General information	
Speaker information	7
Exhibitor listings	
Acknowledgements and thanks	
Future RCN Events	

Welcome

Dear Colleague,

On behalf of the Royal College of Nursing (RCN), welcome to the RCN Fertility Nursing Conference 2025, Expanding Horizons in Fertility Nursing: Broadening our practice to meet the diverse needs of today's patients.

We trust that you will find the event stimulating and informative and that you'll have an opportunity to network with colleagues during the event. We hope you will go away feeling inspired, invigorated and armed with information to share with colleagues in your workplace.

The RCN believes in life-long learning and actively promotes the continuing professional development of nurses. For this reason, certificates of attendance are provided. You are encouraged to contribute attendance at RCN events towards your framework for reflection which can be included in your portfolio.

At the end of the event, you will receive an email with a link to the online conference evaluation. We'd be grateful if you would complete this as soon as possible and within seven days of the conference. Your comments and feedback are invaluable in helping us plan future RCN conferences.

RCN staff and committee members are on hand to answer any queries you may have regarding your membership. Or if you're a non-member, they can inform you of the many benefits of joining the RCN. As a member, you can join any number of the RCN Forums. Forums have active Facebook groups that provide you with the opportunity to connect with colleagues and keep up to date on current practice related issues.

The RCN has professional forums across the diverse nursing arena and RCN members can join as many of these forums as they wish. Forums are a huge area of influence and direction for the RCN and are a valuable opportunity to network with colleagues around the UK and be involved in consultation responses, conferences, events and workshops, and forum-led publications. Find out more at: https://www.rcn.org.uk/Get-Involved/Forums-and-networks

We'd like to thank you for supporting this conference and look forward to welcoming you back to future RCN events. A full list of future events can be found on page 17 of this conference brochure.

With best wishes,

Anne Howard Chair, RCN Fertility Nursing Forum

Programme at a glance

Programme at a glance				
9.00	Registration, exhibition, networking and refreshments			
9.50	Chair's Opening Remarks Anne Howard, Deputy Director of Nursing, Peppy Health Chair, RCN Fertility Nursing Forum			
10.00	From Protocols to People: The Realities of Fertility Nursing - ice breaker session Buki Fatuga, Senior Clinical Nurse Specialist - Reproductive Medicine Unit, University College London Hospitals			
10.30	Expanding Horizons in PCOS care: Transforming Nurse-Led Support and Embracing FemTech for Better Patient Outcomes Kate Davies, Vice President Medical: Women's Health and Longevity, Ultrahuman			
11.00	Refreshments, networking and exhibition			
11.30	Fertility Preservation in Oncology Éilis Moody, Nurse Consultant, Newcastle Fertility Centre			
12.00	Supporting Trans People in Fertility Care Jacob Stokoe, Founder and CEO, Transparent Change (via MS Teams)			
12.30	Updates from the Fertility Nursing Forum Steph Pryor, Fertility Midwife Natasha Witchell, Advanced Clinical Practitioner, Wales Fertility Institute			
12.50	Lunch, networking and exhibition			
13.50	From Idea to Acceptance: Creating Posters and Writing Abstracts That Get Noticed Kate Pleace, Senior Women's Health Nurse and Nurse Lecturer, University of Essex			
14.20	Navigating the Emotional Impact of Loss Helen Eivers, Interim Head of Nursing, Quality and Professional Standards, Bexley Health Neighbourhood Care GP Federation			
14.50	Refreshments, networking and exhibition			
15.15	Panel discussion: Broadening our practice to meet the diverse needs of today's patients Chair: Anne Howard Sara Beveridge, Senior Clinical Nurse Specialist for Fertility Preservation and Donor Co-ordinator, Ninewells Hospital Kate Davies, Vice President Medical: Women's Health and Longevity, Ultrahuman Kate Pleace, Nurse Lecturer, University of Essex Pijus Senkus, Fertility Care Patient			

	Chair's Closing Remarks
16.00	Anne Howard, Deputy Director of Nursing, Peppy Health
	Chair, RCN Fertility Nursing Forum
16.15	Conference close

General information

Conference enquiries

Please ask staff on the registration desk if you have any specific requirements regarding access, dietary requirements, lost property or have queries regarding your membership.

Badges

For security purposes, participants must wear their badges at all times. Participants will not be admitted to the conference sessions without the appropriate badge.

Programme

Please refer to the programme for details of the times and locations of all conference sessions. Staff will be on hand to guide you as necessary.

Q&A

Roving microphones will be available during question times for the audience to use. Any person chosen to ask a question should announce their name and workplace before asking their question. Following a response, they may be invited to comment on that response.

Event evaluation

We aim to produce high quality events for all our delegates. An event evaluation will be emailed to all delegates. Please spare 5 minutes, your feedback helps us plan future events.

Exhibition

There is a small exhibition running alongside this event. These exhibitors have chosen to exhibit at this conference as they feel their products and/or services may be of interest to you. The exhibition also supports the conference, therefore please take the time to go and visit each exhibition stand during the exhibition viewing times.

Receipts

If you require a receipt or have any queries relating to your registration or payment for this event, please contact staff on the registration desk at the event. Alternatively, receipts are also available by contacting RCN Event Registrations direct on 029 2054 6460 between 9.00am and 4.30pm Monday to Friday.

Electronic devices

Out of courtesy to others, delegates are requested to switch off or set to silent all electronic devices during conference sessions.

Smoking

20 Cavendish Square operates a no-smoking policy (this includes electronic cigarettes). This means that smoking is prohibited in any part of the building including the restaurant patio area and the access areas to the building; for example the main steps and ramp to 20 Cavendish Square and by the goods entrance at 1a Henrietta Place.

Toilets

Toilets are located on the lower ground or first floor, and accessible toilets on the ground floor.

Fire Evacuation Procedure

In the event of an evacuation:

- If the alarm sounds, please make your way to the nearest fire exit. The meeting point is Cavendish Square Gardens.
- Use the stairs do not use the lifts.
- Anybody who would need help to evacuate the building should let reception
 or the organiser know when they enter the building so the venue is aware in
 the case of a fire alarm.
- If anyone is trapped or in need of assistance, please inform Reception or a Fire Marshal.

Assembly Point

- Cavendish Square Gardens is the assembly point.
- Cross the road using the zebra crossing or traffic lights, it is dangerous to cross the road at any other place.
- Please remain in Cavendish Square Gardens until a Fire Marshall instructs you otherwise.

Liability

The RCN will not accept any liability for loss or damage to personal effects which may arise as a result of attendance at this event.

Continuing Professional Development

The RCN believes in lifelong learning and actively promotes the continuing professional development of all nurses. Authorised RCN certificates of attendance have been issued to all participants. This event is also subject to the RCN Events quality assurance framework. You should log what you have learnt at this event using the Framework for Reflection guidelines on the back of your certificate and keep this document in your personal professional portfolio.

Free information at your fingertips

The RCN offers several FREE online resources with all the latest information and guidance on nursing practice issues such as clinical guidelines, patient safety and eHealth - see http://www.rcn.org.uk/development/practice.

Media partner

RCNi is the premier provider of innovative and creative information solutions for the whole nursing team and associated health professionals. With 11 nursing journals, including Nursing Standard, RCNi provide health professionals with the latest developments impacting nursing, including changes in policy, practice and research. RCNi also offer a range of digital products including RCNi Learning, an interactive online resource of CPD training modules, and the RCNi Portfolio, an online store and tracking system to help you with revalidation.



Speaker information

Conference chair: Anne Howard, Chair, RCN Fertility Nursing Forum Deputy Director of Nursing, Peppy Health

Biography

Anne qualified as a registered adult nurse in 2008 from Coventry University and began her career in the NHS on a vascular ward before moving into fertility nursing in 2010 at The Centre for Reproductive Medicine (CRM) Coventry. Over the past 15 years, she has gained extensive experience in both the NHS and private sectors, working in nurse-led and clinician-led fertility clinics.

Her career has spanned roles at CRM Coventry, Midland Fertility, IVI Midland, and Care Fertility, where she progressed to senior roles and specialised in egg donation (UK and abroad) and surrogacy, before advancing to nurse manager for 2 fertility clinics. She has also worked independently as a consultant, contributing to the development of ovulation monitoring and patient documentation systems.

Anne is currently the Deputy Director of Nursing at Peppy Health, a digital platform providing workplace support in fertility, women's health, menopause, pregnancy, and parenthood. She is also the founder of Women's Health Back to Basics, a support network aimed at educating women about their gynaecological health and fertility.

As Chair of the RCN Fertility Nurse Forum, Anne is passionate about advancing education and resources for fertility nurses across the UK, contributing to publications and training initiatives. She is an active member of the British Fertility Society (BFS) and the Senior Infertility Nursing Group (SING). She has written for IVF Babble, Baby Magazine, and the Nursing Standard and has presented at multiple conferences, including Fertility 2024 on male factor infertility.

Anne continues to support patients through their fertility journey and has a keen interest in Polycystic Ovary Syndrome (PCOS) and male fertility.

Buki Fatuga, Senior Clinical Nurse Specialist - Reproductive Medicine Unit, University College London

Talk title: From Protocols to People: The Realities of Fertility Nursing - ice breaker session

Summary:

This interactive session invites fertility nurses to reflect on and share their personal experiences of working within fertility care. While protocols, guidelines, and clinical procedures are at the heart of safe practice, the reality of fertility nursing extends far beyond the technical. Through open discussion, participants will explore the challenges, rewards, and unique pressures of fertility nursing ranging from managing sensitive conversations to supporting patients through uncertainty and loss. The aim is to create a safe and supportive space where nurses can connect.

Learning outcomes:

- 1. to be able to share one personal experience of supporting patients beyond clinical procedures within a group discussion.
- 2. to be able to recognise one strategy they can apply to enhance compassionate, person-centred care in their own practice.

Biography

Buki Fatuga, a registered adult Nurse, Midwife, and Nurse Prescriber, has over 7 years of experience in the fertility field. Throughout her career, Buki has been dedicated to self-improvement and professional development. Her primary focus as a nurse/midwife has always been on enhancing patient experience and ensuring quality care.

Buki is committed to maintaining consistency within the patient pathway to achieve these goals. She joined the committee to promote best practices in fertility and empower fertility nurses by advocating for emotional support and well-being. Buki Prides herself in ensuring that humanity remains at the heart of what we do.

Kate Davies, Vice President Medical: Women's Health and Longevity, Ultrahuman

Talk title: Expanding Horizons in PCOS care: Transforming Nurse-Led Support and Embracing FemTech for Better Patient Outcomes

Summary:

This presentation, "Expanding Horizons in PCOS Care: Transforming Nurse-Led Support and Embracing FemTech for Enhanced Patient Outcomes," highlights the pivotal role of fertility nurses in advancing the care of individuals with PCOS. It begins by contextualising PCOS as a multifaceted condition, discusses the

updated 2023 international guidelines and calls for a comprehensive, lifelong management approach.

The presentation underscores the importance of nurse-led interventions in lifestyle education, mental health advocacy, fertility treatment navigation and the long term health risks associated with PCOS and shares a case study to illustrate how nurses can act as change makers.

The presentation discusses the integration of Fem Tech to support and empower women with PCOS in self-advocacy. Encouraging health professionals to guide patients in using trusted apps and digital cycle tracking.

The session concludes with a strong call to action for advocacy and leadership in PCOS care.

Learning outcomes:

- 1. Participants will be able to articulate the key components of the 2023 international PCOS guidelines, including the updated diagnostic criteria and the rationale for comprehensive and effective lifestyle management.
- 2. Participants will gain confidence in their role as agents of change, demonstrating an understanding that PCOS care extends beyond fertility to encompass long-term support, education, and health risk management across the patient's lifespan.
- 3. Participants will be equipped to identify and recommend evidence-based FemTech tools, such as mobile apps and digital cycle trackers, and effectively introduce them to patients as a means of enhancing self-management, engagement, and advocacy in PCOS care.

Recommended reading list / references:

1. Management of Polycystic Ovary Syndrome 2023. Monash University. https://doi.org/10.26180/24003834. 2.NICE Guidelines PCOS https://cks.nice.org.uk/topics/polycystic-ovary-syndrome/

Biography:

Kate Davies is a Women's Health Nurse Consultant and British Menopause Society Accredited Menopause Specialist. With a background in the NHS and private practice, she has expertise in gynaecology, fertility, contraception and sexual health, and menopause.

An advanced practitioner in Fertility Awareness, Kate was formally the host of The Fertility Podcast, sharing expert and patient insights.

Kate is passionate about supporting women with PCOS to lead healthy and fulfilled lives while improving conception, and pregnancy outcomes. For the past decade, Kate is Chief Medical Officer in the MedTech sector, championing for innovative technologies that enhance women's health, empowerment, and self-advocacy.

Helen Eivers, Interim Head of Nursing, Quality and Professional Standards, Bexley Health Neighbourhood Care GP Federation

Talk title: Navigating the Emotional Impact of Loss

Summary:

The role that cortisol may have on fertility outcomes in women undergoing in vitro fertilization (IVF) treatment has been an area of interest for several decades (Massey et al., 201). Research published by HRA suggest that long-term levels of cortisol, as measured in hair, significantly predicted the likelihood of pregnancy in women undergoing IVF (n=88) (Massey et al., 2016).

Introduction to Havening Techniques[®]. A psychosensory technique that soothes the nervous system out of flight, fight, freeze mode into a calm state. Havening means to put into a safe place. It can be used to build resilience in order to increase future fertility outcomes. Decreased resilience is associated with physical & psychological health deterioration, (Taylor et al., (2000).

After loss, stress can impact the future for those on a fertility journey. Learning how to use this technique when in overwhelm means that you can protect the body from physical and psychological impact of stress hormone cortisol, (Hodgson et al., 2021).

Havening Techniques can break the cycle of stress and infertility particularly when chronic stress hormones can potentially inhibit future fertility success. The impact of moving palm over palm, downward strokes on the upper arms and face creates a delta brain wave which changes the neurochemical landscape of the brain and nervous system to increase serotonin & oxytocin whilst reducing cortisol, adrenaline and glutamate. The latter are flowing freely during stress cycles. Using a Subjective units of distress (SUD) score out of 10 to self identify the level of allostatic load in the body can help measure the decrease of stress felt moving towards zero being calm after cycles of self havening. The use of distractions alongside the self havening touch reduces the SUD score and this can be repeated until feeling more emotionally calm.

Learning outcomes:

- 1. Define 'Havening Techniques'
- 2. Describe the impact of Self Havening on the body in times of stress / emotional overwhelm.
- 3. Demonstrate Self Havening Technique to reduce allostatic load in the body.

Recommended reading list / references:

- 1. Hodgson et al, 2021. https://econtent.hogrefe.com/doi/pdf/10.1027/0269-8803/a000266
- 2. Hodgson et al, 2023. Augmenting resilience to trauma: A parallel-group controlled trial of a psychosensory intervention

Biography:

Helen's current role is 'Head of Nursing, Quality & Professional Standards' with Bexley Healthcare Neighbourhood Care GP Federation. Helen has 39 years in healthcare, pre-hospital, acute and secondary care leadership experience. Her journey led her to become a Certified Havening Techniques® Practitioner after burnout in an NHS service as a clinical lead in 2021. Since then, she has been on a personal development journey to share the techniques that can manage stress in the face of adversity. She has been coaching healthcare staff, psychologists, scientists and leaders to manage stress and anxiety to prevent burnout with great success. She has created an emotional first aid in practice course, full of practical resources for healthcare staff to use for themselves and share with patients.

Éilis Moody, Nurse Consultant, Newcastle Fertility Centre

Talk title: Fertility Preservation in Oncology

Summary:

Advances in cancer treatment have significantly improved survival rates, but cancer treatments compromise both male and female fertility. For patients who have not yet completed their families the potential loss of fertility adds an additional layer of distress to an already challenging diagnosis. Fertility preservation has therefore become a critical component of cancer care. Patients often have to be managed in a very narrow timeframe necessitating robust pathways and policies to facilitate fast, efficient, evidence based care.

Fertility nurses not only play a pivotal role in ensuring that patients are informed and supported to make a decision right for them but also have a key role in the delivery of fertility treatments using stored gametes and embryos. This presentation explores the key fertility preservation options available, including egg and sperm freezing, ovarian and testicular tissue preservation and the role of the fertility nurse providing this care and the subsequent care during fertility treatment.

Learning outcomes:

- 1. Describe the impact of cancer treatments on eggs and sperm
- 2. Explain the available fertility preservation options for cancer patients

Recommended reading list / references:

- 1. https://www.macmillan.org.uk/cancer-information-and-support/impacts-of-cancer/fertility/preservation
- 2. https://www.hfea.gov.uk/treatments/fertility-preservation/
- 3. https://www.nice.org.uk/guidance/cg156/chapter/Recommendations#people-with-cancer-who-wish-to-preserve-fertility

Biography:

This is Eilis's 31st year as a fertility nurse. As a Nurse Consultant she delivers clinical leadership, education, research and advanced clinical practice. She provides care across all fertility treatments and has a lead role in the surrogacy and mitochondrial donation programmes. She is a nurse representative on the

British Fertility Society executive committee which allows her to champion fertility nursing and advocate for patients. She is a member of the Senior Infertility Nurses Group and finds their advice and support invaluable. She describes her role as busy, varied and challenging but also empowering, impactful and hugely rewarding.

Kate Pleace, Senior Women's Health Nurse and Nurse Lecturer, University of Essex

Talk title: From Idea to Acceptance: Creating Posters and Writing Abstracts That Get Noticed

Summary:

Presenting your work at conferences is a valuable opportunity to share knowledge, build professional networks, and enhance your academic or clinical profile. However, turning a great idea into a successful abstract or engaging poster can be challenging. This practical and interactive session is designed to guide participants through the key steps of creating standout conference submissions, from developing a compelling abstract to designing an effective and visually appealing poster.

Ideal for students, early-career professionals, and anyone new to academic or clinical conferences, this session aims to build confidence and skills in navigating the submission process. By the end, participants will be equipped with the knowledge and techniques needed to move their ideas from concept to conference floor.

Learning outcomes:

- 1. By the end of the session, participants will be able to identify and apply the key structural components of a conference abstract (background, aim, methods, results, conclusion) to draft their own 250-word abstract.
- 2. Participants will be able to evaluate and critique the design and content of at least one example academic poster using provided best-practice criteria.
- 3. Participants will be able to outline a personal action plan for submitting an abstract or poster to a relevant conference

Recommended reading list / references:

Better Posters Blog -

https://betterposters.blogspot.com/https://colinpurrington.com/tips/poster-design/

Biography:

Kate Pleace is a Senior Women's Health Nurse, Nurse Lecturer, and PhD researcher exploring women's lived experiences of Premature Ovarian Insufficiency (POI). With a Master's in Reproductive Medicine, Kate combines academic expertise with clinical insight to support and educate women across the reproductive health spectrum. She works independently, offering specialist consultations, training, and health content writing, while also teaching future

nurses in higher education. Passionate about improving awareness and care in women's health, Kate brings a compassionate, evidence-based approach to both her clinical and academic work.

Jacob Stokoe, Founder and CEO, Transparent Change

Talk title: Supporting Trans People in Fertility Care

Summary:

As increasing numbers of trans people are accessing fertility care for both fertility preservation as well as family making, this talk asks you to reflect whether your clinic is set up to support them and offers some considerations on how to move forward towards trans inclusivity.

Learning outcomes:

- 1. Participants will be able to identify all the different ways trans people access fertility care
 - 2. Participants will have an understanding of changes they can make to make their spaces more inclusive to trans people

Recommended reading list / references:

You can find resources and references on our website: www.transparentchange.co.uk/resources

Biography:

Jacob Stokoe is the founder and CEO of Transparent Change, a not-for-profit that delivers trans inclusion training to professionals working in fertility and perinatal care. He started training and public speaking on trans inclusion over a decade ago, and after experiencing pregnancy as a trans person in 2018, he set his focus to improve the gender inclusion in these services for the next generations of parents.

Of course, his most important job is that he is Papa to two small humans.

Steph Pryor, Fertility Midwife Natasha Witchell, Advanced Clinical Practitioner, Wales Fertility Institute

Talk title: Updates from the Fertility Nursing Forum

Summary:

Join this session for an engaging update from the Fertility Forum, highlighting our key publications, projects, and achievements from the past year. Attendees will discover how recent evidence-based initiatives are shaping fertility care and improving professional practice.

We will also explore our future plans, focusing on innovation and professional engagement, including strategies for using social media to connect, share knowledge, and support healthcare professionals in fertility services.

This session is designed for healthcare professionals working in fertility care who want to stay informed, embrace innovation, and engage with a network of peers. By reflecting on past successes and outlining forward-looking strategies, participants will gain insights into how emerging trends and digital tools can strengthen both clinical practice and professional development.

Learning outcomes:

- 1. Summarise the Fertility Forum's key publications and projects from the past year and their relevance to practice.
- 2. Identify innovative approaches, including social media strategies, to engage and support healthcare professionals in fertility care.
- 3. Discuss the forum's future ambitions and how they can inform practice, collaboration, and professional development.

Recommended reading list / references:

- 1. Male Factor Fertility https://www.rcn.org.uk/Professional-
 Development/publications/rcn-male-factor-fertility-uk-pub-011-233
- 2. Nurses Performing Ultrasound Scanning in Fertility Care https://www.rcn.org.uk/Professional-Development/publications/rcn-nurses-performing-ultrasound-scanning-in-fertility-care-uk-pub-011-259
- 3. Advanced Level Practice for Fertility Nursing https://www.rcn.org.uk/Professional-Development/publications/rcn-advanced-level-practice-for-fertility-nursing-uk-pub-011-886

Biography

Steph Pryor and Natasha Witchell are active members of the RCN Fertility Forum, driving innovation and professional engagement in fertility nursing. Steph combines her fertility midwife expertise with digital health initiatives, while Natasha brings advanced clinical knowledge in patient-centred care. Together, they contribute to the forum's mission to share best practice, support professional development, and champion new approaches, including digital engagement and social media strategies for healthcare professionals. Their work highlights evidence-based projects and future-focused initiatives designed to improve practice and patient care across UK fertility services.

Panel discussion: Broadening our practice to meet the diverse needs of today's patients

Sara Beveridge, Senior Clinical Nurse Specialist for Fertility Preservation and Donor Co-ordinator, Ninewells Hospital

Sara Beveridge trained at Napier University in Edinburgh and qualified as an Adult Nurse in 2000, since then she has gained a BSc in Sexual Health Nursing, become a registered Independent Non Medical Prescriber, gained BFS and then MSc level accreditation in Ultrasound Scanning for Fertility and in Early Pregnancy and in 2020 completed an MSc in Advanced Fertility Practice at Edgehill University.

Initially working in Oncology and Gynaecology wards, Sara realised early on that her interests lay within reproductive health. She began her first fertility nursing post in the Edinburgh Fertility and Reproductive Endocrinology Centre in 2003. Moving North several years later, Sara took a career diversion through Sexual Health which led to her co-leading 'Health Buddies in Schools', a peer led sex education project in 4 secondary schools in Dundee. She then had the opportunity to join the team of Fertility Nurses at Ninewells ACU in Dundee, where she stayed for 8 years, developing her skills, completing a masters degree and for a short while, in addition, worked alongside midwives in the Early Pregnancy Assessment Clinic. In 2019, she rejoined the Tayside Sexual and Reproductive Health Service as a Clinical Nurse Specialist. Although this was a really interesting post within a great team she missed fertility nursing and exactly 4 years later returned to Ninewells ACU as a Donor Coordinator and Senior Clinical Nurse Specialist for Fertility Preservation.

In this role Sara jointly manages the waiting lists for treatment with donated eggs and sperm, recruits donors and supports people through their journey of treatment using donor gametes. She is an LGBTQ+ ally and works closely with trans people prior to transitioning treatment and with people facing medical, surgical or cancer treatment to enable them to freeze their eggs, sperm or embryos before they begin treatment likely to affect their future fertility. She is also part of the multidisciplinary surrogacy team, working with both surrogates and intended parents. Sara enjoys having her own clinics and strives to ensure her patients feel well informed and supported. She is a member of the Fertility Preservation special interest groups for both the Scottish Fertility Network and the British Fertility Society and is excited for the opportunity to be a voice for Fertility Nurses in Scotland in the Fertility Nursing forum.

Pijus Senkus, Fertility Care Patient

Pijus Senkus is a Charity Shop Assistant Manager with academic experience in media, literature and humanities studies. His experience with serving and supporting vulnerable individuals, including queer, neurodiverse and disabled volunteers has translated to a growing passion for supporting his community through open communication.

His fertility journey took place alongside his History postgraduate and early gender transition. Due to his medically transparent upbringing, his openness lead him to intriguing experiences, positive patient-nurse relationships and further lead to public speaking in the IBSA Scottish Nurse Meeting.

Exhibitor listings

The following organisations have supported the RCN Fertility Nursing Conference but have not had any input into the agenda, content or materials of the event.

The Royal College of Nursing would like to thank the following organisations for supporting this event.

Name	Weblink
Besins Healthcare	www.besinshealthcare.co.uk
Fertility Family brought to you by Health Medica Ltd	www.fertilityfamily.co.uk
IBSA Pharma	www.ibsapharma.co.uk
Natera	www.natera.com
Phytaphix	https://phytaphix.com/
Procare Health	www.procarehealth.com
RCN Learn	https://rcnlearn.rcn.org.uk
RCN Library	www.rcn.org.uk/library

Exhibitors at this event include manufacturers of fertility supplements. These are over-the-counter products that may help bridge nutritional gaps and support reproductive health, but they are not a guaranteed solution for infertility.

The RCN welcomes sponsorship from the health care industry to deliver educational initiatives and events for the nursing profession. Financial support is accepted where there is clear alignment in objectives and strong grounds that the collaboration will add value to the RCN's educational offer.

The RCN works to ensure that all commercial activity is ethical, mutually beneficial and complies with the Bribery Act and relevant codes of practice e.g.

Association of British Pharmaceutical Industries and Association of British Healthcare Industries.

Sponsorship or exhibition led activity does not imply endorsement by the RCN of any products and services displayed by the sponsors or exhibitors at an RCN event.

Acknowledgements and thanks

RCN Fertility Nursing Forum Steering Committee

Anne Howard, Chair, RCN Fertility Nursing Forum, Deputy Director of Nursing, Peppy Health

Buki Fatuga, Senior Clinical Nurse Specialist – Reproductive Medicine Unit, University College London Steph Prior, Fertility Midwife

RCN Events Team RCN AV Team

Future RCN Events

Find out more: www.rcn.org.uk/events

Date	Event	Location
10 October	RCN Advanced Nurse Practitioner Conference	Online
14 November	RCN Trauma and Orthopaedic Nursing Conference	RCN HQ, London
28 November	Joint RCN and SOM Occupational Health Nursing Conference	RCN HQ, London and Online
9 December	RCN Women's Health Forum Conference	RCN HQ, London
15 December	RCN Equity, Diversity and Inclusion Conference	RCN HQ, London
14 March	RCN Ophthalmic Nursing Conference	RCN HQ, London
17 June	RCN Long Term Conditions Conference	Sheffield
24 June	RCN Neuroscience Forum Conference	RCN HQ, London