RCN Women's Health Forum Conference 2026

Women's health through the life course; following the journey of patient and nurse

Tuesday 8 December 2026
RCN HQ, 20 Cavendish Square, London W1G 0RN

Please note these programme details and timings are subject to change. A final programme will be circulated prior to the event.

Programme at a glance

9.15	Registration, exhibition viewing, networking and refreshments
10.00	**Opening remarks** **Tori Heppell**, RCN Women's Health Forum Committee Member, Early Pregnancy Bereavement Nurse, Buckinghamshire Healthcare NHS Trust
10.10	**Keynote** **Patricia McHattie QN,** Women's Health Nurse Consultant, Advanced Nurse Practitioner in Primary Care and Deputy Clinical Lead for Community Gynaecology at Modality Partnership.
10.50	**What good miscarriage care looks like: Tommy's Graded Model of Miscarriage Care** **Tommy's** The pregnancy and baby charity
11.35	Refreshments, exhibition viewing and networking
12.05	**Women with gynaecological cancers and the evolving career development of Gynae-oncology Nurses** **Andreia Fernandes,** Lead Nurse Gynae-oncology, The Royal Marsden NHS Foundation Trust
12.35	**Contemporary management of symptomatic fibroids with a focus on fertility preservation** **Professor T Justin Clark,** Consultant Gynaecologist, Birmingham Women's and Children's Hospital; Honorary Professor of Gynaecology, University of Birmingham.
13.05	Lunch, exhibition viewing and networking
13.55	Chair's welcome back

14.00	**From Teens to Post Menopause: Understanding urogynaecological conditions** **Ellie Stewart,** Gynaecology Matron and Clinical Nurse Specialist Urogynaecology, West Suffolk NHS Foundation Trust
14.30	**Menopause through the life course and developing expertise in menopause care** **Debra Holloway MBE,** Retired Nurse Consultant
15.00	**Professor Dame Lesley Regan DBE,** Head: Department of Obstetrics and Gynaecology, Imperial College, St Mary's Hospital. Women's health ambassador for England
15.30	Refreshments, exhibition viewing and networking
15.50	**Who Wants To Be A Gynae Specialist?** **An interactive session exploring evidence-based clinical decision making in Gynaecology Nursing** **Esther Kuria**, RCN Women's Health Forum Committee Member; Gynaecology Nurse Consultant, Guy's and St Thomas NHS Foundation Trust. **Sheri Lawrence,** RCN Women's Health Forum Committee Member; Registered Nurse – Fertility, Birmingham Women's and Children's NHS Foundation Trust.
16.20	**Closing remarks** **Emma Ayling,** Vice Chair of the RCN Women's Health Forum; Matron for Fertility and Gynaecology Services, Cambridge University Hospitals
16.30	Conference close