

Connie Mitchell, Home Manager, told us why she signed up to become a Delirium Champion and her experience of the process:

What motivated you to sign up to become a ‘Delirium Champion’?

I am a home manager and wanted to be able to support my staff to recognise deterioration in my residents more quickly and understand delirium.

How did you find preparing for your awareness session e.g. were the resources helpful?

The resources available to me were very helpful, the colourful posters were of great use to myself and staff.

How did your session go?

The sessions I have held have been received extremely well by staff. Some had not heard of delirium and others felt it was beneficial to refresh their understanding.

What benefits do you think the session had/will have for:

- Yourself – I know what staff know and I feel more confident in their knowledge
- Your organisation – it benefits the organisation as staff are enhancing their knowledge and skills which ultimately benefit the company
- Your patients/residents - we are better equipped to reduce unnecessary hospital admissions

Would you recommend becoming a Delirium Champion and if so, why?

I would recommend becoming a delirium champion as it provides knowledge for our staff and better outcomes for our residents at an earlier stage.