Critical reflection on a research internship as a nursing student

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Core argument

Nursing students can be research assistants too
The research internship

• “Timing of puberty, obesity, and later psychological distress”
• Psychiatrist, endocrinologist, research fellow, research assistant
• A ‘safe space’ to learn about clinical academic research
Critical reflection

• Weighed down by expectations
• An understanding for those who fear research
• Lessons learnt
The value of internships

• Students as members of the team and workforce
• Promote evidence-based practice
• Encourage multidisciplinary working and respect
Implications

- Medical students aren’t the only option for research assistants
- Opportunities for student nurses interested in research careers
- Championing research in the workplace
Core argument

Nursing students can be research assistants too
References


References


Thank you