

Programme at a glance

RCN UK Joint Representatives virtual conference: 18-19 March 2021 *Healing and rebuilding: finding hope for the future*

Thursday 18 March 2021			
13.00	Keynote address (<i>Main stage</i>) Welcome and address from Dame Donna Kinnair, RCN Chief Executive & General Secretary		
14.30	Comfort break and exhibition viewing		
14.45	Networking (<i>Networking</i>)		
15.30	Comfort break and exhibition viewing		
15.45	Our wellbeing in this pandemic – a choice of 2 workshops		
	Workshop 1 (<i>Breakout Room 1</i>) Guided mindfulness and self-compassion for mental health	Workshop 2 (<i>Breakout Room 2</i>) Looking after your own mental health	
17.00	Close of day 1		
Friday 19 March 2021			
09.30	Keynote address (<i>Main stage</i>) Professor Michael West: The courage of compassion - supporting nurses and midwives to deliver high quality care		
10.30	Comfort break and exhibition viewing		
10.45	Networking (<i>Networking</i>)		
11.15	Comfort break and exhibition viewing		
11.30	Supporting Members Through the Pandemic and Beyond – a choice of 2 workshops		
	Workshop 3 (<i>Breakout Room 3</i>) Reps share their stories	Workshop 4 (<i>Breakout Room 4</i>) Influencing employer agendas coming out of the pandemic	
12.30	Lunch and exhibition viewing		
13.15	After this crisis: how RCN Reps can influence change – choice of 3 workshops		
	Workshop 5 (<i>Breakout Room 5</i>) Getting active on NHS pay and conditions	Workshop 6 (<i>Breakout Room 6</i>) What can we do to improve pay, terms and conditions in the Independent Sectors after the Covid pandemic?	Workshop 7 (<i>Breakout Room 7</i>) Building a diverse and inclusive RCN rep community
14.15	Move to next workshop		
14.20	After this crisis: how RCN Reps can influence change – choice of 3 workshops		
	Workshop 8 (<i>Breakout Room 5</i>) Getting active on NHS pay and conditions	Workshop 9 (<i>Breakout Room 6</i>) What can we do to improve pay, terms and conditions in the Independent Sectors after the Covid pandemic?	Workshop 10 (<i>Breakout Room 7</i>) Building a diverse and inclusive RCN rep community
15.20	Comfort break and exhibition viewing		
15.30	Keynote Address (<i>Main stage</i>) Closing addresses from RCN President, Professor Dame Anne-Marie Rafferty and Deputy President, Tracey Budding		
16.05	Conference close		