









Website: LizAtkin.com

Twitter: [@LizAtkin](https://twitter.com/LizAtkin) also use hashtag [#CompulsiveCharcoal](https://twitter.com/CompulsiveCharcoal)

Instagram: [@Liz_Atkin](https://www.instagram.com/Liz_Atkin)

Channel News Asia feature on my [#CompulsiveCharcoal](https://twitter.com/CompulsiveCharcoal) free art in Singapore:

<https://www.youtube.com/watch?v=iFeOu3UI3Wg>

The Londonist feature on my [#CompulsiveCharcoal](https://twitter.com/CompulsiveCharcoal) free art for

commuters: https://www.youtube.com/watch?v=tVS5E17Jefw&list=PLkxbyj_CmPd7TxX0Bcb86lHclrYaKMXPI

Resources:

TLC Foundation – leading organisation for compulsive skin picking and hair pulling disorders:

<http://www.bfrb.org/index.php>

OCD Action:

<http://www.ocdaction.org.uk/support-info/related-disorders/compulsive-skin-picking>

Anxiety UK:

<https://www.anxietyuk.org.uk/our-services/anxiety-information/anxiety-disorders/compulsive-skin-picking/>