

UK Committee Children and Young People's Nursing

11th February 2020

Royal College of Nursing

NOTES

Attendees

In person

Dave Clarke (Chair), Professor in Nursing, Leicester University

Angela Horsley, Head of Children, Young People and Transition, NHSE/NHS Improvement (Speaker)

Dr Alison Twycross, Senior Lecturer in Children and Young People's Nursing, Open University

Julia Berchall-Seale, Assistant chief Nurse in royal Manchester Children's Hospital, Director of Nursing at Central Manchester University Hospitals NHS Foundation Trust (CMFT)

Suzanne Watts, CYP Staying Healthy Forum Chair, RCN CYP Staying Healthy Forum

Alison Morton, Director of Policy and Quality, IHV

Mark Whiting, Consultant Nurse, Hertfordshire Community NHS Trust

Chris Gordon, Pathwayhead, Health Visiting, UKSC, Educationalists for Health Visiting and School Nursing

Lucy Carpenter, Administration, Royal College of Nursing

Teleconference

Lucy Hunte, National Programme Manager – Apprenticeships, Health Education England (HEE) (Speaker)

Katrina McNamara, Honorary Secretary, Association of British Paediatric Nurses

Claire O'Mara Chair, Neonatal Nurses Association

Helen Bauld, Chair, SPENS

Jean Davies, CYP Professional Issues, RCN CYP Professional Issues Forum (May not be dialling in from the start)

Dr. Richard Wilson, Faculty of Child and Adolescent Psychiatry, Royal College of Psychiatrists

Fiona Smith, Royal College of Nursing, Professional Lead for Children and Young People Helga Charters, Associate Director of Nursing, The Newcastle upon Tyne Hospitals NHS Foundation Trust

Caron Eyre, Deputy Chair, ACCN Representative

Carol Williams, Independent Nursing and Healthcare Consultant

Penny Greenwood, Professional Officer - Nursing Professional Leadership team, Department of Health - Public Health England

Apologies

Maggie Clarke, SAPHNA representative

Margaret Jeal, Action for Sick Children

Chris Gildersleve, President, Association of Paediatric Anaesthetists

Professor Jane Coad, Professor of Children and Family Nursing, Nottingham University

Debbie Fallon, Chair of CYP Academics, CYP Academics

Kate Pye, ACCN Representative / Deputy Chief Nurse

Claire Harness, Deputy DNS Sheffield Children's Hospital
Alison Robertson Chief Nurse, Great Ormond Street Hospital
Ken Hull, CYP Continuing and Community Care Forum
Darren Darby, Director of Nursing, Corporate, Great Ormond Street Hospital
Eirlys Thomas, Chair of All Wales Children's Senior Nurses Forum
Sally Payne, Professional Advisor – Children & Young People and Families, Royal College of Occupational Therapists
Janice Allister, Children's Lead, Royal College of General Practitioners
Anne Trotter, NMC
Gillian Priday, CYP Specialist Care Forum Chair, RCN Specialist Care Forum
Dr Camilla Kingdon, Vice President for Education and Professional Development, RCPCH

1. **Welcome and apologies**

Dave Clark welcomed all in the room and on the telepod to the meeting and thanked for attendance. Dave read out apologies of those unable to attend.

2. **Matters arising**

Notes from last meeting addressed with no comments.

Update from Jane Coad (see attached presentation)

Forthcoming RCN publications

- Breastfeeding in Children's wards has been updated and will be out in March
- "RCN maximising nursing skills in caring for children and young people in Emergency care settings" – revised – supporting ED's to upskill non children's nurses in ED – develop competencies to support ED's
- Children and young people in day surgery – Being published in March time. The previous 4 documents have been updated and amalgamated into one document – Contains updates on various stages of day surgery

Professional Nursing issues across the UK

3. **Moving on safely - A national approach to improve healthcare transition and prepare for adulthood** – Angela Horsley, Head of Children, Young People and Transition (see attached presentation)

Angela Horsley (AH) provided an update regarding this important national work. It was noted that the number of young people between 10-24 had decreased from 11.7 million to 11.4 million.

It was noted that the effects of poor healthcare can last a lifetime and that if we resolve earlier, issues may not be there or as bad in later life. Late teens are a peak age for health risks for lifetime complications.

Improving transition includes social care and education as well as health care and 0-25 years. Transition encompassed within the NHS long term plan (2019) children and young people. There is NICE guidance, national measure and specifications, as well as initiatives such as 'Ready steady go' and 'Hello' Toolkit.

Reports concerning transition are improving, however transition to adult mental health services are currently not good. Many children's services were rated as requiring improvement or inadequate in 2017, although there were pockets of good practice around England but nothing is standardised

Letters sent to Director of Nursing to express interest in being part of a collaborative with the aim to improve healthcare transition and the experience. The collaborative is 150 in length. There have been 2 cohorts so far and the 3rd launched on 5th February 2020. 32 Trusts in cohort 1, 26 Trusts in cohort 2 and 22 Trusts in cohort 3. As part of the collaborative Trusts are required to produce a project plan and strategy for roll out. AH visits each Trust providing support and input as needed. Trusts learn from each other. twitter feed #teamtransition – captures work from 3 cohorts.

It was noted that young people who are transitioning gender may be confused with terminology used and focus of the initiative.

4. RCN CYP Nurse Leaders' summit findings, Professor Dave Clarke, RCN Children and Young People's Acute Care Forum (see attached presentation)

Dave Clarke (DC) presented the findings from the RCN CYP Nurse Leaders summit held in December 2019. Approximately 40 children's nurse leaders, included: Mental health, Learning Disability, neonatal, research, education, healthcare management, health visiting, school nursing, ACCN representatives etc. Forum Governance Group had funded the summit following concerns that the voice of children's nursing was not being heard and there was a lack of clarity about some of the key messages from the RCN. Questions raised included How as RCN forums can we demonstrate the key messages?

It was noted that key RCN documents were in the process of being refreshed, including defining staffing levels in children and young people's services and the need for children's nursing to have a voice in the RCN Safe and Effective Staffing campaign. Points raised in discussion included issues concerning adult nurses who wish to become children's nurses, the contribution of mental health and learning disability nurses and the current situation where due to a lack of children's nurses, adult nurses being employed in children's wards and departments, including via international recruitment.

It was noted that the NMC is registering nurses from overseas as children's nurses providing they have sufficient children's nursing education and experience. Noted also that HEE considering focusing a number of universities to support APEL process as appreciated if someone has more expertise it's better and quicker. The need for a national standard and process is required and would be welcomed.

Concerns noted regarding leaders in children's nursing and the lack of leaders who are risk taking, innovative, whereas many are focused today on compliance.

DC reported that the RCN CY Forums are looking to take forward issues raised over the coming year and to raise with Forum Governance Group and Professional Nursing Committee so as to ensure the membership voice is heard.

5. **Update of Nurse Apprenticeship schemes and focus group (children, neonatal and SCHPN)**, Lucy Hunte, National Programme Manager Apprenticeships, Health Education England (see attached PowerPoint slides)

Lucy Hunte (LH) provided an update on the current position, reporting that there are 912 currently on registered nurse apprenticeship, that career pathway work is underway from Nursing Associate to Registered Nurse to Advanced Clinical Practitioner. The aim of the Govt. is to increase the number of nurses by 50,000. L7 Specialist Community and Public Health Nurse (SCPHN) apprenticeship has been approved and is ready for delivery. L7 District Nurse scope of demand, with concerns over capacity and availability

LH will circulate updates regarding mental health and learning disability. Queries raised regarding community children's nursing due to low number. Route may be via cyp clinical practitioner. L5 health play specialist ready for delivery.

CYP Focus/steering group held in November to myth bust and provide ongoing support.

It was noted that early discussions taking place about level 8 clinical academic apprenticeship. Will provide update at the next meeting. Pre-registration children's nursing apprenticeship route is available.

6. **Reports from members**

Written reports attached. Several attendees highlighted key aspects from their written report including:

UKSC: Chris Gordon– Key findings from present standards. New standards coming out and old withdrawn by 2023.

Institute of Health Visiting: Alison Morton

3 Demands to government:

- Strengthening of the health visiting grant
- Child and family same level of support irrelevant of where you live
- National health visiting work force plan – numbers, case load size

Responsive to local need – too flexible. Regardless of where you live you should have access to the same level of support based on level of need, not where you live

Quality of health visiting services

PHE healthy child programme – 4-year programme, currently in year 0 – revision to health visiting model. Written own vision for England to guide Documents out. Lead by example

Service user survey – 1000 parents nationally – criticism - service not as wanted and not delivered to standard wanted

Health visitors can't deliver the service they want to deliver – autonomy and capacity diminishing

Recruited from Channelmum – from 4 nations. Voice that cannot be ignored

Some getting great service – some are not – responsive service

Not enough time to devote quality committed patient care

Continuity of care

SAPHNA

Updates – Information on Website?

Jean Davies:

Bangor: Year of Nurse and Midwife – contribute to celebrations. Aim to be proactive and successful

Professional Issues forum:

Challenging and trying to rectify how things work across Forums. Difficult for chairs and forums to contact members – no RCN email for them and unwilling to use personal/work emails. Updating website to be made more user friendly. Social media accounts for forums to get engagement – contact members. Unless you know about forums difficult to have this information. Suggestions to engage with membership: difficult for forums (UK wide)

7. Any other business

Alison Twycross reported that evidence-based nursing are having a twitter chat focused on child and adolescent mental health 12/02

It was noted that Chris Gordon is stepping down and that a new UKSC person will attend next meeting.

8. Future Meeting dates and topics

Reminder of dates of next meetings:

19th May 2020 13.00-16.00

20th October 2020 13.00-16.00

Apologies, future agenda items and written update papers to be sent to cypadmin@rcn.org.uk. Please return your completed report by **Monday 4th May 2020**