

RCN Children & Young People Forums Strategy Day
CYP Staying Healthy Forum
8th February 2018 (10:00 to 16.00Hrs)
RCN HQ, 20 Cavendish Square, London
NOTES

Chair Suzanne Watts

Present Pauline, Dwynwen and Gemma; Special guest Ray McMorrow.

Apologies Corinna, Leila

Resignation Liz Allen has confirmed with Suzanne that she has resigned from office.

10.00am Registration / networking with tea/coffee

10.20am Welcome & Introduction

Chair: Dave Clarke, Chair RCN CYP Acute Care Forum

- Dave Clarke welcomed everyone - Planning work and catching up
- Feedback from Forums – how supported by RCN Centre
- Someone in the Forum to take notes & reports back to Fiona by 28th February 2018
- Volunteer to give feedback at the end
- Volunteers taking notes from beginning and end – this will be cut and pasted into the Forum Chairs reports
- Cards passed to students but no child cards in pack – two sides required for inclusion of child information – e.g. Sepsis
- Early warning scores and safeguarding – what is being developed for Mental Health – Learning Disabilities is mentioned – content by 28th February .
- Produced with sponsorship - app would be favourable (adult / child)
- Educationalist impact and volunteer for card
- Facebook page – membership is growing, a survey is running – interim results
- CYP professional issue – continued care – staying healthy
- Forums increase response to survey
- Members say “when they can find it”
- Must raise centrally for action
- CYP newsletter needs to be produced

Points from floor – Responses could be linked to the demographic of respondents (most RCN member for 25years)

- Survey closes in approximately two weeks – is on Facebook page
- Are we over represented by long standing members? Full results coming
- FS – RCN recruiting students - not aware of Forums

10.30am What’s new/key issues

Chairs: Jane Hughes, RCN CYP Professional Issues Forum and Liz Marland, RCN CYP Continuing and Community Care Forum

- Jane Hughes welcomed new members
- Moderators – Angela (spec nurse) Judith (Prof job)
- Difficulty knowing the applicants to Forums are members of RCN
- Should be at least 1 or 2 moderators for each Forum
- If increasing or nominating moderator then let FS know
- Work discussed – LAC – Obesity – Vital Signs – Transgender – Neonatal – Gangs – Sexual Assault – Public Affairs (LARA), close the gap – safe and effective staff – overlap, shifts – website issues – across Forum working
- Can we link up with other Forums for fringes – what is agreed for Congress – what is shared?
- Wendy Preston presented on putting in bids – New paperwork – 5 pages – easier
- £78,000 per year funded allocation web based best – sample bids written during day workshop
- Postcards being produced to hand out to prospective members
- Writing workshop for RCN bulletin – member gave presentation but can send to K O'M? Leah Williams
- Clinical sheets – RCN; plans to have clinical decision making practice based website – launch pass June 2018
- Motion on sub annual rep
- Congress information and finalisation Liverpool for next 3 years following Belfast 2018
- Next Forum chairs meeting 28th February, 11am – 3:30pm
- Fiona S – commitment – attend strategy day – TC's and voting places – must have audit trail - demonstrate need for Forum

11.00am Individual Forum steering committee members meet and discuss: Priorities (Survey, Congress events etc) and action plan for 2018-19

Review of last years actions and Plans for this years work

BLOG

All committee members have completed blogs. Some had done the training but this is no longer available.

FORUM WEBSITE

Much discussion ensued about how to improve our involvement and increase responders to the Facebook page. In the survey people were keen to have specific networks. It was agreed by the group that we would pilot such a network on CAMHS as this is a very topical issue at the moment. Suzanne suggested applying for FCG bid for the task.

LIBRARY RESOURCES

Suzanne to speak to Jane re resources as there are regularly new books and guidance being published. Jane is currently putting a bid in to develop a web based resource.

FORUM MEMBERSHIP

Gemma, Suzanne and Corrina's terms of office will be up in December 2018. Some discussion around the process of re applying took place. Suzanne to bring this to the next chairs meeting . Corrina has a new role which involves being the lead for LAC which will be important in view of Liz's recent resignation.

REVIEW OF PUBLICATIONS

There was some thoughts about the lack of progress maybe being about the overall usefulness of them in light of the extensive guidance produced from national organisations.

Transition (Pauline and Suzanne) – some thoughts that this should be a cross working approach across forums

Mental Health – Gemma stated that the two publications should be amalgamated. Suzanne and Fiona suggested co-opting Iuan (Nurse Consultant from Wales)

Digital Publication – originally Gemma and Orla, but Suzanne and Dwynwen will now be taking it forward

Getting it right for Teenagers (Suzanne) – again thoughts about involving other Forums in this.

Safeguarding Children (Suzanne and Leila) - currently on hold

Position on School Nursing and Health Visiting – currently on hold – awaiting outcome of Scotland and N Ireland consultation

The role of the school nurse – done

12.30pm **Lunch & networking**

13.15pm **Individual Forum steering committee members meet and continue discussion before ‘returning with plan’:**

CONFERENCES

Two relevant conferences this year – “Looked after Children” (Spring 2018) and “School Nurses” (Summer 2018). Both also took place in 2017 and were well received and evaluated

MODERATOR

Pauline agreed to be moderator for the CYP Staying Health Forum Facebook

TRANSFORMING CHILDREN AND YOUNG PEOPLES HEALTH PROVISION

Gemma to review the Green Paper and send comments on behalf of RCN to antonia.barnes@rcn.org.uk

CONGRESS

Discussed travel, days of attendance and voting. Regarding Fringe events, both Corrinna’s and Pauline’s bids have been accepted. Suzanne is in discussion about her event and will be following this up with relevant people. We can keep in touch with each other at Congress via Whatsapp

RECRUITMENT AND INDUCTION OF NEW MEMBERS

There is a need for new members to join the Forum. Some thought given to whether to use a webinar, twitter chat or Mymeeet to encourage interest. It was noted that some members continue to prefer paper based journals as opposed to virtual communication Action – Suzanne to speak to speak to comms

14.45pm **Comfort break**

15.00pm **Feedback from each Forum & collaborative discussion**

Chairs: Suzanne Watts, Chair RCN CYP Staying Healthy Forum and Doris Corkin, Chair RCN CYP Specialist Care Forum

RCN CYP Continuing & Community Care Forum

- Increased reporting of activity required
- Supporting children with educational needs +ve feedback

- Bid future of community nursing? with Specialist group – issues around CPD, 24 hr care
- Exploring deep suctioning – CPD work
- Facebook group 2nd moderator
- NCPD
- Student cards – Orla keen to look at this
- Work with Intensive Care forum around Pal care
- Orla and Trisha to write blogs
- School nurse work to widen network. This is to include Facebook group work.
- Submitting a bid and? hearing by August

RCN CYP Staying Healthy Forum

- Retirement of members
- Congress good attendance
- Obesity
- SOC
- NSPCC work not accepted at congress. Launch of another module later in the year.
- Children's conference 2017 well attended
- Future conferences will be attended
- Paula to be 2nd moderator
- Survey responses biased by not having hardcopy.
- Various suggestions to increase electronic engagement
- Publications – to increase cross forum collaboration. Particularly digital
- Develop avenues to increase parity of esteem of MH
- Increase digital engagement? Successful other forums and how to they work.
- We (community) to access chats and engagement. Debate on various mediums and platforms.

RCN CYP Specialist Care Forum

- Student cards – keen to be involved. Doris named. Observations, weight etc ?too acute. Only one card though. Debate about which topic. 28th Feb require information.
- Safeguarding language difficulties
- Blogging – require training. No further training.
- Reviewed documents
- Standard letter to forum chairs to establish clarity on progress of documents.
- Bids – specialist surgery bid did not get up. Takes lots of time and can process be improved.
- Are we able to have more strategy days?
- CYP leaflet has some suggested changes
- RCNi decision tool.
- Awards and presentations announced.
- Work on TP nutrition. Requested by commissioners

RCN CYP Professional Issues Forum

- Reviewed last year's work. CYO nursing film
- Respond to priorities survey.
- Online resource for CYP
- Publications some on hold
- Increase visibility of forums
- Nurses in independent sector work
- Workforce and staff force issues

- Any work on transition? Scotland is across life course.
- Any work on transgender? Some various responses and resources available. A particular issue for school nurses. To steer away from medicalisation.
- Student cards need more pages. Orla and Doris to complete card.

RCN CYP Acute Care Forum

- Publications reviewed – archive, library involvement, well regarded publications vital signs
 - Card ?vital signs and fluid management
 - Congress contingent? to add student
 - Two surveys planned and in progress. Including safety netting
 - Facebook and Twitter engagement through day.
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- Increase chairs engagement and collaboration
 - Requires increased networking.

15.50pm Establish next steps & close

Chair: Dave Clarke, Chair RCN CYP Acute Care Forum

“Cards” sorted

Thanks to Fiona and Kate for organisers.

Next meeting Thursday same time next year

Ensure diaries are marked.

FS to collate contacts for congress