

Improving Community Health and Wellbeing: Third sector collaboration with rural Out Patient Departments

Anne Thomas, Staff Nurse, Out patient Department, Dolgellau Hospital



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

Dolgellau



Our Team



Aims

Welsh Government *Delivering Local Health Care (2013)*:

- ▶ To achieve the best possible health and wellbeing for all people in Wales, whatever their circumstances and wherever they live' by:
- ▶ Supporting patients with chronic illness living in a rural area to make positive lifestyle changes
- ▶ Providing accessible, acceptable and effective health education
- ▶ Making health promotion central to every patient contact
- ▶ Supporting a self care continuum

Supporting Strategies and Policies

- ▶ Welsh Assembly *Rural Health Plan (2009)* – ‘Accessing services is the foundation of effective rural health and a basic human right’
- ▶ The Welsh Assembly *Our Healthy Future (2011)* – ‘Prevention and early health intervention can prevent avoidable ill health’
- ▶ RCN Policy and International Department (2013) – ‘Nurses have an in-depth knowledge of their local community and are confronted daily by the affects of social conditions on the health and wellbeing of these communities.....nursing expertise must be fully utilised in the new public health system

Supporting Communities, Changing Lives



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