

## Consensus statement and methodology

The RCN Diabetes Forum Task and Finish Group undertook an exercise to understand the state of knowledge in regard to the practice of pre-loading insulin syringes and to source expert input in the development of these guidelines.

A consensus statement was developed and circulated to senior diabetes nurse specialists who were not associated with the Task and Finish Group guidelines development project.

Participants were asked to evaluate 12 statements, ranking the extent to which they agreed or disagreed with individual statements: a ranking of 1 indicated strongly disagreed, while a ranking of 9 indicated strongly agreed.

Scores from participants, whose responses were anonymised, were fed back to the Task and Finish group to support the development of this guidance.

### Statement 1

Pre-loading of insulin syringes is not considered best practice

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 2

Promoting self-management of diabetes. Why using available devices should be promoted to support independence

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 3

Prefilled insulin syringes sit outside the Medicines Act

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 4

Only registered nurses should be involved in pre-loading syringes not HCAs

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 5

Patient must have capacity in order for this practice to be considered

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 6

Only an insulin syringe should be used

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 7

The organisation or trust must have a policy in place

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 8

Full patient training and education must be provided

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 9

Specialist must be involved in ensuring only most appropriate patients are offered this

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 10

DSN must be involved in quality assurance

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 11

All nurses involved in insulin therapy must have appropriate training

Disagree 0 1 2 3 4 5 6 7 8 9 Agree

### Statement 12

Risk assessment must be undertaken for all patients

Disagree 0 1 2 3 4 5 6 7 8 9 Agree