

RCN Trauma and Orthopaedic Nursing Forum Conference 2025

Innovation and change in orthopaedic and fracture trauma

Friday 14 November 2025

RCN HQ, 20 Cavendish Square, London, W1G 0RN

Please note these programme details and timings are subject to change. A final programme will be circulated prior to the event.

Programme at a glance

9.00	Registration, exhibition, networking, poster viewing
10.00	Chair's opening remarks Dr Sonya Clarke, Senior Lecturer, Queen's University Belfast Chair, RCN Trauma and Orthopaedic Nursing Forum
10.05	A comparison of UK and Portugal's practice in their application of 'traction' for orthopaedics and fracture trauma patients: Skin traction in orthopaedic and fracture trauma care: current practice in Portugal Carmen Queirós, Assistant Professor, Nursing School of Porto Claire Brown, Clinical Nurse Specialist, Children's Orthopaedics, Trauma and Fracture, Belfast Health and Social Care Trust (BHSCT)
10.35	Limb reconstruction in trauma and orthopaedics – the role of the CNS Denise Wilson, Lead Clinical Nurse Specialist, Limb Reconstruction, Belfast Health and Social Care Trust
11.05	Refreshments, exhibition, networking
11.35	International expert panel discussion: Meeting the challenges of sustaining orthopaedic and fracture nursing as a specialty across the life span Chair: Dr Sonya Clarke Professor Rebecca Jester, Editor in Chief, International Journal of Trauma and Orthopaedic Nursing Dr Paul McLiesh, Senior Lecturer, University of Adelaide, Australia (via MS Teams) Shareena Bibi Mohd Arif, Chief Assistant Director, Orthopaedic Nursing and Nursing Leadership / Management, Ministry of Health, Malaysia (via MS Teams) Jessica Otu, Deputy Head of Patient Safety, East Kent Hospital University Foundation Trust Carmen Queirós, Assistant Professor, Nursing School of Porto, Portugal
12.20	Lunch, exhibition, networking, poster presentations

12.40 – 13.10	Chair: Donna Little, RCN Trauma and Orthopaedic Nursing Forum Young Hip: An exploration into young patients' (<50 years) expectations following primary total hip arthroplasty Dr Louise Mew, Orthopaedic and Arthroplasty Advanced Practitioner, Milton Keynes University Hospital Enhancing Orthopaedic Outcomes through Qualitative Research Integration Dr Louise Mew, Orthopaedic and Arthroplasty Advanced Practitioner, Milton Keynes University Hospital Acute Compartment Syndrome After a Marathon, A Rare and Urgent Clinical Case Study Dr Sajadhossein Bazrafshani, ST2 Doctor Trauma and Orthopaedics, Worcester Royal Acute NHS Trust Developing and sustaining the workforce: A collaborative educational approach to Advancing Trauma and Orthopaedic Care Charlotte Bell, Practice and Development and Education lead, Programme Lead Post Graduate Certificate in Advanced Trauma and Orthopaedic Care, Oxford University Hospitals NHS Foundation Trust Jillian Heath, Practice Development and Education Lead, Module Lead Advanced Patient Centred Trauma Care, Oxford University Hospitals NHS Foundation Trust Five Years of Paediatric Virtual Fracture Clinic Claire Brown, Children's Clinical Nurse Specialist, BHSCT - Royal Belfast Hospital Sick Children		
13.20	Workshops: Delegates split into three groups and rotate through all three workshops.		
Room	307	101/102	Cowdray Hall
13.20-13.50	Universal DDH hip screening Kirsteen Smith, Clinical Nurse Specialist, Musgrave Park Hospital, Belfast Stephanie Herdman, DDH Clinical Nurse Specialist, Belfast Health and Social Care Trust	RCN guidance for orthopaedic and fracture trauma practitioner project Donna Little, Consultant Practitioner, Chippenham Community Hospital, HCRG Helen Scott, Advanced Clinical Practitioner, South Tyneside and Sunderland NHS Foundation Trust	RCN acute compartment syndrome project Dr Sonya Clarke, Chair, RCN Trauma and Orthopaedic Nursing Forum, Senior Lecturer, Queen's University Belfast Jessica Otu, Deputy Head of Patient Safety, East Kent Hospital University Foundation Trust
	5-minute transition time		
Room	307	101/102	Cowdray Hall
13.55-14.25	Universal DDH hip screening Kirsteen Smith, Clinical Nurse Specialist, Musgrave Park Hospital, Belfast Stephanie Herdman, DDH Clinical Nurse Specialist, Belfast Health and Social Care Trust	RCN guidance for orthopaedic and fracture trauma practitioner project Donna Little, Consultant Practitioner, Chippenham Community Hospital, HCRG Helen Scott, Advanced Clinical Practitioner, South Tyneside and Sunderland NHS Foundation Trust	RCN acute compartment syndrome project Dr Sonya Clarke, Chair, RCN Trauma and Orthopaedic Nursing Forum, Senior Lecturer, Queen's University Belfast Jessica Otu, Deputy Head of Patient Safety, East Kent Hospital University Foundation Trust
14.25	Refreshments, exhibition, networking		

Room	307	101/102	Cowdray Hall
14.55-15.25	Universal DDH hip screening Kirsteen Smith, Clinical Nurse Specialist, Musgrave Park Hospital, Belfast Stephanie Herdman, DDH Clinical Nurse Specialist, Belfast Health and Social Care Trust	RCN guidance for orthopaedic and fracture trauma practitioner project Donna Little, Consultant Practitioner, Chippenham Community Hospital, HCRG Helen Scott, Advanced Clinical Practitioner, South Tyneside and Sunderland NHS Foundation Trust	RCN acute compartment syndrome project Dr Sonya Clarke, Chair, RCN Trauma and Orthopaedic Nursing Forum, Senior Lecturer, Queen's University Belfast Jessica Otu, Deputy Head of Patient Safety, East Kent Hospital University Foundation Trust
15.25	5-minute transition time: all return to Cowdray Hall		
15.30	My journey Natalie Bignell, Visual Artist		
15.50	Best poster award, sponsored by International Journal of Orthopaedic and Trauma Nursing Chair's closing remarks Dr Sonya Clarke, Senior Lecturer, Queen's University Belfast Chair, RCN Trauma and Orthopaedic Nursing Forum		
16.00	Conference close		