

Second pregnancy among adolescents and how do they experience: a systematic literature review.

Parichat Arayajaru, PhD student in Nursing studies. Co-authors: Clare Whitfield, Barbara Elliott, University of Hull, United Kingdom.

Parichat Arayajaru: p.arayajaru@2016.hull.ac.uk

Background

Early motherhood among adolescents is related to a range of socio-economic issues, health issues, and also impacts on social population development which includes low maternal educational attainment, low family income and high levels of unemployment (UNFPA, 2013). There are a limited number of studies which focus on the experiences of being involved in repeat adolescent pregnancy.

Aims

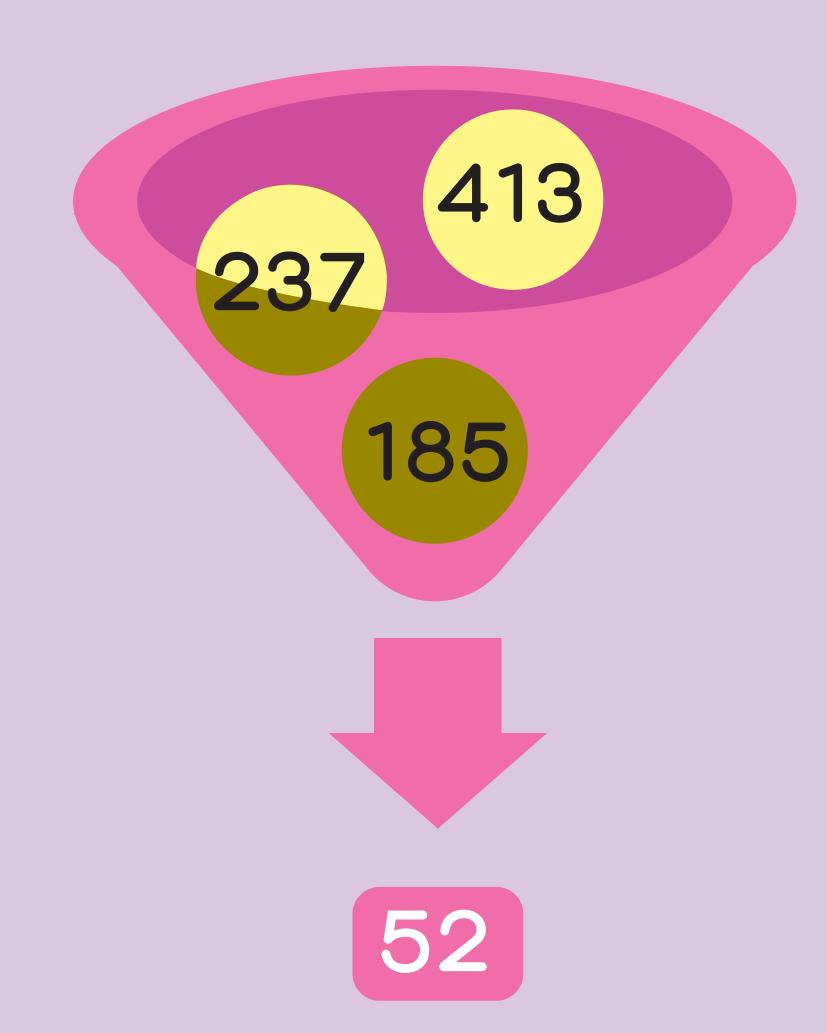
This review aims to explore the lived experiences of repeat pregnancy among adolescent mothers, to identify the gap in research knowledge about their experiences of being involved in repeat adolescent pregnancy.

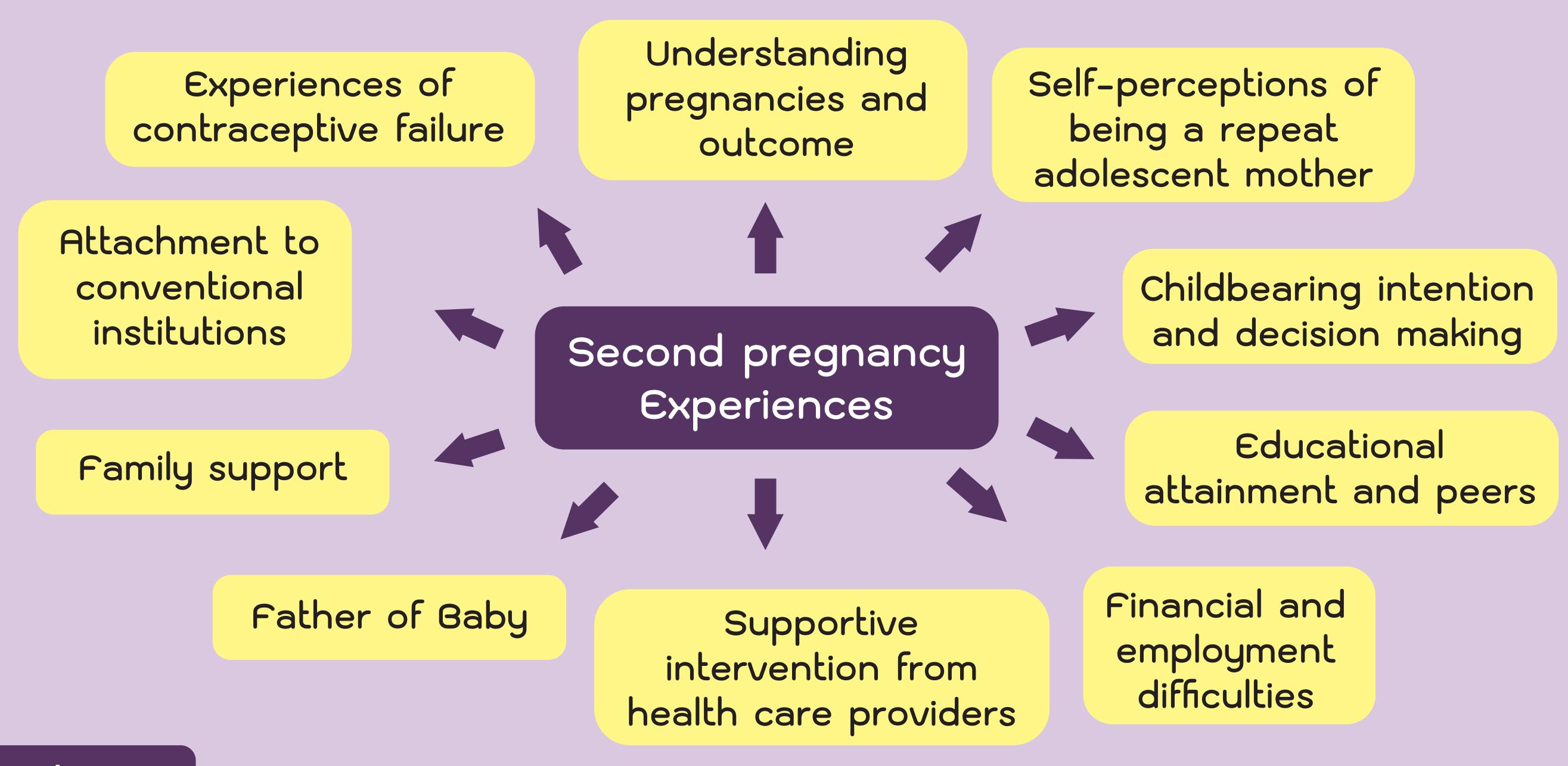
Methods

A systematic review approach was used to identify relevant research. The search terms were applied to the electronic database via EBSCOhost including CINAHL, MEDLINE, PsycINFO and Academic Search Premier in between 2000-2017. The quality of individual included papers was critically appraised using the CASP (2017) and NIH (2014).

Results

52 were eligible, meeting both the inclusion and the quality criteria (Bettany-Saltikov, 2012). Data were extracted from eligible studies and synthesised under themes using a 9 Step approach (Bettany-Salitkov 2012)





Conclusions

The literature review highlighted adolescent mothers' experiences as mixed; whether experiences of being a repeat adolescent mother were negative or positive depends on the adolescents' social context and the support they receive. These results suggest the need for further research with an in-depth focus on the life aspirations from the repeated adolescent mothers' perspective. Nurses and policy makers should consider these findings when developing and delivering services to this group and need to be aware of adolescent mothers' life context that could shape individual differences.