Mental Health Nurse Academics (UK)

Royal College of Nursing

ISPN
International Society of Psychiatric-Mental Health Nurses

25th International MHNR Conference 2019

Thursday 12 – Friday 13 September 2019
RCN Headquarters, 20 Cavendish Square, London

PROGRAMME

Thursday 12 September 2019

8.30	**Registration and arrival refreshments** Council Room and foyer
8.55-9.25	**Fringe: Workshop for first time nervous presenters** *Dr Tim Carter and Andrew Grundy, MHNR Committee members* Marjorie Simpson Room G06, Ground floor
9.30-9.35	**Main Hall Commences:** **Welcome and opening remarks from RCN Vice President** *Yvonne Coghill, RCN Vice President* Cowdray Hall
9.35-9.40	**Welcome from your Day Chair – Thursday morning** *Heather Caudle, Chief Nursing Officer, Surrey and Borders Partnership NHS Foundation Trust* Cowdray Hall
9.40-9.50	**The Mental Elf: Taking #MHNR2019 beyond the room** *André Tomlin, Beyond the Room* Cowdray Hall
9.50-10.35	**Keynote session** **Improving mental health care through nurse education in low income countries; a Mongolian case study** *Professor Fiona Nolan, Florence Nightingale Foundation Clinical Professor of Mental Health Nursing, University of Essex* Cowdray Hall

Concurrent Session 1

	10.40-11.00	11.05-11.25	11.30-11.50
1.1 *Chair: Nicola Armstrong* *Cowdray Hall* *(Ground floor)*	1.1.1 *Cynthia Handrup: Psychiatric Mental Health Nurses Meeting the Challenge of Improving Global Mental Health*	1.1.2 *Carolyn Harmon Still: Social determinants, mental health, and its Influence on Health Practices among three groups of African American Perimenopausal Women*	1.1.3 *Laoise Renwick: Mental Health Literacy among Children and Young People in Low and Middle Income Countries: A Mixed Studies Systematic Review*
1.2 *Chair: Russell Ashmore* *Rosalind Paget Room 307* *(Third floor)*	1.2.1 *Ed Lord: "What happens in the woods stays in the woods" - Is ecotherapy seen as an adjunct to or as an alternative to mental health services? An ethnography of ecotherapy for mental health in South and West Wales.*	1.2.2 *Mick McKeown: Whittingham Lives: mental health engagement through heritage and arts*	1.2.3 *Mark Pearson: Surviving by story-telling*
1.3 *Chair: John Baker* *Edith Cavell Room 313* *(Third floor)*	1.3.1 *Sinéad Hennesy: A qualitative study of user experience of My PAL: a physical health passport for mental health service users*	1.3.2 *Gearóid Brennan: What 'capital' do mental health nurses utilise to address people's physical health?*	1.3.3 *Michael Nash: Irish MHN's practice and attitudes towards prostate and testicular health screening in male mental health service users*
1.4 *Chair: Una Foye* *Annie Altschul Room 101* *(First floor)*	1.4.1 *Robert Griffiths: Evaluating the feasibility and acceptability of Method of Levels therapy for people experiencing first-episode psychosis*	1.4.2 *Andrew Grundy: A feasibility and acceptability study of the Talking With Voices intervention amongst adults with psychosis*	1.4.3 *Rose Mary Xavier: Neurogenetic Approaches to Advancing Symptom Science in Psychiatric-Mental Health: Focus on Psychosis and Severe Mental Illnesses*
1.5 *Chair: Tim Carter* *Marjorie Simpson Room G06* *(Ground floor)*	1.5.1 *Sally Raphel: Child/adolescent mental health policy: the power of the nurse's voice*	1.5.2 *Kristin Cleverley: "Objectively Terrifying": A Patient-Oriented Qualitative Study of Youth's Experiences of Transitions out of CAMHS at Age 18*	1.5.3 *Daniel Brown: Developing collaborative practice for supportive mental health care between an Emergency Department and Acute MH nursing teams*

11.55-12.55   **Lunch, networking and poster viewing**
Poster presenters should be at their posters from 12.25 to 12.55.
Council room

Poster	Presenter and title
1	*Smythy Thiru and Daisi Lamina: The Effectiveness of Yogasana Therapy at Hackney Learning Disability Service*
2	*Amy Pritchard: A Realist Evaluation of Gellinudd Recovery Centre: Protocol*
3	*Julie Bertram: What About Dance? A Global Perspective of Dance-based Interventions to Promote Cognitive and Psychological Function in Older Adults*
4	*Rebecca Hankins: Lifestyle Management Group*
5	*Peggy Mulongo: Gateway Protection Programme: Exploring aspects of acculturation which could enhance the mental health of young refugees resettled under the humanitarian programme in Greater Manchester*
6	*Rachel Dakin: Barriers and facilitators to adherence with nebulised antibiotics among adolescents with cystic fibrosis in the community setting*
7	*Rene Love: Telehealth in the 21st Century for Psychiatric Mental Health Nurse Practitioners*
8	*Rosie Adams: Eye Movement Desensitization and Reprocessing (EMDR) for the Treatment of Psychosis*

12.55-1.00 **Main Hall Commences**
Welcome back from your Day Chair – Thursday afternoon
Catherine Gamble, RCN Professional Lead for Mental Health
Cowdray Hall

1.00-1.45 **Keynote speaker**
Global mental health: how to fill in the gap
Professor Ricardo Araya, Lead of the Global Mental Health Research Group and Director of the Centre for Global Mental Health, King's College London
Cowdray Hall

Concurrent Session 2

	1.50-2.10	2.15-2.35	2.40-3.00
2.1 *Chair: Sue McAndrew* *Cowdray Hall (Ground floor)*	2.1.1 *Stephen McKenna: "What is a mental health nurse? An auto-ethnography into a crucial, unstable and contentious identity"*	2.1.2 *Cheryl van Daalen-Smith: A World of Indifference: Women's Experiences of Psychiatric Hospitalization*	2.1.3 *Cheryl van Daalen-Smith: Waiting for Oblivion: Women's Experiences of Electroshock*
2.2 *Chair: Kristin Cleverley* *Rosalind Paget Room 307 (Third floor)*	2.2.1 *Pamela Lusk and Beverly Hart Abney: An Effective Model for Clinical Training in Child/Adolescent Cognitive Behavior Therapy for Nursing Students- (Online clinical training vs. face to face classroom training, vs. blended- face to face and online training)*	2.2.2 *Elizabeth Collier: Using simulated learning for values based nurse education; development of an evidence based approach*	2.2.3 *Laoise Renwick: Culturally adapting family interventions in low resource-settings: a feasibility study in Pakistan and protocol for development and testing in Indonesia*

2.3 **Chair: Ben Hannigan** *Edith Cavell Room 307 (Third floor)*	2.3.1 *Susan Glodstein: Choose Your Words Carefully: Promoting Positive Outcomes for Mental Wellness in Advanced Practice Education*	2.3.2 *Kim Foster: Nurses' mental health matters: Australian mental health nurses' workplace stress, health, wellbeing and resilience*	2.3.3 *Ian Noonan: Reframing alexithymia to understand the relational aspects that promote recovery from self-harm*
2.4 **Chair: Fiona Nolan** *Annie Altschul Room 101 (First floor)*	2.4.1 *Una Foye: Stuck in the middle with you: the challenge of caring for patients with mental health problems on medical and surgical wards*	2.4.2 *Douglas MacInnes: An Evaluation of the Supporting Prisoners upon Release Service (RESET) Intervention*	2.4.3 *Samantha Hartley: Collaborative relationships in challenging contexts: Therapeutic relationships within inpatient child and adolescent mental health services (refer to 5.2.1 in Book of Abstracts)*
2.5 *Chair: Gary Lamph* *Marjorie Simpson Room G06 (Ground floor)*	2.5.1 *Sally Barlow: Making an impact: Patient and Public Involvement in Mental Health Research*	2.5.2 *Andy Mercer: Consent to participate in mental health research - an analysis of applications to a university ethics committee*	2.5.3 *Amy Pritchard: Avoid focusing on the tip of the iceberg – Using realist evaluation to evaluate mental health care*

3.00-3.20   **Afternoon refreshments, networking and poster viewing**
Council room

3.20-3.25   **Main Hall Commences**
Cowdray Hall

3.25-3.30   **Welcome to MHNAUK Lecture**
Ben Hannigan, MHNAUK Chair
Cowdray Hall

3.30-4.15   **MHNAUK Lecture**
Connect Three: Winning the game by exploring the mental ill health connections between young service users, adult users of services and young carers.
Professor Sue McAndrew, Professor of Mental Health and Young People, University of Salford
Cowdray Hall

Concurrent Session 3

	4.20–4.40	4.45-5.05	5.10 -5.30
3.1 **Chair: Mick McKeown** *Cowdray Hall*	3.1.1 *John Baker: Understanding Key Components of Interventions to Reduce Restrictive Practices:*	3.1.2 *Grahame Smith: The mental health nurse as an effective ethical reasoner when using coercive strategies*	3.1.3 *Alison Quarry and Miriam Blackburn: Evaluation of Aggression and Violence on Acute*

(Ground floor)	*Findings from the COMPARE Evidence Synthesis*	*within an acute mental health context: a study exploring how 'acute' mental health nurses apply ethical coercion*	*Mental Health Inpatient Wards*
3.2 **Workshop** *Rosalind Paget Room 307* *(Third floor)*	3.2.1 *Julie Bertram and Allison Brauch:* *Building Trauma Responsiveness Among Nursing Providers: An Interprofessional Collaborative Simulation between a Child Advocacy Center and College of Nursing*		
3.3 ***Chair: Gearóid Brennan*** *Edith Cavell Room 313* *(Third floor)*	3.3.1 *Irene Muh: Preventing ill-health due to problem alcohol use: embedding alcohol screening and interventions into routine practice*	3.3.2 *Karen Palmer: An Integrated Mental and Physical Nursing Health Care Model: Mental health nurses' views on delivering physical health care in inpatient mental health units using an integrated mental and physical nursing health care model.*	3.3.3 *Keith Ford: 'Daring to peek over the wall': A qualitative exploration of the concept of remission in the process of recovery for people with schizophrenia*
3.4 ***Chair: Rene Love*** *Annie Altschul Room 101* *(First floor)*	3.4.1 *Laoise Renwick: Collaborative Workshops for Developing Scalable Digital Interventions for Improving Access to Depression Interventions throughout Indonesia*	3.4.2 *Christine Costa and Kathleen McDermott: Training Advanced Practice Nurses in the Use of Telepsychiatry*	3.4.3 *Seren Roberts: Are people with mental health conditions willing to use an exergaming console in a community mental health care setting to increase their physical activity and wellbeing?*
3.5 ***Chair: Jenny Oates*** *Marjorie Simpson Room G06* *(Ground floor)*	3.5.1 *Louise Blakley: Exploring Service Users' experiences of Mental Health Act 1983 assessments in England*	3.5.2 *Emily-May Barlow: A descriptive study of therapeutic leave policies within NHS mental health and forensic settings in the UK and the implications for (good) practice.*	3.5.3 *Russell Ashmore: Observation in England and Wales: surveillance and containment or therapeutic engagement? A discourse analysis of local policies*

5.30pm   **Close of day one**

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Social Event – Thursday 12 September - Advance reservation only

7.30-10.00   **Conference Dinner – Cowdray Hall, RCN HQ, Cavendish Square, London**
10.00   **Post-dinner drinks – The Pheonix Bar, Cavendish Square, London**

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Friday 13 September 2019

| 8.45 | **Registration and arrival refreshments (Friday only delegates to register)**
Council room foyer |

| 9.30-9.45 | **Main Hall Commences and Chair's Welcome**
Andrew Grundy, MHNR Committee
Cowdray Hall |

| 9.45-10.30 | **Keynote speaker**
Examining the Evidence on Mental Health Literacy and Stigma Reduction in Low and Middle-Income Countries
Dr Edilma Yearwood, Past President of the International Society of Psychiatric-Mental Health Nurses
Cowdray Hall |

Concurrent Session 4

	10.35-10.55	11.00-11.20	11.25-11.45	11.50-12.10
4.1 *Chair: Michael Nash* *Cowdray Hall (Ground floor)*	4.1.1 *Victoria Soltis-Jarrett: Nurse practitioner-led whole healthcare in rural USA: Model, impacts, education and training*	4.1.2 *Nicola Armstrong: Zimbabwe Life Project – A UK/Zimbabwe collaborative mental health service development programme; Results from a training event in 2018*	4.1.3 *Helen Sujatha, Charles: Mental health and coping among adolescents in India-A school based study.*	4.1.4 *Rhiannon Lane: Mental Health Training for Teachers in Malawi*
4.2 *Chair: Elizabeth Collier* *Rosalind Paget Room 307 (Third floor)*	4.2.1 *Rachel Thompson and Chris Knifton: 'We're open to referrals;' Developing Admiral Nurse Telephone Triage*	4.2.2 *Steve McCarthy-Grunwald: The Humour Paradox with Dementia.*	4.2.3 *Ingeborg Poetz: Depression among elderly living in Nursing Homes*	4.2.4 *Allyson Stroude: An exploration of attitudes toward the use of Socially Assistive Robots (SARS) in the care of older people including persons with mild to moderate dementia.*
4.3 *Chair: Andy Mercer* *Agnes Hunt Room 102 (First floor)*	4.3.1 *Marissa Lambert and Lucy Roberts: Promoting student mental health through a peer support network*	4.3.2 *Jessica Sainsbury and James Wilson: Finding Balance*	4.3.3 *Lyndsey Hill: "U.N.I.- Unwritten number of issues"*	4.3.4 *Jennifer Oates: Student nurse mental health: lessons for mental health nurse academics*

4.4	4.4.1	4.4.2	4.4.3	4.4.4
Chair: Ann Cox *Edith Cavell Room 313* *(Third floor)*	*Julie McGarry: Sexual Safety in Acute Mental Health Contexts*	*Rebecca Cooke: Safeguarding Children: Evaluating supervision to address nurses' emotional distress in emergency care.*	*Thomas Currid: Intimate partner violence and abuse in LGBT+ relationships*	*Kathryn Grayling: NHS Staff and Learners' Mental Wellbeing Commission: Introducing the Wellbeing Guardian role*

12.10-1.00   **Lunch, networking and poster viewing**
Poster presenters should be at their posters from 12.30 to 1.00.
Council room

Poster	Presenter and title
9	*Michelle Richardson: Changing the Mental Health service users experience and improving staff confidence within the acute sector – An update on an ongoing project*
10	*Michelle Kahn-John: Self-reported insights and benefits of Diné adults who participated in a Diné (Navajo) healing ceremony*
11	*Nicola Armstrong: The Impact for the Family of Young Onset Dementia*
12	*Elizabeth Morrison: Experiential Learning in Risk Assessment of the over 65s population*
13	*Eileen O'Connell: Preventing Presenteeism*

1.00 -1.05   **Main Hall Commences**
Cowdray Hall

1.05-1.45   **Keynote speakers**
Neorecovery: A survivor led conceptualisation and critique
Bethan M Edwards, Rick Burgess and Ellie Thomas
from Recovery in the Bin
Cowdray Hall

Concurrent Session 5

	1.50-2.10	2.15-2.35	2.40-3.00
5.1 **Chair: Susan Glodstein** *Cowdray Hall* *(Ground floor)*	5.1.1 *Gary Lamph: Capturing the Conversation: Exploring the label of personality disorder from the perspectives of people with lived experience and occupational experience.*	5.1.2 *Leanne Holman: The lived experience of new registered mental health nurses caring for people with Borderline Personality Disorder.*	5.1.3 *Valentina Short: The team formulation model; supporting practice and guiding research*

5.2	5.2.1	5.2.2	5.2.3
Chair: Louise E Howard *Rosalind Paget Room 307* *(Third floor)*	*Louise Condon: Keeping children safe when a parent has a mental health problem: a mixed methods study* *(refer to 2.4.3 in Book of Abstracts)*	*Ann Cox: Involving children aged 8- 12 years old in decision making and consent processes in out patient CAMHS*	*Susan Sookoo: Developing a model of nurse-patient relationships on acute mental health wards.*
5.3	5.3.1	5.3.2	5.3.3
Chair: Tim Carter *Agnes Hunt Room 102* *(First floor)*	*Vicki Hines-Martin: ISPN: Enhancing workforce capacity through creative collaborations*	*Michael Nash: Irish MHN's practice and attitudes towards breast and cervical health screening in female mental health service users.*	*Louisa Long: What are the experiences, views and beliefs of emerging adults of receiving services from adult mental health services in the United Kingdom? A systematic review and meta-ethnography of qualitative evidence*
5.4	5.4.1	5.4.2	5.4.3
Chair: Cynthia Handrup *Edith Cavell Room 313* *(Third floor)*	*Andrew Hunter: Capturing Capability and Capacity: collaborative development of a suite of nationally agreed mental health nursing quality care process metrics and indicators.*	*Marianne Tinkler: "Minding the Gap" Challenging end of life care for people with severe persistent mental illness*	*Thomas Currid: The mental health of Irish Travellers*
5.5	5.5.1	5.5.2	5.5.3
Chair: Pamela Lusk *Annie Altschul Room 101* *(First floor)*	*Claire Bradford: "You knock off at 8" :– A project to help care staff develop empathy in a rehabilitation setting*	*Neil Brimblecombe: Nurse consultants working in mental health services – a national mixed methods survey of an advanced practice role.*	*Sam Thompson: Bitesized Teaching: Educational Futures for Mental Health Training*

3.00-3.25   **Afternoon refreshments, networking and poster viewing**
Council room

3.25-3.30   **Main Hall Commences**
Cowdray Hall

3.30-3.40   **MHNR Awards**
Andrew Grundy, MHNR Committee
Cowdray Hall

3.40-3.50   **Chair's reflections and close**
Cowdray Hall

3.50   **Conference Close**