

# The Evidence Based Practice Forum engages staff in evidence based practice activities with benefits to the organisation, the membership, and ultimately the care received by patients.



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## The 'Evidence Based Practice Forum' - Sheffield's unique and engaging approach to develop and deliver meaningful care improvements.

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### Background

Supporting Evidence Based Practice (EBP) and engaging frontline staff can be challenging. The EBP Forum has been running at Sheffield Teaching Hospitals (STH) since 1998 to bring together interested staff from the trust, and local academic institutions, to share ongoing work in their areas, advise, support and maintain project momentum

### Aims

- Promote and develop multi-disciplinary EBP within STH
- To influence and participate in Trust wide strategies that support the development of EBP
- To provide a forum for sharing innovations and problems encountered in implementation of EBP
- To support the development of skills and education in EBP

### Implementation

- Equal partnership - contributions from all
- Support from clinical managers in all areas
- Meets every two months
- Emphasis on sharing information about EBP across the trust
- Forum members contribute a varied wealth of knowledge and experience
- Continually developing and adapting to changes in the health care environment
- Celebrating its 20<sup>th</sup> year in 2019

### Impacts

- Membership of 244 staff across Sheffield Teaching Hospitals (STH)
- STH 'Practice Development Database' for over 250 EBP projects that have been completed in the trust since 2003
- Intranet site for STH staff
- Annual 'Sharing Good Practice' festival since 2007 showcasing the quality and breadth of research and clinical effectiveness across the trust
- Five day EBP training course for STH staff running annually since 2004 - 134 students have completed to date
- Offering consultation across STH on evidence based care
- Inspiring the next workforce with an annual 'Bring along a student event'
- Contributing to career development
- Networking locally, nationally and internationally with academic institutions and healthcare providers

### Outputs

- Highlighted as an example of 'High Impact Action' on the Department of Health website
- Development of STH Nursing Care Guidelines
- Several peer reviewed publications
- Developing patient care resources for use within STH
- Contributing to research and clinical effectiveness projects within STH
- Development of the 'Steps' toolkit for staff to guide development of EBP projects
- Regional and national conference presentations
- Presence at Trust governor and board level events within Sheffield Teaching Hospitals.

## Membership

