

RCN Long-term Conditions Conference

Tackling health inequalities in long-term conditions: Working together, turning vision into reality

Wednesday 17 June 2026
Sheffield Hallam University

Programme at a glance v6

- 8.30am** Registration, refreshments and exhibition viewing
- 9.30am** Chair's opening remarks
Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN
- 9.40am** Keynote presentation: Long-term condition statistics and health economics – what is the state of play in the UK?
Sarah Woolnough, CEO, Kings Fund
- 10.10am** Health inequalities and social determinants of health – why, what and how?
Luke Evans, Assistant Delivery Manager in Health Equity, Guy's and St Thomas's NHS Foundation Trust | Chair, RCN Public Health Forum
- 10.45am** Refreshments and exhibition viewing
- 11.15am** Move to concurrent presentations
- 11.20am** Concurrent session 1

Session	1.1	1.2	1.3	1.4	1.5
Theme	Cancer	Gastro	Cardiology	Respiratory	Mental Health
Sponsor					
Room					

Chair					
11.20 to 12.05	Cancer Health Inequalities: Living With and Beyond Cancer Adrienne Betteley, Macmillan Strategic Advisor	IBD and the impact of stigma on health Shauna Hemphill, Colostomy UK	Do you have the heart to make the changes? Sharlene Hogan, Co-Chair - RCN ANP Forum Cardiovascular Advanced Clinical Practitioner, Medpace	Breathing easy – does this depend on social status and living conditions? Naomi Watts, Respiratory Specialist Practice Nurse, Asthma + Lung UK	Mental ill health – why is this a long-term condition and what is the role of the nurse? Ben Thomas. Professional lead, Mental Health, RCN

12.10 Concurrent session 2

Session	2.1	2.2	2.3	2.4	2.5
Theme	Cancer	Gastro	Cardiology	Respiratory	Mental Health
Sponsor					
Room					
Chair					
12.10 to 12.55	Sponsor led session Session title TBC	Sponsor led session Session title TBC	Sponsor led session Session title TBC	Sponsor led session Session title TBC	Sponsor led session Session title TBC

12.55– 13.55pm Lunch, networking, and exhibition viewing

2.00pm **Welcome back**
Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN

Everyone has a role – what part you play in the management of a long-term condition
Lena Johnson, Professional Lead Workforce or Wendy Preston, Head of Nursing Workforce

2.35pm **Population Health Management – what does this mean and how can healthcare professionals apply this to practice?**
Dr Matt Kearney, Clinical Director for Cardiovascular Disease Prevention, NHSE

3.05pm Refreshments and exhibition viewing

3.30pm Concurrent session 3 - Clinical

Session	3.1	3.2	3.3	3.4	3.5
Theme	Cancer	Gastro	Cardiology	Respiratory	Mental Health
Sponsor					
Room					
Chair					
3.35 to 4.20	Long-term effects of chemotherapy, how to improve physical activity in those with a cancer condition Lesley Smith, Senior Programme Manager, Living with and beyond Cancer team, NHSE	Stoma care and management, IBD exacerbation key concepts, alcohol and gastro disease – what's the link?	Heart Failure and Health Inequities, the what, why and how to make changes Sarah Cross, Heart Failure Specialist/Academic Lecturer	Improving inhaler technique, (Zero tolerance – learn how to save a life + optimising inhaler technique) Dr Llinos Jones Stef Costa + co-presenter	Side effects of anti-psychotic medication Dr. Niloufour Nourishad, Consultant pharmacist (Adult mental health) Pharmacy Educational Programme Director,

					West London Mental Health NHS Trust
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4.25pm

Panel discussion – addressing health inequalities and LTCs in practice

Chairs: Blerta Ilazi and Kathryn Kemp, Health Inequalities Educators

Panellists:

- Shauna Hemphill, Colostomy UK
- Adrienne Betteley, Macmillan Strategic Advisor
- Mary Scott, ALUK Sheffield Branch Representative

5.10pm

Poster awards and conference close

Callum Metcalfe-O'Shea, Professional Lead for Long Term Conditions, RCN