

“Same same or different?” A review of reviews of person-centered and patient-centered care

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MÄLARDALEN UNIVERSITY
SWEDEN



Mälardalen University, Sweden

- **Mid Sweden, one hour from Stockholm**
- **16 000 student and 1 000 employees**
- **Over 1300 students in the 3-year nursing program (BSc)**
- **Five specialist educations for RNs**

- Nurse anaesthetist (60 ETCS)
- Intensive care nursing (60 ETCS)
- Public health nursing (75 ETCS)
- Psychiatric nursing (60 ETCS)
- Midwifery (90 ETCS)

- **Masters education**
- **PhD education**





Background

- **Different types of centredness have been launched in healthcare such as family-, patient- and person-centred care (Coyne et al. 2018)**
- **They seem to share a common goal: to put the person in need of care in the foreground, rather than the healthcare professionals and biomedical aspects only**
- **Patient- and person-centred care seems hence at a first glance to be similar, or is there a difference?**
- **The present study addresses an existing gap and confusion regarding the two concepts of person- and patient-centered care in the literature**





Data collection

- 1. With the help of a librarian, we searched for**
 - “person cent*” or “patient cent*” in the title
 - systematic review
 - peer reviewed
 - in English
 - published January 2000–March 2017
- 2. Cinahl, Cochrane, Medline, PsycInfo, Scopus, Web of Science**
- 3. We found 524 articles, which were screened**
- 4. We selected articles generating a novel result about the concept**
- 5. 21 articles included (10 person-centered, 11 patient-centered)**



Analysis



- **A thematic analysis according to Braun and Clarke (2006)**
- **Codes, sub-themes and themes were identified by the nine authors from the result section in the**
 - **10 articles about person-centered care**
 - **11 articles about patient-centered care**
- **Eventually, 34 sub-themes and 13 themes were established**
- **9 themes were common to both person-centered care and patient-centered care**



Results

Theme	Sub-themes
Empathy	C* is compassionate C gives emotional support C understands P**
Respect	C respects beliefs C respects values C supports dignity
Engagement	C allocates time C is present C is committed
Relationship	C builds partnership Mutual trust between C and P Therapeutic relationship
Communication	Communication between C and P C and P exchange information
Shared decision-making	Empowerment Autonomy P is involved in treatment
Holistic focus	Biopsychosocial perspective Nonmedical issues relevant The context has an impact
Individualized focus	C sees specific aspects of P's life P's preferences are considered relevant
Coordinated care	Coordination across the health system Interprofessional collaboration Coordination over time
The goal is to live a meaningful life	The goal is to have meaning in life The goal is to live a good life The goal is wellbeing
The goal is to live a functional life	The goal is to function The goal is symptom reduction
C defends P	C defends the P's rights in the system C deviates from rules
C is self-reflective	C is aware of own thoughts C is aware of own emotions

*C = carer

**P = person or patient



Results

Theme	Person-centered articles (10)	Patient-centered articles (11)
Empathy	100%	100%
Respect	100%	100%
Engagement	100%	100%
Relationship	100%	100%
Communication	100%	100%
Shared decision-making	100%	100%
Holistic focus	100%	100%
Individualized focus	100%	100%
Coordinated care	100%	100%

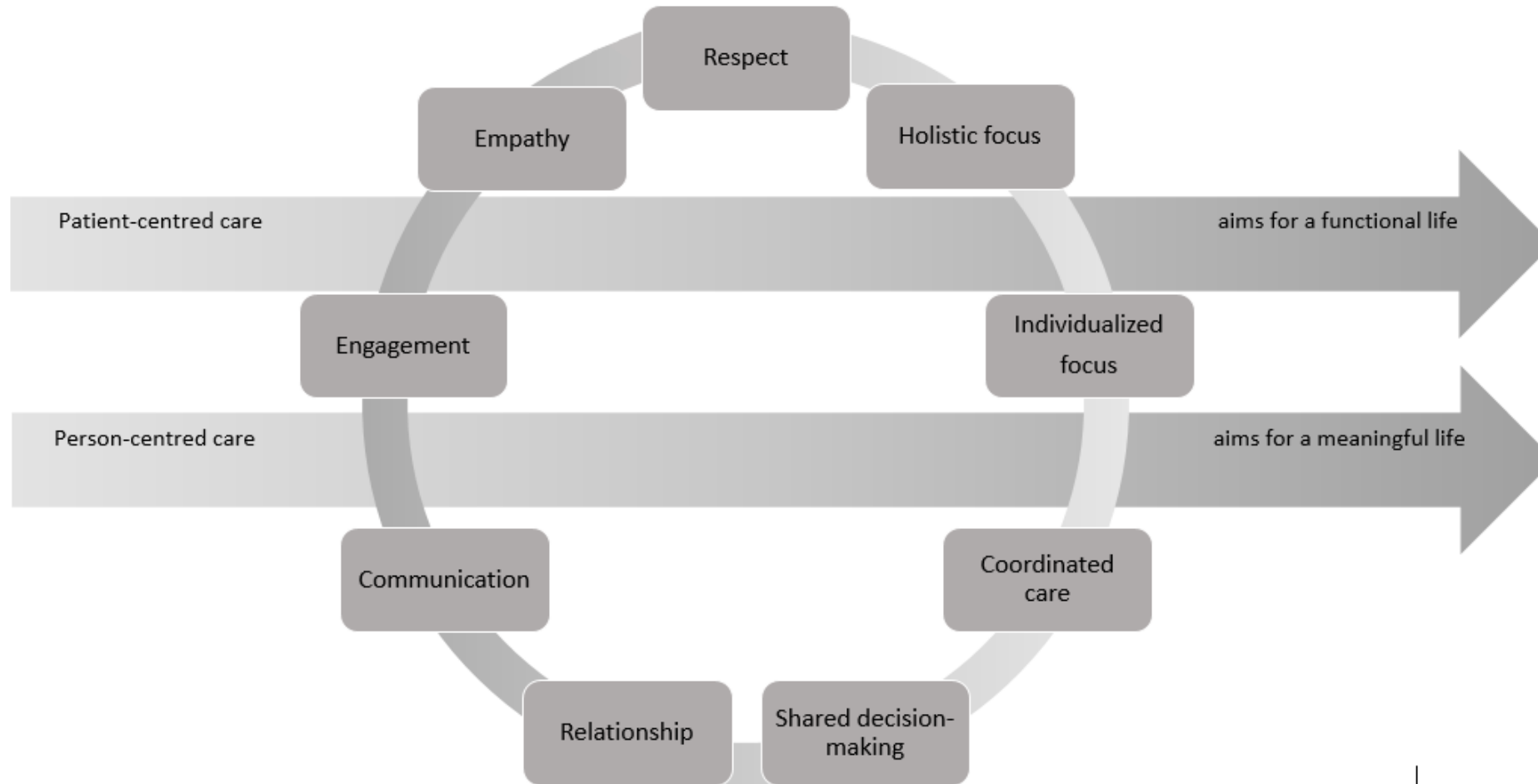


Results

Theme	Person-centered articles (10)	Patient-centered articles (11)
The goal is to live a meaningful life	90%	9%
The goal is to live a functional life	10%	91%



Summary

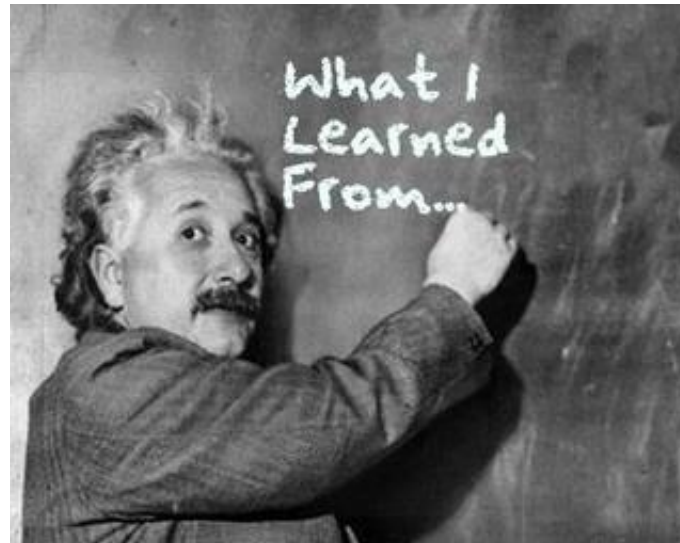




Conclusions

The two orientations are “same same but different” - *similar* at a surface level...

...but *different* when regarded on a deeper level in light of their different goals. This is important for nurses to consider in organization of care and in individual patient encounters.





Practice implications

- 1. Nine themes need to be considered when implementing either of person-centered care or patient-centered care**
- 2. Two different goals need to be considered when choosing which of the two orientations to focus on**
- 3. Clarification of the concepts may assist nurses, managers, researchers and educators to develop the relevant aspects of care. Person-centered care broadens and extends the perspective of patient-centered care by considering the whole life of the patient.**



Tack!



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