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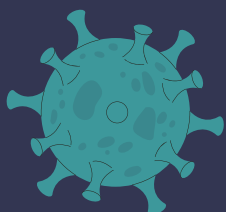


RCN Women's Health Forum

Spring Newsletter

DEAR FORUM MEMBERS

Thank you for choosing the RCN Women's Health Forum as your voting forum, we are truly grateful for your support. This is our first newsletter of 2025, and I hope it will give you a useful update on our activities and plans for the forthcoming year.



OUR PROJECTS AND CAMPAIGNS

We are currently working on the following projects:

- Pregnancy Loss Guidance
- Menopause and Long Covid Guidance
- Joint FSRH/RCN Career Frameworks in Sexual and Reproductive Nursing
- Ultrasound in Abortion Care



OUR REPRESENTATION

So far this year we have represented the RCN at a wide range of national events that include the All-Party Parliamentary Group meeting on Ovarian Cancer Prevention, Spinal Injuries Association, Muslim Women's Network UK and the Helping Women Thrive event. We have also contributed to the FSRH Hatfield Vision Round Table, Menstrual Health Coalition and RCOG Clinical Assurance Group where we continue to highlight the nursing contribution.

Interested in joining the RCN WHF Steering committee? Applications for new members open in May 2025 and details will be available on our social media and our website

www.rcn.org/get-involved/forums/our-work



Our voting members attending RCN Congress 2025 are Charlotte Glynn (Vice Chair), Michael Nevill and Esther Kuria. Ruth Bailey (Chair) will attend as a non-voting member in her role as Chair of the RCN Chair's Forum Group.

We will be co-hosting 3 sessions on the Education Development and Learning Programme:

1. Hormone Havoc: exploring the impact of female hormones on mental health across the lifespan
2. Cancer Prevention and Red Flags in Women's Health: discussing the health prevention, warning signs and how to support women experiencing gynaecological symptoms.
3. Political Nurse: a panel discussion examining practical steps to amplify nurse activism

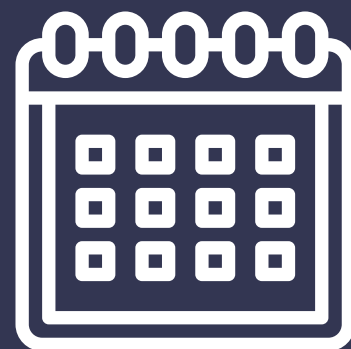
These sessions will be recorded for those unable to attend.

We will be participating in the "Meet the Forums" event at lunchtime Monday 12th May, and staffing the Forum stand at 8.30 on Wednesday 14th May- we hope you will come and meet us in person!

Dates for your diary!

18/6/2025: 1 hour lunchtime webinar with the Eve Appeal on expanding cervical screening for marginalised groups.

9/12/2025: Our WHF Conference at RCN HQ Cavendish Square



KEEP CONNECTED!

Follow us on social media:



Search 'RCN Women's Health Forum' on Facebook

Follow @rcnwhforum on Instagram

Warm wishes

Ruth Bailey

Chair, Women's Health Forum

ruth.bailey@reps.rcn.org.uk