

RCN Women's Health Forum Conference 2026

Women's health through the life course; following the journey of patient and nurse

Tuesday 8 December 2026

RCN HQ, 20 Cavendish Square, London W1G 0RN

Please note these programme details and timings are subject to change. A final programme will be circulated prior to the event.

Programme at a glance

9.15	Registration, exhibition viewing, networking and refreshments
10.00	Opening remarks Tori Heppell , RCN Women's Health Forum Committee Member, Early Pregnancy Bereavement Nurse, Buckinghamshire Healthcare NHS Trust
10.10	Keynote Patricia McHattie , Women's Health Nurse Consultant, Advanced Nurse Practitioner in Primary Care and Deputy Clinical Lead for Community Gynaecology at Modality Partnership.
10.50	What good miscarriage care looks like: Tommy's Graded Model of Miscarriage Care Tommy's Nurses and Midwives
11.35	Refreshments, exhibition viewing and networking
12.05	Women with gynaecological cancers and the evolving career development of Gynae-oncology Nurses Andreia Fernandes , Lead Nurse Gynae-oncology, The Royal Marsden NHS Foundation Trust
12.35	Contemporary management of symptomatic fibroids with a focus on fertility preservation Professor T Justin Clark , Consultant Gynaecologist, Birmingham Women's and Children's Hospital; Honorary Professor of Gynaecology, University of Birmingham.
12.55	Lunch, exhibition viewing and networking
13.55	Chair's welcome back
14.00	From Teens to Post Menopause: Understanding urogynaecological conditions Ellie Stewart , Gynaecology Matron and Clinical Nurse Specialist Urogynaecology, West Suffolk NHS Foundation Trust

14.30	Menopause through the life course and developing expertise in menopause care Debra Holloway MBE, Retired Nurse Consultant
15.00	Professor Dame Lesley Regan DBE, Head: Department of Obstetrics and Gynaecology, Imperial College, St Mary's Hospital. Women's health ambassador for England
15.30	Refreshments, exhibition viewing and networking
15.50	Who Wants To Be A Gynae Specialist? An interactive session exploring evidence-based clinical decision making in Gynaecology Nursing Esther Kuria , RCN Women's Health Forum Committee Member; Gynaecology Nurse Consultant, Guy's and St Thomas NHS Foundation Trust. Sheri Lawrence , RCN Women's Health Forum Committee Member; Registered Nurse – Fertility, Birmingham Women's and Children's NHS Foundation Trust.
16.20	Closing remarks Emma Ayling , Vice Chair of the RCN Women's Health Forum; Matron for Fertility and Gynaecology Services, Cambridge University Hospitals
16.30	Conference close