

Pain in Older People Workshop



RCN HQ, London
Wednesday 26 February

Please note these programme details and timings are subject to change. A final programme will be in your delegate pack at the event.

Programme at a glance

10.30	Registration, networking and refreshments
	Welcome & introductions Felicia Cox
11.00	Immediate past chair, RCN Pain & Palliative Care Forum Editor British Journal of Pain Member IASP
11.05	Prevalence and impact of pain in older people Professor Pat Schofield IASP Global year lead 2019: Pain in the most vulnerable Editor: National guidance pain assessment and management in OP
11.30	Pain assessment in older people – an overview of the recently published national guidance on pain assessment Dr Julie Gregory RCN PPCF member Former Nurse Educator who has developed a pain assessment tool for older people with cognitive impairment
11.55	Living with and beyond cancer – the challenges of managing pain in an ageing population Professor Sam Ahmedzai Emeritus Professor, University of Sheffield Co-chair of NCRI living with and beyond Cancer research group
12.30	Lunch
13.15	Promoting self-management - supporting nurses to use strengthening exercises in the long term inactive David Vaux Physiotherapy Manager, Arthritis Action

13.50	<p>The trouble with opioids</p> <p>Dr Gillian Chumbley</p> <p>Consultant Nurse Pain Management, Imperial Healthcare, London</p> <p>Clinical Academic</p>
14.20	<p>Patient centred pain management and end of life care for older people with a learning disability/cognitive impairment</p> <p>Professor Irene Tuffrey-Wijne</p> <p>Professor of Intellectual Disability and Palliative Care, St George's</p>
15.00	<p>Summary and close</p> <p>Felicia Cox and Gary Mitchell</p>