

RCN Education Forum Conference 2026

Guidance for Flash Talk Presenters

We are delighted you have been accepted for a Flash Talk at this years conference. Flash Talks are a recent addition to the conference, and we expect them to be a high-energy highlight. To help you prepare and to ensure everything goes smoothly on the day, we have prepared the following guidance. Do let us know if you have any questions.

- Flash Talks will be for a strictly-timed 5 minute duration. A clock counting down from 5 minutes will be displayed on-screen throughout your talk to help you manage your time. You will not be permitted to overrun.
- There will be three Flash Talks delivered one after the other, with all presenters then answering questions in a joint 10 minute Q&A session afterwards.
- To ensure people are well-prepared we will ask you to submit a recording (audio or video) of you delivering your flash talk by **8 April** to education@rcn.org.uk It's a great opportunity to practice!

If the file is too large to send via your usual email platform you can send using wetransfer.

- These talks are designed to give people an engaging overview of your work. Prepare well and avoid cramming in too much! One of the great things about a flashtalk is that lots of people will see it. Those who are particularly interested in your work are likely to seek you out during the conference to hear more 😊

Presentation slides

A maximum of 3 presentation slides.

Recommended font size:

- Titles should be 36-44 pt.
- Recommended font for accessibility; Public Sans or Trebuchet
- Font size for all other text should be a minimum of 20pt.

No additional electronic media (such as sound or video files).

Please upload your slides via Exordo by **13 April**. Simply [login into your account](#) and follow the steps.