

# Joint Children and Young People's Nursing Forum Strategy 2022

CYP Staying Healthy
CYP Acute Care
CYP Continuing and Community Care
CYP Professional Issues
CYP Specialist Care





- This CYP Nursing Forum Strategy sets out an overview of the collective and individual goals for the RCN CYP Forums.
- The strategy has been developed collaboratively with Forum Chairs and committee members through the CYP Forum Strategy day (10<sup>th</sup> Feb 2022) and through ongoing discussions and feedback.
- The strategy will be reviewed throughout the year to ensure it remains a live document to ensure goals remain on track and to shape the strategy for 2023.

## **Priorities for CYP Nursing Workforce**



Four key priorities have been identified that will inform and shape the work of the CYP Forums

- The CYP Nursing Workforce: including their wellbeing, recruitment and retention.
- **Transitions and locations of care:** raising the profile and standards of care for Children, Young Person and their Family in and between settings and services.
- **CYP Mental Health:** supporting the Nursing workforce to meet the needs of Children and Young People's mental health.
- **Tackling Health inequalities:** health inequalities exist throughout the health systems. The CYP forums and the CYP Professional Lead have a responsibility to address and professionally challenge inequalities wherever possible. This will be done by ensuring effective equality, diversity and inclusion principles are embedded throughout the work we do.

# **Overarching CYP forum plans**



Key themes have been identified across the forums that need to be worked on collaboratively to ensure a consistent and collaborative approach these are:

- **Engagement, commitment & capacity of committee members:** to include expectations of commitment/engagement/succession planning, the use of link roles and establishing a way of ensuring Young People's voices are included in the CYP Forum work.
- **Communication:** to include how we communicate with each other, our forum members, internal RCN departments and external stakeholders. Looking at diversifying content delivery and to fully utilise social media capabilities.
- Collaboration and dissemination across CYP forums: to include ways of raising awareness of joint working opportunities and shared learning.
- **Equality, Diversity & Inclusion:** to ensure all elements of how the CYP forums operate are considered from an EDI perspective to ensure the forums and their work are representative of the workforce and patient group they represent.

**Action for 2022:** For each of these themes, key principles will be created that will be used alongside the Forum review guidance to inform and shape the work and delivery of the CYP Forums in the coming year.

## **Collaborative Forum Work for 2022**



A number of joint pieces of work have been identified for the year ahead:

- Joint CYP Congress agenda submission
- Joint work on CYP workforce
- Joint work on transitions/location of care
- Joint work on CYP MH
- Joint CYP conference
- Raising the profile of CYP Forums/Nursing at region/country/national level across internal and external stakeholders.
- To consider whether the CYP Forums should transition to become one forum with 5 distinct networks.

Action for 2022: Joint chair meetings to guide collaborative work throughout the year.

## **Clinical Resources**



A key focus for the CYP Forums for 2022 will be to work with the Digital Team in the RCN to transform guidance documents and content into digital resources. This will be completed in a phased approach as set out below:

#### • Phase 1: Phase 2:

· Formula feeds	<ul> <li>Rights, risks and responsibility</li> </ul>
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- Vital signs - I	leeting health nee	eeds of CYP in sch	ools and	community settings
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- Weighing babies - Looked after children

- CYP MH (digital journey resource) - Specialist and advanced

- School nurse led immunisation - Defining staffing levels

Phase 3: TBC

**Action for 2022:** for initial 10 documents to be transformed by the end of June 2022 and for detailed phase 3 plan to be created.

## **Individual Forum Priorities and Plans for 2022**



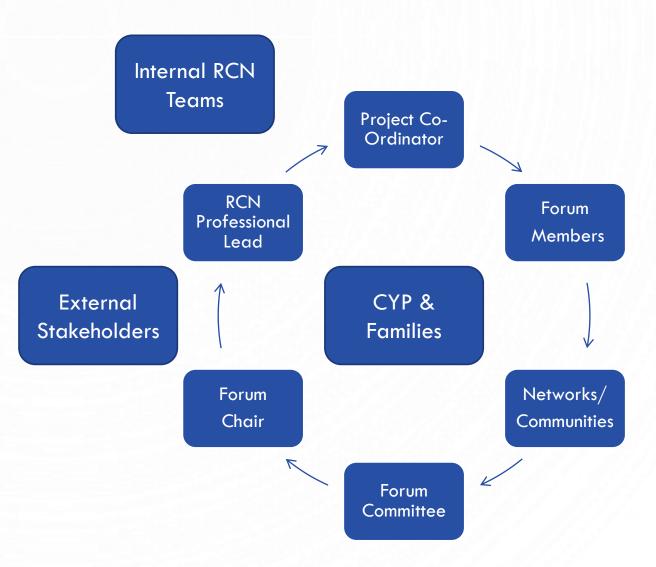
Acute Care	Staying Healthy	Specialist Care	Professional Issues	Continuing & Community Care
Wellbeing, recruitment and retention of workforce caring for CYP	Look at ways of ensuring the views of YP with lived experience can be involved in the forum work.	Build on Social Media Presence	Collaborative work on transition through life course & service to service	To build link role membership
Build on Social Media presence	Raising the profile of CYP MH	Specialist Care events	Build on Social Media presence	Raising the profile of home care
Look at ways to ensure forum is diverse and inclusive	Raising the profile of CYP Nursing and workforce challenges	Prepare and submit matter for discussion for Congress	Diverse membership of forum	Collaborative working across forums
Increase communication/colla borative working across forums	Looked After Children and School Nurse conferences			To become involved in SPOT work.

## **Collaborative CYP Forum Communication Principles**



- Newsletter
- Emails
- Social Media: Twitter
  - Facebook
  - Instagram
  - Blogs

- Articles
- Podcasts
- Webinars
- Publications
- Library reading lists
- Create CYP links to Adult-focused forums



## **Collaborative CYP Forum Communication Principles cont.**



#### 1. Updates

- **Joint monthly update for Forum Committee members:** this will include a section for each CYP Forum, Professional Lead, Project Co-Ordinator and also include a section on wider RCN updates and key resources/events to be shared.
- Quarterly Forum Members update: this will go to all forum members and include updates on forum work from previous quarter and planned work for next quarter. Could also include a section for 'Member's Moments' where we can highlight member stories. We can also explore to see if this could be included/promoted in wider RCN publications and sit on CYP webpages as well as be shared with wider stakeholders such as NHS (across 4 nations), RCN Country and Regional teams, CYPNAUK.
- 2. Emails: we don't want to fill everyone's inbox anymore than they already are so going forwards every effort will be made to minimise email traffic. It might also be useful if we all try to just reply to the sender rather than reply all if we are just thanking them for an email. We might also want to pay closer attention to out of office's so that we try and reduce everyone's mountain of emails when returning.
- **3. Social Media:** there will be a co-ordinated approach to social media posts across the forums so that forums can promote their own and each others work effectively. A Social media link for each forum needs to be identified who will then work with CYP Professional Lead and RCN comms team to develop a co-ordinated social media plan.
- **4. Blogs:** As with social media there will be a co-ordinated approach to posting blogs- this could be that there are monthly/bi-monthly blogs for the different forums with each forum having a different date/week to post or we could see if we can create an RCN CYP monthly blog which forums can then take turns to contribute to. This may minimise capacity needed from each forum and promote a joined-up approach.

### **Collaborative CYP Forum Communication Principles cont.**



- **5. Articles:** If individuals want to write specific articles we can look at what support we can have from RCNi/RCN Bulletin etc. RCNi do sessions on article writing so we could also use this to support members who want to develop this skill.
- **6. Podcasts:** For CYP Forums to create 10-15 miniute podcasts on a range of current/emerging topics to be hosted on CYP webpages. This could include highlights of new publications, emerging research, reviews of conferences/training programmes, specific CYP Professions.
- 7. Webinars: To start with forum member engagement webinars and then similar to the podcasts we could look to see if we can develop a 6-12 month programme of CYP webinars- these could be joint or forum specific.
- **8. Publications:** If new publications are needed then these will need to include an implementation plan to ensure they are fully utilised once created.
- **9. Library reading lists:** Library reading lists are a useful way of bringing together books, publications, articles and resources on a particular topic. The library team can support and they could be a valuable resource for student and qualified CYP Nurses.
- 10. Create CYP links to Adult-focused forums: Many of the other forums could have a CYP perspective included in their work but currently we don't have capacity to offer a CYP perspective on everything. When we have developed Specialist Interest CYP Forum Link roles we can strengthen this cross forum work. We also need a link into the Student Committee.

# Collaborative CYP Forum Equality, Diversity and Inclusion Principles



- For the voice and experiences of those working across the CYP ages (0-25) to be included in work undertaken by the CYP Forums.
- For the voice and experiences of those working in different settings/specialisms to be included in general guidance/pieces of work
- For the voice and experiences of those from minority backgrounds to be represented, heard and documented throughout CYP Forum work.
- For all CYP Forums to have representation and/or have mechanisms in place to engage with members and non-members from all 4 nations.
- For all pieces of work whether professional guidance, articles, social media posts or podcast themes to be viewed with an inequalities lens and how the care experienced by those from minority groups may need different considerations.
- For CYP Forums to work together with CYP Professional Lead to develop a detailed CYP EDI Strategy

#### **Children and Young People's Staying Healthy Forum**



Who we are and what we do: We are the RCN's Children and Young People Staying Healthy Forum. This includes areas of work delivered by professionals/services such as- CAMHS, Health Visiting, School Nursing, Look After Children and Safeguarding. We regularly engage and represent the RCN at national meetings to ensure the Nursing voice helps to influence policy and practice changes. By bringing Children and Young People's Nurses who work in these services together with National stakeholders, we have developed guidelines that are used in everyday practice. We are also a place for those working or interested in these areas of work to seek support, network, learn and develop.

**Forum Committee:** when fully recruited to, we have 7 Forum Committee Members including our Chair Gemma Trainor. As committee members we have a wide range of specialist interests and are keen to add to this growing list.

**Current areas of Specialist interest include:** public health such as preventative care and tackling health inequalities, the safeguarding of babies, children and young people, CYP mental health, adolescent health, CYP in care and care leavers, the voice of young people with lived experience.

**Specialist Interest areas we're looking to add to:** childhood obesity, workforce, Student Nurses, adolescent health, and safeguarding.

How to get involved: if you're interested in joining the forum or want to know more about supporting us as one of our Specialist Interest Link Roles then please contact us to find out more: <a href="mailto:CYP: Staying Healthy Forum">CYP: Staying Healthy Forum</a> | Royal College of Nursing (rcn.org.uk) or email: <a href="mailto:cypadmin@rcn.org.uk">cypadmin@rcn.org.uk</a>

Through our committee members and Specialist link roles we help inform work that goes across the five CYP Forums to support a collaborative approach. The other CYP forums are: Specialist Care, Acute Care, Continuing and Community Care and Professional Issues, you can find out more about them here: Forums and networks | Get involved | Royal College of Nursing (rcn.org.uk)

#### **Children and Young People's Acute Care Forum**



Who we are and what we do: We are the RCN's Children and Young People Acute Care Forum. This includes departments such as- Neonates, PICU, Emergency Department, Paediatric inpatient wards, HDU & Theatres. We regularly engage and represent the RCN at national meetings to ensure the Nursing voice helps to influence policy and practice changes. By bringing Children and Young People's Nurses who work in acute care together with National stakeholders, we have developed guidelines that are used in everyday practice. We are also a place for those working or interested in acute care to seek support, network, learn and develop.

**Forum Committee:** we have 7 Forum Committee Members including our Chair Katie Bagstaff. As committee members we have a wide range of specialist interests and are keen to add to this growing list.

**Current areas of Specialist interest include:** Surgery, anaesthetics, perioperative care, recovery, cross registration working, Neonatal care, Nursing Students, PICU, simulation training, education, neuro, renal, leadership, workforce-including their wellbeing, young people's health, transition pathways, mental health, paediatric trauma and patient experience.

**Specialist Interest areas we're looking to develop:** Tackling health inequalities, childhood obesity, adolescent health, and safeguarding. We're also looking to increase representation for those working in general children and young people nursing and nursing support worker roles.

How to get involved: if you're interested in joining the forum or want to know more about supporting us as one of our Specialist Interest Link Roles then please contact us to find out more: CYP: Acute Care Forum | Royal College of Nursing (rcn.org.uk) or email: cypadmin@rcn.org.uk
The focus of our forum is Acute Care. Through our committee members and Specialist link roles we also help inform work that goes across the five CYP Forums. These areas of work are: CYP Mental Health, Adolescent Health, Childhood obesity, Tackling Health Inequalities,
Safeguarding, Transitions/Location of care, Students, Workforce.

#### **Children and Young People's Specialist Care Forum**



Who we are and what we do: We are the RCN's Children and Young People Specialist Care Forum. This includes specialist care such as- Cancer, Diabetes, Endocrine, Obesity, Neonatal. We regularly engage and represent the RCN at national meetings to ensure the Nursing voice helps to influence policy and practice changes. By bringing Children and Young People's Nurses who work in these services together with National stakeholders, we have developed guidelines that are used in everyday practice. We are also a place for those working or interested in these areas of work to seek support, network, learn and develop.

**Forum Committee:** when fully recruited to, we have 7 Forum Committee Members including our interim Forum Chair Jacqueline Johnstone. As committee members we have a wide range of specialist interests and are keen to add to this growing list.

**Current areas of Specialist interest include:** Obesity, leadership, prescribing, Advanced Clinical Practice, Disordered sexual development, Education, Neonates, CYP MH, Palliative care, Prescribing, Manual Handling/ergonomics, staff safety, Endocrine, Cancer, Adolescent health, education, research, Public health community Transitions.

Specialist Interest areas we're looking to add to: Diabetes, Safeguarding, health inequalities, asthma and epilepsy and workforce

**How to get involved:** if you're interested in joining the forum or want to know more about supporting us as one of our Specialist Interest Link Roles then please contact us to find out more: <a href="mailto:CYP: Specialist Care Forum">CYP: Specialist Care Forum</a> Royal College of Nursing (rcn.org.uk) or email: <a href="mailto:cypadmin@rcn.org.uk">cypadmin@rcn.org.uk</a>

The focus of our forum is specialist care, through our committee members and Specialist link roles we also help inform work that goes across the five CYP Forums to support a collaborative approach. The other CYP forums are: Specialist Care, Acute Care, Continuing and Community Care and Professional Issues, you can find out more about them here: Forums and networks | Get involved | Royal College of Nursing (rcn.org.uk)

#### **Children and Young People's Professional Issues Forum**



Who we are and what we do: We are the RCN's Children and Young People Professional Issues Forum. This includes looking at challenges and issues that are facing CYP Student Nurses and the CYP Nursing workforce. We regularly engage and represent the RCN at national meetings to ensure the Nursing voice helps to influence policy and practice changes. By bringing Children and Young People's Nurses together with National stakeholders, we have developed guidelines that are used in everyday practice. We are also a place for those interested in challenges and issues facing CYP Nurses to seek support, network, learn and develop.

**Forum Committee:** when fully recruited to, we have 7 Forum Committee Members including our Forum Chair Jean Davies. As committee members we have a wide range of specialist interests and are keen to add to this growing list.

**Current areas of Specialist interest include:** Palliative, complex and continuing care, CYP mental health, neonatal nursing, pre and post registration education, service user perspective, transitions, medicines management, diabetes and specialist nursing as well as trauma informed care and student experience /engagement.

#### Specialist Interest areas we're looking to add to:

How to get involved: if you're interested in joining the forum or want to know more about supporting us as one of our Specialist Interest Link Roles then please contact us to find out more: <a href="mailto:CYP: Professional Issues Forum">CYP: Professional Issues Forum</a> Royal College of Nursing (rcn.org.uk) or email: <a href="mailto:cypadmin@rcn.org.uk">cypadmin@rcn.org.uk</a>

The focus of our forum is professional issues and through our committee members and Specialist link roles we also help inform work that goes across the five CYP Forums to support a collaborative approach. The other CYP forums are: Specialist Care, Acute Care, Continuing and Community Care and Professional Issues, you can find out more about them here: Forums and networks | Get involved | Royal College of Nursing (rcn.org.uk)

#### **Children and Young People's Continuing & Community Care Forum**



Who we are and what we do: We are the RCN's Children and Young People Continuing and Community Care Forum. This includes care such as- acute care in the community, long term conditions, complex care and palliative care. We support those working across a range of settings including; NHS Trusts, independent & charity sector, local authority and education. We regularly engage and represent the RCN at national meetings to ensure the Nursing voice helps to influence policy and practice changes. By bringing registered Nurses (including CYP & LD) and support workers who work in these services together with National stakeholders, we have developed guidelines that are used in everyday practice. We are also a place for those working or interested in these areas of work to seek support, network, learn and develop.

**Forum Committee:** when fully recruited to, we have 7 Forum Committee Members including our Forum Chair Kate Medhurst. As committee members we have a wide range of specialist interests and are keen to add to this growing list.

Current areas of Specialist interest include: Community care, Continuing care, Specialist School Nursing, Home Care (those working shifts in home settings), palliative and end of life care, pathways of care, oncology, management & leadership, workforce and community outreach care.

Specialist Interest areas we're looking to add to: Those working in clinical practice in; transitional care, specialist school nursing, community and continuing care, support worker roles, home care (working shifts in home settings), hospices, learning disabilities and those with an interest in developing data/digital outcomes. We are also looking for people working in a wide range of sectors including; commissioning, education, NHS commissioned services outside of NHS Trusts, charities and local authority.

How to get involved: if you're interested in joining the forum or want to know more about supporting us as one of our Specialist Interest Link Roles then please contact us to find out more: CYP: CYP: Continuing and Community Care Forum | Royal College of Nursing (rcn.org.uk) or email: cypadmin@rcn.org.uk

The focus of our forum is continuing & community care, through our committee members and Specialist link roles we also help inform work that goes across the five CYP Forums to support a collaborative approach. The other CYP forums are: Specialist Care, Acute Care, Continuing and Community Care and Professional Issues, you can find out more about them here: Forums and networks | Get involved | Royal College of Nursing (rcn.org.uk)