Poetic Narrative Storytelling
A new and creative methodology

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Layering and building data

Story boarding

Story narrative

Poetic interpretation

Prose & Poetry
WHY STORYTELLING MATTERS especially in healthcare
Background

It's no longer enough just to ask, "How are you feeling?"

#ptstories

Every Patient has a story

Tell us yours

Elevating the Patient Voice

Using Trauma-Focused Therapy Stories

Interventions for therapists, children, and their caregivers

Pat Pernicano
Using poetry to boost the effectiveness of care

University hospital of South Manchester has employed a writer in residence to work with patients and staff.

Poetry allows people to express how they feel about their disease better than through normal language, says Prof David Denning.

A centre specialising in treating fungal diseases is using the power of poetry to enhance what the clinical team already offers medically.

For the past year, the National Aspergillosis Centre (NAC) based at the University hospital of South Manchester has employed writer in residence, Caroline Hawridge, to work with patients and staff, because of a conviction that word exploration is already boosting the effectiveness of care given by its health staff.

Director of the NAC, Prof David Denning, explained: ‘This is a group of patients

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Narrative Storytelling

- Meyer (2005) Narrative to create poetry
- Salmon (2010) Storytelling: bewitch the modern mind
- Digital storytelling – teaching & learning
  - Haigh, Hardy (2011) Tell me a story — a conceptual exploration of storytelling in healthcare education, Nursing Education Today Volume 31, Issue 4, Pages 408–411 DOI: https://doi.org/10.1016/j.nedt.2010.08.001
  - Storytelling can transform healthcare (2018)
Poetic Narrative Storytelling

1. Creating the story
2. Telling the story
3. Poetic interpretation
Step 1: Creating Your Story

Peer support changes lives.

Interaction, influence, thought process
Visual Mapping
Simplicity = Clarity
Step 2: Storytelling

STORYTELLING IN THE TED STYLE:
3 UNBREAKABLE LAWS OF COMMUNICATION

COMMUNICATION:
- Communicate me
- Wow! That's UNBELIEVABLE!
- Emotional

EMOTIONAL NOVEL
Emotionally charged event
Shock Fear

MEMORABLE

PASSION
You have what it takes

ART OF STORYTELLING

KV SUMMIT
Step 3: Creating The Poem

• Five senses
• Feelings and emotions
• Metaphors

Structure
• Couplets: 2 lines
• Rhyming: Alternate lines
• Haiku: 5-7-5 syllables
• Cinquain: 5 lines, visual image
• Sonnet: 14 lines
• Free verse
Step 3: Creating The Poem

- Five senses
- Feelings and emotions
- Metaphors

A couplet
Spring is here
Let’s give some cheer

Haiku
Butterflies are cool
In the big, huge, green forest
They fly up so high!

Cinquain
Snowflakes [Topic]
Graceful, intricate [2 descriptive words]
Floating, dancing, falling [3 action words]
Perfect in their uniqueness [Feelings]
Flawless [Synonym]

Structure
- Couplets: 2 lines
- Rhyming: Alternate lines
- Haiku: 5-7-5 syllables
- Cinquain: 5 lines, visual image
- Sonnet: 14 lines
- Free verse
Data Into Poem

Creating the story

Telling the story

Poetic interpretation

Interaction

Key words/points

Poem Verification
Maternal Emotions and Fear of Birth ‘Tokophobia’ in China
Mengmei Yuan¹, Debbie Carrick-Sen², Tieying Zeng¹, Chaohua Peng¹
Huazhong University of Science and Technology, Wuhan, China ¹

You
What will your cute face be
Are you a little princess or a prince
What are you doing now
I feel your little kicks inside of me

Do you like the name we choose for you
Can you feel when we touch you
Do you like the songs we sing to you
Are you ready for this beautiful world

Maybe it will be painful
But as your mum, I am not afraid
We are ready now
To love you and bring you both into this lovely world
Female Genital Mutation
Faisa Abdi, Year 3 BioMedical Science Student, University of Birmingham
Female Genital Mutation
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Forgive Me

Gudinlin, Halalays, Qodin
The fate of every young girl
‘Cut in all ways’
To please hooyo, habaryar,
ayeeyo and the village
Hooyo pleads ‘forgive me,
I didn’t know better’
But I’m ‘cut in all ways’
Your forgiven hooyo,
but I’m cut till the grave
Female Genital Mutation
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• Gudinlin, Halalays, Qodin all mean FGM in the three main spoken Somali dialects.
• Repetition was used for dramatic effect and emphasis. Repetition is also utilised regularly in the Somali language for a similar effect.
• ‘Hooyo’ means mom in Somali, Ayeeyo means Grandmother and ‘Habaryar’ is your maternal aunt.
I’m Gripping Onto Hope
The course is a challenge
Like a marathon, it’s a challenge
You won’t reach the finish line if you’re not fit
To fight for survival

I’m running on Black man’s time
My energy is low but I need to keep running on high
All of the time
But my energy is low
I’m a lady with a gun; I have to keep my guard up
I have to be better than my opponent

Who is this person in the mirror
How do I perceive myself?
How do others perceive me?
How have I grown?
How am I judged?

I’m a mother with a daughter
The course is my mother; I am her child
I’m swimming deep but I need to surface
But I’m out of my depth most of the time

Stress means stress and there are many stresses
And tears... I have had many
But what of the positives?
The work is a joy and there’s the miracle of life
I’m gripping onto hope
Where shall we go... What shall we do...
Wei Pian, Han Danni, Zheng Bebie & He Di
Nursing Masters Students, Wuhan, China

• Does it know where it is going?
• Destination
My Dream Job
Wei Pian
Nursing Masters Student, Wuhan, China

To be or not to be a nurse is the question
After the night shift I feel tired,
When my family get together in the holiday,
I can only work, work, work
Keeping my phone open in case of emergency,
What options do I have
Please give me a clue

A stable job
A warm family
Working in the daytime
Cooking at night
Feelings Of My Future

When I first heard the word ‘nursing’
It means responsibility, patience, attentive
Keep reading, learning, listening, thinking, working
To pass my life in dreams and love

I think of becoming a teacher and dream of creating a
garden, small and fascinating
Barefoot on the grass, chasing butterflies and bees
A group of people who stay together and love each
other is what I am seeking

Is this my purpose in life supposed to be
Touch the wrinkle of tiredness daily
Body and soul on the road
Yearn for a warm family
People I love still in my mind

There are many things waiting for you
I think I should learn something new
Please give me a clue
Coz, I don’t know what to do
The Added Value

**Types of Language**

**Prose**
- A basic paragraph shares an idea about a topic.
- Each paragraph will identify the idea, explain, and provide evidence.
- Focuses on content and structure.

**Poetry**
- A group of lines that share an idea.
- Stanzas are separated by an empty line.
- Stanzas in poetry are equal to paragraphs in prose.

**Sentences & paragraphs**

**Traditional quotes**

**Prose**
words in their best order;

**Poetry**
the best words in the best order.
Conclusion

- Novel and creative
- Quick data collection process
- Potentially cathartic experience for participants
- May be useful for sensitive topics
- Encourages peer support through shared experience
- Powerful narrative output

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