

RCN International Nursing Research Conference 2026

Guidance for Flash Talk Presenters

We are delighted you have been accepted for a Flash Talk at this year's conference. Flash Talks are a recent addition to the conference, and we expect them to be a high-energy highlight. To help you prepare and to ensure everything goes smoothly on the day, we have prepared the following guidance.

- Flash Talks will be for a strictly-timed 5 minute duration. A clock counting down from 5 minutes will be displayed on-screen throughout your talk to help you manage your time. You will not be permitted to overrun.
- There will be four Flash Talks delivered one after the other, with all presenters then answering questions in a joint 10 minute Q&A session afterwards.
- To ensure people are well-prepared, please submit a recording (audio or video) of you delivering your flash talk by **1 September** to research@rcn.org.uk. It's a great opportunity to practice!

If the file is too large to send via your usual email platform you can send using wetransfer.

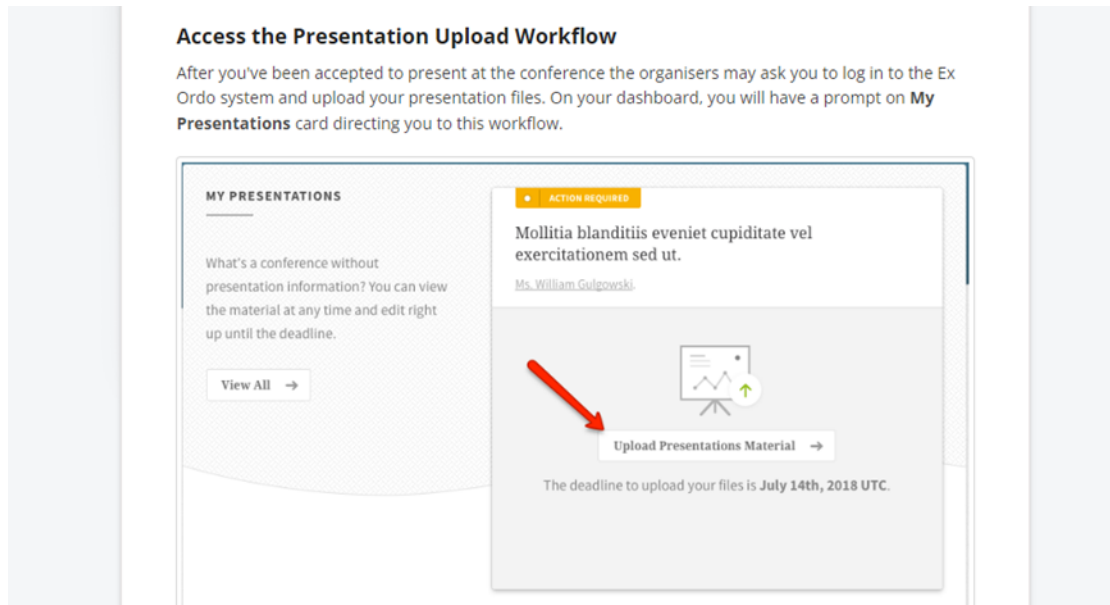
- These talks are designed to give people an engaging overview of your work. Prepare well and avoid cramming in too much! One of the great things about a flash talk is that lots of people will see it. Those who are particularly interested in your work are likely to seek you out during the conference to hear more.

Presentation slides

- Recommended slide size is 16:9
- Use a maximum of 3 presentation slides
- Recommended font for accessibility; Public Sans or Trebuchet
- Titles should be 36-44 pt. font size
- Font size for all other text should be a minimum of 20pt.
- No additional electronic media (such as sound or video files)

Submitting your presentation slides

Please upload your slides via Exordo by **8 September**. [Log in into your account](#) and follow the presentation upload prompt on your dashboard.



To facilitate further learning the RCN will make a copy of your presentation slides available to delegates as a secure PDF file if you have given consent in your abstract submission form.

If you have any queries, not answered here please get in touch via research@rcn.org.uk always quoting your abstract reference number for a response.