RCN Women's Health Forum Conference 2026

Women's health through the life course; following the journey of patient and nurse

Tuesday 8 December 2026
RCN HQ, 20 Cavendish Square, London W1G 0RN

Please note these programme details and timings are subject to change. A final programme will be circulated prior to the event.

Programme at a glance

9.15	Registration, exhibition viewing, networking and refreshments
10.00	**Opening remarks** **Tori Heppell,** RCN Women's Health Forum Committee Member, Lead Research Nurse, Tommy's National Centre for Miscarriage Research and Early Pregnancy CNS, Royal Berkshire NHSFT
10.10	**Keynote** **Patricia McHattie QN,** Women's Health Nurse Consultant, Advanced Nurse Practitioner in Primary Care and Deputy Clinical Lead for Community Gynaecology at Modality Partnership.
10.50	**What good miscarriage care looks like: Tommy's Graded Model of Miscarriage Care - Panel discussion.** **Tommy's** The pregnancy and baby charity
11.35	Refreshments, exhibition viewing and networking
12.05	**Women with gynaecological cancers and the evolving career development of Gynae-oncology Nurses** **Andreia Fernandes,** Lead Nurse Gynae-oncology, The Royal Marsden NHS Foundation Trust
12.35	**Contemporary management of symptomatic fibroids with a focus on fertility preservation** **Justin Clark,** Professor of Gynaecology and Consultant Gynaecologist, Birmingham Women's and Children's Hospital;
13.05	Lunch, exhibition viewing and networking
13.55	**Chair's welcome back** **Emma Ayling,** Chair of the RCN Women's Health Forum; Matron for Fertility and Gynaecology Services, Cambridge University Hospitals

14.00	**From Teens to Post Menopause: Understanding urogynaecological conditions** **Ellie Stewart,** Clinical Nurse Specialist Urogynaecology and Gynaecology Matron, West Suffolk NHS Foundation Trust
14.30	**Menopause through the life course and developing expertise in menopause care** **Debra Holloway MBE,** Retired Nurse Consultant
15.00	**Professor Dame Lesley Regan DBE,** Head: Department of Obstetrics and Gynaecology, Imperial College, St Mary's Hospital. Women's health ambassador for England
15.30	Refreshments, exhibition viewing and networking
15.50	**Round table careers discussion** Delegates will remain at their tables and are asked to bring pre-prepared questions to put to circulating members of the committee, speakers and senior nurses.
16.15	**Who Wants To Be A Gynae Specialist?** **An interactive quiz exploring some of the key learning from the day.** **Esther Kuria**, RCN Women's Health Forum Committee Member; Lead Nurse Gynaecology and Early Pregnancy, Chelsea and Westminster Hospital NHS Foundation Trust. **Sheri Lawrence,** RCN Women's Health Forum Committee Member; Registered Nurse – Fertility, Birmingham Women's and Children's NHS Foundation Trust.
16.25	**Closing remarks**
16.30	Conference close