

## RCN Long-term Conditions Conference

Tackling health inequalities in long-term conditions: Working together, turning vision into reality

Wednesday 17 June 2026  
Sheffield Hallam University

### Programme at a glance v15

*Note. All talk titles are tbc at this stage.*

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|---------|---|
| 8.30am  | <b>Registration, refreshments and exhibition viewing</b>  |
| 9.30am  | <b>Chair's opening remarks</b><br>Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN   |
|         | <b>RCN opening address</b><br>Lynn Woolsey, Chief Nursing Officer, RCN  |
| 9.40am  | <b>Keynote presentation: Long-term condition statistics and health economics – what is the state of play in the UK?</b><br>Sarah Woolnough, CEO, The King's Fund  |
| 10.10am | <b>Health inequalities and social determinants of health – why, what and how?</b><br>Luke Evans, Assistant Delivery Manager in Health Equity, Guy's and St Thomas's NHS Foundation Trust   Chair, RCN Public Health Forum |
| 10.45am | <b>Refreshments and exhibition viewing</b>  |
| 11.15am | <b>Move to concurrent presentations</b>   |
| 11.20am | <b>Concurrent session 1</b>   |

Session	1.1	1.2	1.3	1.4	1.5
Theme	Cancer	Gastro	Cardiology	Respiratory	Mental Health
Sponsor					
Room					
Chair	Lauren Dollive	Sally Wilson or Luke Evans tbc	Julia Waldron	Jessica Turner	Amber O'Brien
11.20 to 12.05	<p><b>Cancer Health Inequalities: Living With and Beyond Cancer</b></p> <p>Adrienne Betteley, Strategic Advisor for Cancer Care at Macmillan Cancer Support</p>	<p><b>IBD and the impact of stigma on health</b></p> <p>Shauna Hemphill, Healthcare Engagement Manager, Colostomy UK</p> <p>TBC, Lived Experience Representative, Colostomy UK</p>	<p><b>Do you have the heart to make the changes?</b></p> <p>Sharlene Hogan, Co-Chair - RCN ANP Forum   Cardiovascular Advanced Clinical Practitioner, Medpace</p>	<p><b>Breathing easy – does this depend on social status and living conditions?</b></p> <p>Naomi Watts, Respiratory Specialist Practice Nurse, Asthma + Lung UK</p>	<p><b>Mental ill health – why is this a long-term condition and what is the role of the nurse?</b></p> <p>Ben Thomas. Professional lead, Mental Health, RCN</p>

## 12.10 Concurrent session 2

Session	2.1	2.2	2.3	2.4	2.5
Theme	Cancer	Gastro	Cardiology	Respiratory	Mental Health
Sponsor			Pfizer	UKHSA	
Room					
Chair	Lauren Dollive / Mohamad Ibrahim	Sally Wilson or Luke Evans tbc	Julia Waldron	Jessica Turner	Amber O'Brien
12.10 to 12.55	<p><b>Sponsored Educational Session</b> Talk title TBA</p>	<p><b>Sponsored Educational Session</b> Talk title TBA</p>	<p><b>Pfizer - Sponsored Educational Session</b> Talk title TBA</p>	<p><b>UKHSA - Sponsored Educational Session</b> Talk title TBA</p>	<p><b>Sponsored Educational Session</b> Talk title TBA</p>

12.55– 13.55pm Lunch, networking, and exhibition viewing

2.00pm

**Welcome back**

Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN

**Everyone has a role – what part you play in the management of a long-term condition**

Lena Johnson, Professional Lead – Nursing Workforce, RCN

2.35pm

**Population Health Management – Time for a Step Change in CVD Prevention**

Dr Matt Kearney OBE, CEO Into-Action.Health | Founder CVD ACTION, CVDprevent and the Proactive Care Frameworks | Senior adviser to UCLPartners

3.05pm

**Refreshments and exhibition viewing**

3.30pm

**Concurrent session 3 - Clinical**

Session	3.1	3.2	3.3	3.4	3.5
Theme	Cancer	Gastro	Cardiology	Respiratory	Mental Health
Sponsor					
Room					
Chair	Mohamad Ibrahim	Sally Wilson or Luke Evans tbc	Julia Waldron	Jessica Turner	Amber O'Brien
3.35 to 4.20	<p><b>Addressing health inequalities within cancer care, with a particular emphasis on prostate cancer</b></p> <p>Keith Morgan, Associate Director of Black Health Equity, Prostate Cancer UK (tbc)</p>	<p><b>Stoma care and management, IBD exacerbation key concepts, alcohol and gastro disease – what's the link?</b></p> <p>Becky Gilbert, Crohns and Colitis UK (tbc)</p>	<p><b>Heart Failure and Health Inequities, the what, why and how to make changes</b></p> <p>Sarah Cross, Heart Failure Specialist/Academic Lecturer</p>	<p><b>Improving inhaler technique, (Zero tolerance – learn how to save a life + optimising inhaler technique)</b></p> <p>Dr Llinos Jones Stef Costa + co-presenter</p>	<p><b>Side effects of anti-psychotic medication</b></p> <p>Dr. Niloufar Nourishad, Consultant pharmacist (Adult mental health) Pharmacy Educational Programme Director, West London Mental Health NHS Trust</p>

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**4.25pm**                      **Panel discussion – addressing health inequalities and LTCs in practice**

**Chairs:** Blerta Ilazi and Kathryn Kemp, Health Inequalities Educators

**Panellists:**

- Nicolle Brindley, Lived Experience Representative, Colostomy UK
- Adrienne Betteley, Strategic Advisor for Cancer Care at Macmillan Cancer Support
- Mary Scott, Asthma + Lung UK Sheffield Branch Representative
- Graham Prestwich, Public and Patient Engagement Lead Health Innovation Yorkshire and Humber

**5.10pm**                      **Poster awards and conference close**

Callum Metcalfe-O’Shea, Professional Lead for Long Term Conditions, RCN

**Posters (available for viewing during the breaks/lunchtime)**

Poster title	Presenter	Poster category / speciality
Your Pain Journey - and Experience Based Co-Design of the Pain Management Pathway	Gill Roberts EBCD Coordinator, Nurse - Stockport NHS FT	Best patient-centred initiative   Chronic Pain
Working together to reduce barriers for street sex workers in West Yorkshire	Dr Fiona Meth Associate Professor - Adult Nursing, University of Leeds	Best patient-centred initiative   co-morbidities, Core20plus5
Optimising a nurse-led respiratory educational programme to improve primary care for chronic respiratory disease: a service improvement evaluation	Dr Kate Lippiett Senior Research Fellow, University of Southampton	Best patient-centred initiative   Respiratory
Personalised social and self-management support for better living with multiple long-term conditions in the community (Co-action): community engagement	Dr Kate Lippiett Senior Research Fellow, University of Southampton	Excellence in partnership working   MLTC-M
Supporting respiratory care in primary and community settings through a digital learning platform: Evaluating the impact of the HCP Hub	Naomi Watt	Excellence in partnership working   Respiratory

	Healthcare Professionals Engagement Manager, Asthma and Lung UK	
A randomised controlled trial of a multimodal cancer rehabilitation programme promoting sense of coherence for women treated for gynaecological cancer	Prof. Ka Ming Chow Professor, The Nethersole School of Nursing, The Chinese University of Hong Kong	Best patient-centred initiative   Cancer
Embedding social prescriber peer support workers within the HIV multi-disciplinary team to improve engagement in treatment and care, social determinants of health and quality of life	Gary Brough Programme Manager for Fast- Track Cities London, Transformation Partners in Health & Care, Royal Free Hospital	Most impactful innovation in addressing health inequalities   HIV
Effectiveness of a mindfulness-based self-help, problem-solving program for people with early-stage psychosis	Professor Wai Tong Chien Professor, The Nethersole School of Nursing, The Chinese University of Hong Kong	Best patient-centred initiative   Mental Health
“Sort Out the Caring, Then I Can Breathe”: Peer Research insights on the Hidden Health Inequalities Faced by Full-Time Family Carers	Jennifer Malpass Community-Led Research Manager, Hampshire & Isle of Wight Healthcare NHS FT  Ann Hinton Peer Researcher	Most impactful innovation in addressing health inequalities   Long-term Conditions
PPATIENT Initiative; Carer caring for dementia	Leeanne McGeady Advanced Nurse Practitioner in District Nursing, Western Health and Social Care Trust  Rosina Duffy Advanced Nurse Practitioner in Community Mental Health for	Best patient-centred initiative   Mental Health

	Older People, Western Health and Social Care Trust	
Enhancing Clinical Trial Delivery and Nursing Efficiency: The Practice Educator / Trial Manager Role in a Phase 1 Dedicated Unit	Ann Steer Practice Educator, Royal Marsden NHS Foundation Trust  Franc Rex Cortes, Clinical Practice Educator  Sumita Gurung, Practice Educator	Best patient-centred initiative   Cancer
Developing Shared Wound Care Education: A Co-Designed Approach to Support People Living with Wounds.	Dr. Joanna Blackburn Research Fellow, University of Huddersfield	Best patient-centred initiative   Wound care
From Lived Experience to Local Impact: Patient and Public Involvement and Engagement in Diabetes Self-Management in SSA	Rincy Sajith, Lecturer in Adult Nursing University of Salford	Best patient-centred initiative   Diabetes