



Mental Health Nurse Academics (UK)

Royal College
of Nursing

27th International MHNR Conference

Wednesday 9 and Thursday 10 June 2021

PROGRAMME

Please note these programme details and timings are subject to change. Please check the [event webpage](#) for the latest version of programme.

Wednesday 9 June 2021

- 8.30** Conference Day 1 opens, poster viewing and networking
- 9.30-9.40** Main Stage Commences:
Welcome and opening remarks
Mick Mckeown, Professor of Democratic Mental Health, University of Central Lancashire
- 9.40-9.50** Welcome from your Day Chair
Stephen Jones, Professional Lead for Mental Health, Royal College of Nursing
- 9.50-10.35** Keynote session
[Public mental health: a matter of life and death](#)
Dr Peter Byrne, Consultant Liaison Psychiatrist, East London NHS Foundation Trust
- 10.35-11.05** Refreshment break, networking and poster viewing

Concurrent Session 1

	11.05-11.25	11.25-11.45	11.45-12.05
1.1	1.1.1	1.1.2	1.1.3
Chair: <i>Russell Ashmore</i>	Abstract no. 0009 <i>An Interpretative Phenomenological Analysis of Nurses</i>	Abstract no. 0052 <i>The effects of volunteering on career graduate characteristics within a dementia</i>	Abstract no. 0041 <i>Using the ChatHealth Messaging Service to improve access to mental health support</i>

	Experiences of Providing end of life dementia care Griffin Ganga, Senior Lecturer in Mental Health, University of Wolverhampton	friendly initiative, a phenomenological study Dean McShane, Mental Health Senior Lecturer, Liverpool John Moore's University	Caroline Palmer, Digital Development Clinical Lead, Leicestershire Partnership NHS Trust
1.2 Chair: Neil Brimblecombe	1.2.1 <u>Abstract no. 0098</u> Parity of Esteem in pre-registration nursing education: findings from a working symposium Simon Arday, Senior Lecturer in Parity of Esteem Senior Lecturer in Mental Health Nursing, University of Roehampton	1.2.2 <u>Abstract no. 0045</u> Snowflake generation - the secrets in the snow, will always come out in the thaw Lyndsey Hill, Lecturer in mental health, PhD Student, University of Central Lancashire	1.2.3 <u>Abstract no. 0083</u> Group Subjectivity in Novel Times Sebastian Birch, Senior Lecturer in Mental Health Nursing, University of Roehampton
1.3 Chair: Fiona Nolan	1.3.1 <u>Abstract no. 0024</u> A mixed method comparison of therapeutic relationships between service users and clinicians in community mental health care Karishma Jivraj, Lecturer in Mental Health, University of Northampton	1.3.2 <u>Abstract no. 0046</u> Insider research: An accessible form of inquiry for mental health nurses Dean Whybrow, Lecturer in Mental Health Nursing, Swansea University	1.3.3 <u>Abstract no. 0054</u> Authentic connections Karen Wright, Professor of Nursing, University of Central Lancashire
1.4 Chair: Jane Matenhodze	1.4.1 <u>Abstract no. 0025</u> The potential of poetry to facilitate meaning making and recovery for individuals who have experienced psychosis Mark Pearson, Assistant Professor, University of Nottingham	1.4.2 <u>Abstract no. 0040</u> An exploration of the relationship between tattoos and mental health: a thematic analysis Chloe McCandlish, Teaching Associate in Mental Health Nursing, University of Nottingham	1.4.3 <u>Abstract no. 0034</u> Wellbeing for all? Exploring the relationship between nature, wellbeing and nursing. Sarah Howes, Lecturer in Mental Health Nursing, University of Plymouth

12.05-1.30

Lunch, networking and poster tours (12.30– 13.00)

Concurrent Session 2

	1.30 – 1.50	1.50 – 2.10	2.10 – 2.30
<p>2.1</p> <p><i>Chair:</i> Alison Welfare-Wilson</p>	<p>2.1.1</p> <p><u>Abstract no. 0078</u> Future implications for improving the care of adults with type 2 diabetes and severe mental illness comorbidity Elizabeth Tuudah, PhD candidate, King's College London</p>	<p>2.1.2</p> <p><u>Abstract no. 0073</u> Getting it right: Motivational Interviewing Training for inter professional working in mental health care settings Lucy Colwell, Senior Lecturer in Mental Health Nursing, University of Brighton</p>	<p>2.1.3</p> <p><u>Abstract no. 0072</u> Qualitative study of factors perceived by senior health service staff as influencing the development of Advanced Clinical Practice roles in mental health services Neil Brimblecombe, Professor of Mental Health, London South Bank University</p>
<p>2.2</p> <p><i>Chair:</i> Herbert Mwebe</p>	<p>2.2.1</p> <p><u>Abstract no. 0089</u> Establishing a Mental Health Nursing Research Unit: Rationale, Challenges, and Lessons Learned Robert Griffiths, Clinical Research Fellow in Mental Health Nursing, GMMH, Greater Manchester Mental Health NHS Foundation Trust</p>	<p>2.2.2</p> <p><u>Abstract no. 0059</u> Combining qualitative methods for nursing research: embedding an Interpretive Phenomenological Analysis within a Realistic Evaluation. Louisa Long, Teaching Associate, University of Nottingham</p>	
<p>2.3</p> <p><i>Chair:</i> Karen Wright</p>	<p>2.3.1</p> <p><u>Abstract no. 0086</u> Exploring the role of human factors in incidents of completed suicides Tim Coupland, Mental Health Nurse/ Integrative Counsellor, University of Southampton</p>	<p>2.3.2</p> <p><u>Abstract no. 0017</u> Meeting Spaces: co-constructing meaningful conversations about suicide in undergraduate nurse education Annessa Rehair, Senior Lecturer Mental Health Nursing, Northumbria University</p>	<p>2.3.3</p> <p><u>Abstract no. 0074</u> “One step forward, one step backwards” An exploration of the perception of life of adult people, as influenced by the diagnosis of severe and enduring anorexia nervosa Laura Schut, Specialist leader Eating disorder program, Nurse Practitioner, Emergis, Mental Health Care Institution</p>

2.30-3.00

Refreshments, networking and poster viewing

- 3.00-3.05** **Main Stage Commences**
Welcome back from Day Chair
Stephen Jones, Professional Lead for Mental Health, Royal College of Nursing
- 3.05-3.50** **Main Stage Commences**
[MHNA Lecture: Military Mental Health Nursing](#)
Dr Dean Whybrow, Lecturer in Mental Health Nursing, Swansea University
- 3.50-3.55** **Close of Day 1**
Mick Mckeown, Professor of Democratic Mental Health, University of Central Lancashire
- 3.55-4.30** **Networking**

Thursday 10 June 2021

8.30 Conference Day 2 opens, poster viewing and networking

9.00-9.05 Main Stage Commences
Welcome from Day Chair

James Turner, Professional Lead Mental Health Nursing, Sheffield Hallam University

9.05-9.50 Keynote speaker

Global mental health – context and how we can make a difference

Dr Frances Hughes, General Manager Nursing and Clinical Strategy, Oceania Healthcare

9.50-10.20 Comfort break, poster viewing and networking

Concurrent Session 3

	10.20-10.40	10.40-11.00	11.00-11.20
3.1 Chair: <i>Mary Chambers</i>	3.1.1 <u>Abstract no. 0006</u> Perceptions of Registered Mental Health Nurses of their Continuing Professional Development during Special Measures: A qualitative interpretive inquiry <i>John Carden, Clinical Nurse Specialist / Honorary Lecturer, Betsi Cadwaladr University Health Board</i>	3.1.2 <u>Abstract no. 0014</u> Mental Health and Learning Disabilities Integrated Liaison Service <i>Joanna Tucker, Team Leader - Mental Health and Learning Disability Liaison Service, Isle of Wight NHS Trust</i>	3.1.3 <u>Abstract no. 0056</u> Exploring senior mental health nurses' views on research utilisation and conducting research <i>Sarah Galloway, Quality Improvement and Innovation Project Manager and Improvement Advisor, SWLSTG Mental Health Trust</i>
3.2 Chair: <i>Simon Arday</i>	3.2.1 <u>Abstract no. 0049</u> Nursing led interventions to support the psychological and emotional wellbeing of children and young people: A scoping review <i>James Turner, Professional Lead Mental Health Nursing, Sheffield Hallam University</i>	3.2.2 <u>Abstract no. 0085</u> The effect of physical activity on anxiety symptoms in young people: A systematic review and meta-analysis <i>Tim Carter, Assistant Professor in Mental Health and Psychological Therapies, University of Nottingham</i>	3.2.3 <u>Abstract no. 0067</u> Examining the Wellbeing and Quality of life Tools used with Individuals with Combined Mental Health and Housing Needs <i>Douglas MacInnes, Professor of Mental Health, Canterbury Christ Church University</i>
3.3 Chair: <i>Laoise Renwick</i>	3.3.1 <u>Abstract no. 0010</u> Breaking the Glass: Articulating Experiences	3.3.2 <u>Abstract no. 0020</u> The One Health Transition	3.3.3 <u>Abstract no. 0062</u>

	of Mental Health through Hermeneutical Injustice Rachel Wood, Professional Lead Nursing, RCN	Jonathan Gadsby, Research Fellow, Mental Health and Learning Disability Nursing, Birmingham City University	Love and resistance: re-inventing radical nurses in everyday struggles Michael McKeown, Professor of Democratic Mental Health, School of Nursing, University of Central Lancashire
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11.20-11.50 Refreshment break, networking and poster viewing

Concurrent Session 4

	11.50-12.10	12.10-12.30	12.30-12.50
4.1 Chair: Ben Hannigan	4.1.1 <u>Abstract no. 0084</u> Using BME nurse expertise to prevent and reduce “coercive practices” and reduce MHA implementation in a mental health NHS Trust Catherine Gamble, Head of Nursing Practice, Education and Research, South West London and St Georges Mental Health NHS Trust	4.1.2 <u>Abstract no. 0005</u> A socio-legal analysis of the impact of the Mental Treatment Act 1930 on voluntary admissions to Wadsley Mental Hospital Sheffield (1931-1948): implications for contemporary mental health legislation. Russell Ashmore, Senior Lecturer in Mental Health Nursing, Sheffield Hallam University	4.1.3 <u>Abstract no. 0099</u> Service evaluation on the use of body worn cameras in three acute mental health wards Darren Savarimuthu, Nurse Consultant, Safe and Therapeutic Services, Barnet, Enfield and Haringey Mental Health Trust
4.2 Chair Caroline Laker	4.2.1 <u>Abstract no. 0092</u> Mental Health, Information and Being Connected During the Covid-19 Pandemic: Findings from a Trans-National Survey Mariyana Schoultz, Senior Lecturer in Mental Health, Northumbria University	4.2.2 <u>Abstract no. 0093</u> CARE COVID (Care giving And Receiving Experiences in Community Mental Health Services during COVID) Valentina Short, Consultant Nurse/NIHR 70@70 Nurse/Midwife Research Leader, Tees Esk and Wear Valleys NHS Foundation Trust	4.2.3 <u>Abstract no. 0101</u> Exploring Care Home Staff Experiences during Covid-19 Michelle Beattie, Lecturer (Adult Nursing), University of the Highlands and Islands
4.3 Chair: Doug McInnes	4.3.1 <u>Abstract no. 0096</u> An exploration of the role of volunteer cadres in community mental health services in Indonesia: a qualitative study	4.3.2 <u>Abstract no.0102</u> Exploring the relevance of increased peer support to encourage black women with postnatal	4.3.3 <u>Abstract no. 0105</u> Perceptions and Experiences that Challenge Therapeutic Encounters

	<i>Herni Susanti, Senior Lecturer, University of Indonesia</i>	<i>depression in the UK to access appropriate support through healthcare services</i> <i>Bridgett Hushie, Student, University of Nottingham</i>	<i>Dr Judith Graham, BEM Queens Nurse, Director for Psychological Professionals, Rotherham, Doncaster and South Humber NHS Foundation Trust</i>
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12.50-1.50 Lunch, networking and poster tours (1.15-1.45)

1.50 -1.55 Main Stage Commences
Welcome back from Day Chair
James Turner, Professional Lead Mental Health Nursing, Sheffield Hallam University

1.55-2.40 Keynote speaker
[**Mental health recovery: They who laugh last**](#)
Kate Hull Rogers, International leading authority on the strategic use of humour in the workplace

2.40-3.10 Comfort break, poster viewing and networking

Concurrent Session 5

	3.10-3.30	3.30-3.50	3.50-4.10
5.1 <i>Chair:</i> <i>Robert Griffiths</i>	5.1.1 <u>Abstract no. 0058</u> <i>Involving stakeholders and widening the net: reflections on going beyond database searching arising from an evidence synthesis in the area of end of life care for people with severe mental illness</i> <i>Ben Hannigan, Professor of Mental Health Nursing, Cardiff University</i>	5.1.2 <u>Abstract no. 0106</u> <i>RCN Public and Patient Involvement: what can the matter be?</i> <i>Catherine Gamble, Head of Nursing Practice, Education and Research, South West London and St Georges Mental Health NHS Trust</i>	
5.2 <i>Chair</i> <i>Karishma Jivraj</i>	<u>Abstract no.0042</u> <i>Workshop: Awareness of menopause and its relevance for mental health work.</i> <i>Elizabeth Collier, Senior Lecturer in Mental Health Nursing Director, University of Derby</i>		
5.3 <i>Chair:</i> <i>Tim Coupland</i>	<u>Abstract no. 0051</u> <i>Symposium: Metaphors and Pictorial Metaphor in the therapeutic encounter</i>		

	<i>James Turner, Professional Lead/Principal Lecturer Mental Health Nursing, Sheffield Hallam University</i>
5.4	<p><u>Fringe event: Entering the Dragons Den- being well prepared for your doctoral viva</u></p> <p><i>Dr Karen Wright, Professor of Nursing, School of Nursing, University of Central Lancashire & Dr Tim Carter, Assistant Professor in Mental Health, University of Nottingham</i></p>

4.10-4.15 Main Stage Commences

Jim Turner, Professional Lead Mental Health Nursing, Sheffield Hallam University

4.15-4.20 Chairs reflections and close

Mick Mckeown, Professor of Democratic Mental Health, University of Central Lancashire

4.20-5.00 Networking

DAY 1 Poster Tours (12.30 – 13.00)

Poster Tour A	
Chair	Kris Deering
Poster	Presenter and title
2	Abstract no. 0021 Monitoring cardiovascular disease risk in individuals with severe mental illness (SMI) in an inpatient mental health setting: a secondary data analysis. <i>Herbert Mwebe, Senior Lecturer in Mental Health Nursing, Middlesex University</i>
5	Abstract no. 0016 Mental health and menopause- development of an RCN educational resource. <i>Debra Holloway, Nurse Consultant Gynaecology, Guys and St Thomas NHS Foundation Trust</i>

Poster Tour B	
Chair	Joanna Tucker
Poster	Presenter and title
6	Abstract no. 0055 Public opinion on sharing mental and physical health data across UK health services <i>Linda Jones, Patient and Public Involvement Lead Nurse, University of Cambridge</i>
7	Abstract no. 0057 Making your clinical practice inclusive of transgender people <i>Ella Guerin, Teaching Associate, University of Nottingham</i>
8	Abstract no. 0036 Narrative methodology: Analysing the personal experience of couples living and dying with Lewy body dementia. <i>Alison Bentley, Lead research nurse: Lewy body dementia, Cambridgeshire and Peterborough NHS Foundation Trust</i>

DAY 2 Poster Tours (1.15-1.45)

Poster Tour C	
Chair	Sarah Burleigh
Poster	Presenter and title
10	Abstract no. 0088 Bedfordshire Mental Health Treatment Requirement Historic Data Review Ben Tolley, Acting Head of Health and Justice Commissioning for Beds, Herts and Essex, NHSE
11	Abstract no. 0060 Resilience, innovation and collaboration: A University response to COVID-19 Shelley O'Connor, Senior Lecturer of MH Nursing, Liverpool John Moore's University
12	Abstract no. 0090 COVID-19 and how the wearing of face coverings can affect those with an experience of trauma Alison Welfare-Wilson, Senior Research Nurse, Kent and Medway NHS and Social Care Partnership Trust
3	Abstract no. 0082 Antipsychotic prescribing for dementia patients in care homes: Introduction of a nurse prescribing project. Cristie Howells, Lead Clinical Specialist Mental Health Nurse and Independent Prescriber, Cardiff and the Vale UHB

Poster Tour D	
Chair	Valentina Short
Poster	Presenter and title
14	Abstract no. 0044 Reducing restrictive practice using a QI (Quality Improvement) methodology: providing basic mobile phones to patients on a male PICU; where patients own phones were not permitted Joseph Amune, Ward Manager, South London and Maudsley NHS Foundation Trust
15	Abstract no. 0063 The Secure Quality Involvement (SeQuIn) Tool: benchmarking coproduction in secure services Michael McKeown, Professor of Democratic Mental Health Professor of Nursing, School of Nursing, University of Central Lancashire
16	Abstract no. 0100 Defining Trauma-Informed Care: A Concept Analysis Brianna Jackson, Nursing PhD Student, Yale University
17	Abstract no. 0104 Living with uncertainty: embedding the important of self-compassion into mental health nursing. Alexander McLeod, Active Listening for Wellbeing CIC