

Poetic Narrative Storytelling

A new and creative methodology

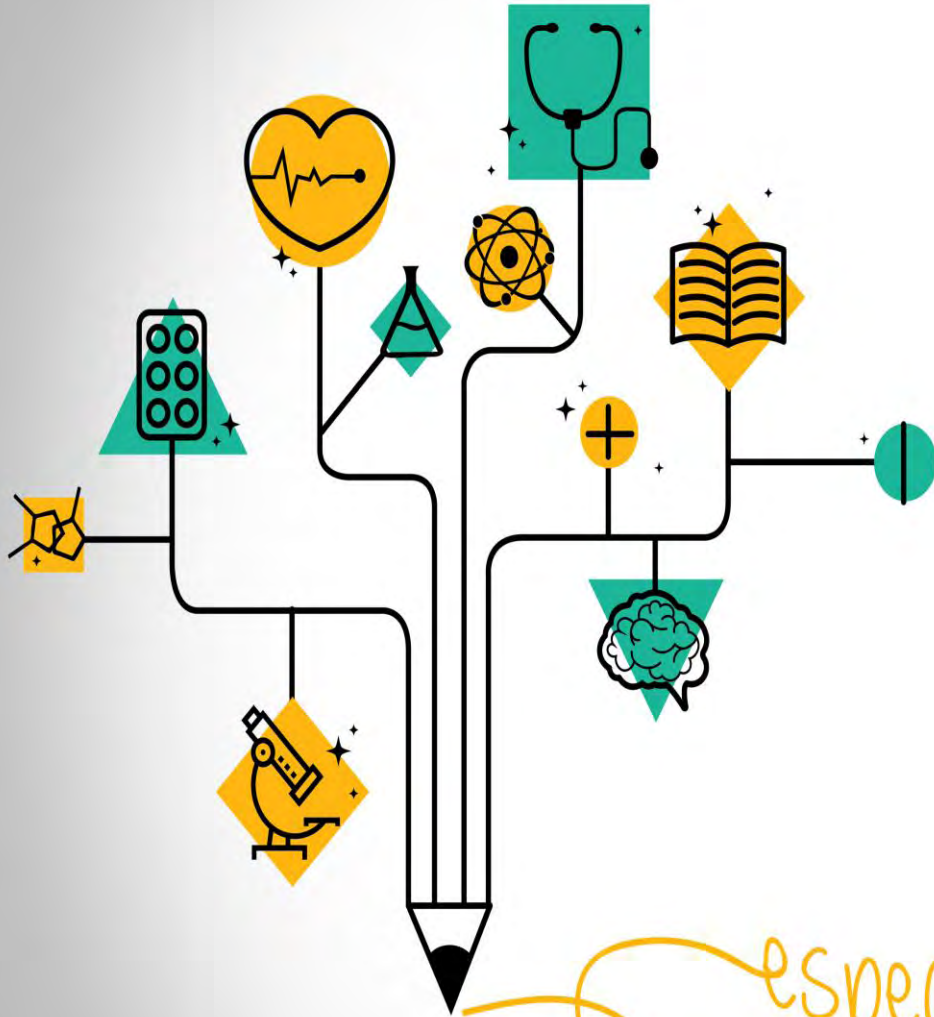
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Birmingham, Florence Nightingale Foundation

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@carricksen



WHY STORYTELLING MATTERS

especially in healthcare





Healthcare Network

Using poetry to boost the effectiveness of care

University hospital of South Manchester has employed a writer in residence to work with patients and staff

Rachel Pugh

Fri 11 Oct 2013 08:30 BST



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▲ Poetry allows people to express how they feel about their disease better than through normal language, says Prof David Denning.

A centre specialising in treating fungal diseases is using the power of poetry to enhance what the clinical team already offers medically.

For the past year, the National Aspergillosis Centre (NAC) based at the University hospital of South Manchester has employed writer in residence, Caroline Hawkrige, to work with patients and staff, because of a conviction that word exploration is already boosting the effectiveness of the care given by its health staff.

Director of the NAC, Prof David Denning, explained: "This is a group of patients



Narrative Storytelling

- Riessman (1993)/ Clandinin & Connelly (2000) Narrative analysis (inquiry): using text to create meaning through stories
- Meyer (2005) Narrative to create poetry
- Salmon (2010) Storytelling: bewitch the modern mind
- Digital storytelling – teaching & learning
- Haigh, Hardy (2011) Tell me a story — a conceptual exploration of storytelling in healthcare education, Nursing Education Today Volume 31, Issue 4, Pages 408–411 DOI: <https://doi.org/10.1016/j.nedt.2010.08.001>
- Storytelling can transform healthcare (2018)



Poetic Narrative Storytelling



Step 1: Creating Your Story



Peer support changes lives.



Interaction, influence, thought process



Step 2: Storytelling



Step 3: Creating The Poem

- Five senses
- Feelings and emotions
- Metaphors

Structure

- Couplets: 2 lines
- Rhyming: Alternate lines
- Haiku: 5-7-5 syllables
- Cinquain: 5 lines, visual image
- Sonnet: 14 lines
- Free verse

Step 3: Creating The Poem

- Five senses
- Feelings and emotions
- Metaphors

A couplet

Spring is [here](#)

Let's give some [cheer](#)

Haiku

Butterflies are cool

In the big, huge, green forest

They fly up so high!

Structure

- Couplets: 2 lines
- Rhyming: Alternate lines
- Haiku: 5-7-5 syllables
- Cinquain: 5 lines, visual image
- Sonnet: 14 lines
- Free verse

Cinquain

Snowflakes [Topic]

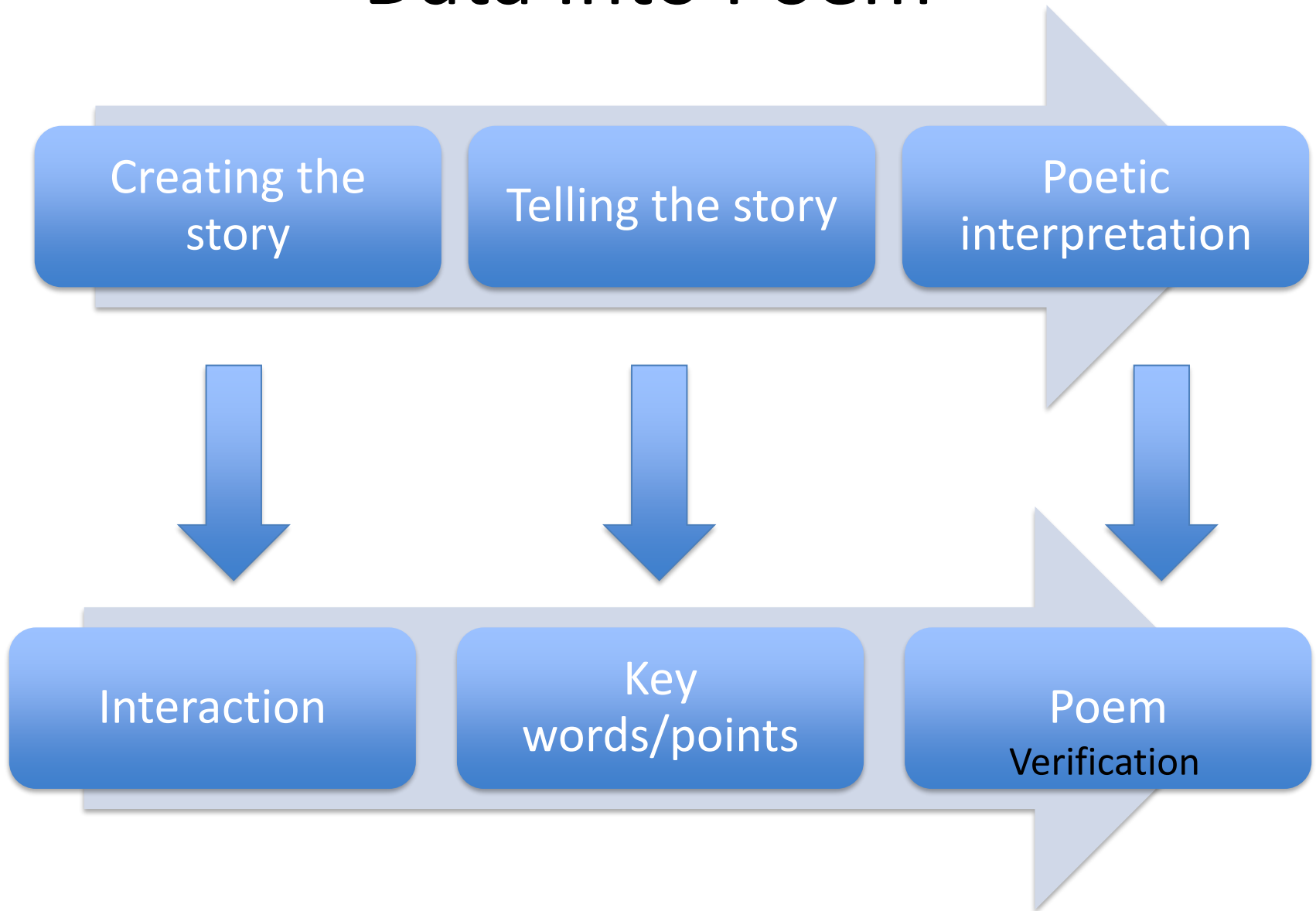
Graceful, intricate [2 descriptive words]

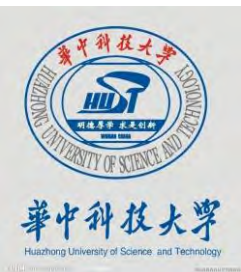
Floating, dancing, falling [3 action words]

Perfect in their uniqueness [Feelings]

Flawless [Synonym]

Data Into Poem





Maternal Emotions and Fear of Birth 'Tokophobia' in China
 Mengmei Yuan¹, Debbie Carrick-Sen², Tieying Zeng¹, Chaohua Peng¹
Huazhong University of Science and Technology, Wuhan, China¹

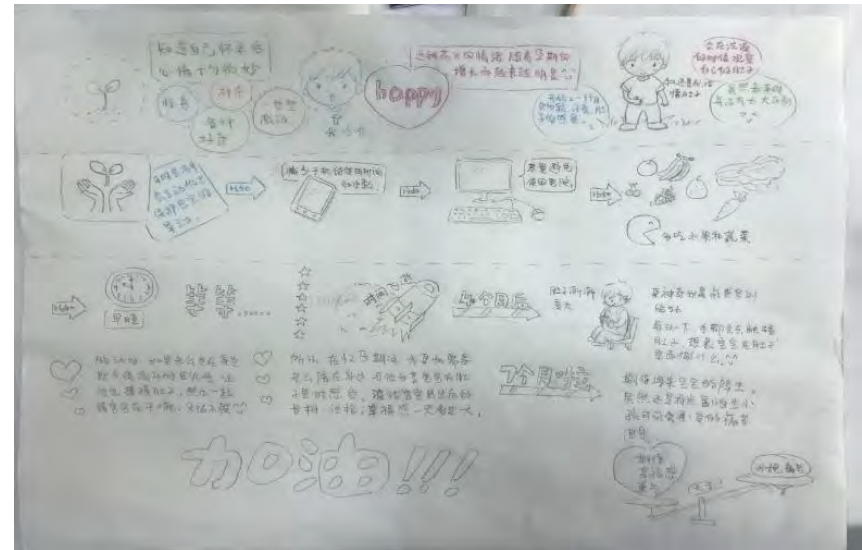


You

What will your cute face be
 Are you a little princess or a prince
 What are you doing now
 I feel your little kicks inside of me

Do you like the name we choose for you
 Can you feel when we touch you
 Do you like the songs we sing to you
 Are you ready for this beautiful world

Maybe it will be painful
 But as your mum, I am not afraid
 We are ready now
 To love you and bring you both into this
 lovely world



Female Genital Mutation

Faisa Abdi, Year 3 BioMedical Science Student, University of Birmingham

Trying to Recruit Research Participants?



Female Genital Mutation

Faisa Abdi, Year 3 BioMedical Science Student, University of Birmingham

Forgive Me

Gudinlin, Halalays, Qodin
The fate of every young girl
‘Cut in all ways’
To please hooyo, habaryar,
ayeeyo and the village
Hooyo pleads ‘forgive me,
I didn’t know better’
But I’m ‘cut in all ways’
Your forgiven hooyo,
but I’m cut till the grave

Female Genital Mutation

Faisa Abdi, Year 3 BioMedical Science Student, University of Birmingham

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- Gudinlin, Halalays, Qodin all mean FGM in the three main spoken Somali dialects.
- Repetition was used for dramatic effect and emphasis. Repetition is also utilised regularly in the Somali language for a similar effect.
- ‘Hooyo’ means mom in Somali, Ayeeyo means Grandmother and ‘Habaryar’ is your maternal aunt.

Black Student Midwifery Training

Marcia Edwards, Final Year PhD Student, University of Wolverhampton

I'm Gripping Onto Hope

The course is a challenge

Like a marathon, it's a challenge

You won't reach the finish line if you're not fit

To fight for survival

I'm running on Black man's time

My energy is low but I need to keep running on high

All of the time

But my energy is low

I'm a lady with a gun; I have to keep my guard up

I have to be better than my opponent

Who is this person in the mirror

How do I perceive myself?

How do others perceive me?

How have I grown?

How am I judged?

I'm a mother with a daughter

The course is my mother; I am her child

I'm swimming deep but I need to surface

But I'm out of my depth most of the time

Stress means stress and there are many stresses

And tears...I have had many

But what of the positives?

The work is a joy and there's the miracle of life

I'm gripping onto hope





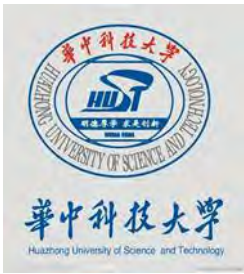
华中科技大学
Huazhong University of Science and Technology

Where shall we go... What shall we do ...

Wei Pian, Han Danni, Zheng Bebie & He Di
Nursing Masters Students, Wuhan, China

- Does it know where it is going?
- Destination





My Dream Job

Wei Pian

Nursing Masters Student, Wuhan, China



=



To be or not to be a nurse is the question
After the night shift I feel tired,
When my family get together in the holiday,
I can only work, work, work
Keeping my phone open in case of emergency,
What options do I have
Please give me a clue

A stable job

A warm family

Working in the daytime

Cooking at night

Feelings Of My Future

When I first heard the word 'nursing'
It means responsibility, patience, attentive
Keep reading, learning, listening, thinking, working
To pass my life in dreams and love

I think of becoming a teacher and dream of creating a
garden, small and fascinating
Barefoot on the grass, chasing butterflies and bees
A group of people who stay together and love each
other is what I am seeking

Is this my purpose in life supposed to be
Touch the wrinkle of tiredness daily
Body and soul on the road
Yearn for a warm family
People I love still in my mind

There are many things waiting for you
I think I should learn something new
Please give me a clue
Coz, I don't know what to do

The Added Value

TYPES OF LANGUAGE

paragraph

PROSE

- A basic paragraph shares an idea about a topic.
- Each paragraph will identify the idea, explain and provide evidence.
- **Focuses on content and structure.**

stanza

POETRY

- A group of lines that share an idea.
- **Stanzas are separated by an empty line.**
- **Stanzas in poetry are equal to paragraphs in prose.**

Sentences & paragraphs

Traditional quotes



PROSE =
words in their best order; —
POETRY =
the *best* words in the best order.

Conclusion

Novel and creative

Quick data collection process

Potentially cathartic experience for participants

May be useful for sensitive topics

Encourages peer support through shared experience

Powerful narrative output

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