



RCN Student Member of Council Election 2018

Candidate Profile for Amy Fancourt

Nomination statement

I am first and foremost an activist and advocate for everyone; nursing is in a time of progression and organisational structures must develop in order to reflect the dynamic role of the modern nurse. I keep up to date with the politics and believe that we, as student nurses have a major responsibility in shaping the future of nursing.

I am an MSc student studying Adult and Mental Health Nursing and have insight into the complexities of both environments. I have a background as an HCA in Mental Health and as a community carer, I therefore understand the frustrations, and difficulties that student nurses and healthcare professionals encounter and the immense pressures we face.

I am a Student Representative at City University, London and was recently awarded Best Representative in the School of Health Sciences. I am also one of The Council of Deans' 150 Future Leaders of Healthcare which has helped to shape my leadership style and drew me to this nomination.

I have a degree in English Literature and experience in journalism which has given me invaluable skills in public speaking, persuasive writing and research.

We are facing a global nursing crisis; retention rates and applications for student nurses are at an all-time low and we must not be afraid to confront these issues.

I am outspoken and opinionated, and I feel that things need to change so I promise I will do my best to represent you, empower you and not let the student voice go unheard.

Education and Career Information

Dates (years)	Name of workplace and job title	Main achievements
September 2017 – present	City University, London MSc Adult & Mental Health Nursing	Aside from being a student I am also: <u>Acting as an elected student representative:</u> <ul style="list-style-type: none"> Present feedback from students in triannual meetings with the programme

		<p>directors from The School of Health Sciences.</p> <ul style="list-style-type: none"> • Award won for Best Student Representative 2017/18 • Working alongside lecturers and course organisers to give feedback on new course plans, learning structure and materials to improve the experience for future students. <p><u>Work as a Widening Participation Student Ambassador</u></p> <ul style="list-style-type: none"> • Working to promote higher education amongst low income communities and households by doing school visits and holding open days. • Promoting the profession of nursing by educating young people about the role of a nurse and the nature of a degree in nursing.
March 2018 - Present	<p>Council of Deans</p> <p>150 Future Leaders of Healthcare Programme</p> <p>#150leaders</p>	<ul style="list-style-type: none"> • Selected to be part of this year's cohort alongside other nursing students and other allied health professional students. • Attending conferences to develop leadership skills and networking opportunities. • Partaking in regular online discussion groups surrounding healthcare issues with other healthcare professionals and students.
December 2016 – September 2017	<p>West London Mental Health Trust</p> <p>Healthcare Assistant, Acute Female Admissions,</p>	<ul style="list-style-type: none"> • Started weekly activity groups promoting healthy lifestyle and holistic complimentary treatments (e.g. mindfulness, exercise, counselling) • Created a welcome pack for students on placement and a welcome pack for new

		<p>patient admissions to orientate them to the ward.</p> <ul style="list-style-type: none"> • Personal care, home visits, assisting with MDT assessments (Occupational health, physiotherapy, diet and nutrition), member of the response team, de-escalation and behavior management.
July 2016 – September 2016	Caremark, Norwich Domiciliary Care and Support Worker,	<ul style="list-style-type: none"> • Community care; personal care and hygiene, emotional support, assisting with general chores and daily activities. • Working with a range of people of varying ages, disabilities, mental health illnesses and long-term conditions.
August 2015 – September 2016	The Norwich Soup Movement Coordinator / Volunteer	<ul style="list-style-type: none"> • Organising menus and coordinating volunteers and distributing food and basic aid to rough sleepers.
March 2016	Calais Aid Volunteer	<ul style="list-style-type: none"> • Providing basic care and distributing donations amongst refugees in the area. • Helped to conduct an informal census of the people in the area.
Sept 2012 – July 2015	The University of East Anglia Ba (Hons) English Literature	<ul style="list-style-type: none"> • Acted as a student representative for our course • Selected by lecturers onto a Press Traineeship Programme to help organise the Festival of Literature for Young People.

Other relevant experience

Journalism Internship's

- Archant Press
- APL Media, London (Travel writing, research, photography and content writing)
 - o I have excellent writing, presentation and public speaking skills that I developed throughout these internships.

I have also worked in Uganda in 2015 and in Cambodia in 2012 promoting healthcare and education amongst the community (mostly I just got to know people and learnt about their different cultures!)

- These experiences have given me an insight into global nursing struggles and the disparities in healthcare across multiple countries.

I am also an activist and regularly attend peaceful marches, demonstrations, think tanks and panel discussions to show my support and solidarity with the issues I feel are important and to learn more and be involved in creating a safe space and more accepting environment for everyone.

- Areas of interest include (to name a few):
 - o Women's rights
 - o The NHS
 - o The Refugee Crisis
 - o Austerity