Student nurses’ role in the delivery of sexual health — how can we promote holistic nursing care?

Student nurses generally have a positive attitude towards sexual health care¹

But...

• Uncomfortable
• Reluctant
• Lack knowledge
• Lack role models at University and on clinical placement
• Rarely put into practice

Nuance

Role models

Student support

Holistic nursing care

Is it realistic?

Patients
<table>
<thead>
<tr>
<th>Dr Helen Aveyard</th>
<th>Charlie Wells</th>
<th>Emma Pascale Blakey</th>
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<tbody>
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<td>Deputy Sister,</td>
<td>Staff Nurse and PhD Candidate.</td>
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Summary of Points raised during the ViPER:

• Teaching and understanding sexual health is important in clinical and academic settings.
• We must use a holistic and broad definition of sexual health.
• The definition of sexual health varies by context & work environment.
• Sexual health needs to be incorporated into the curriculum.
• Using case studies can be a useful tool in educational settings.

• Permission giving important in clinical settings – use PLISSIT.
• Written information also a useful tool.
• Some professionals are already doing this really well, including experts from fields such as cancer.
• We didn’t manage to find ideas to support/encourage students or non-specialist or more junior staff so …
• Co-design with students and patients potential way forward.

Thank you for being so engaged and for joining in!