



Critical reflection on a research internship as a nursing student

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Core argument

Nursing students can
be research assistants
too



The research internship

- “Timing of puberty, obesity, and later psychological distress”
- Psychiatrist, endocrinologist, research fellow, research assistant
- A ‘safe space’ to learn about clinical academic research

Critical reflection

- Weighed down by expectations
- An understanding for those who fear research
- Lessons learnt

The value of internships

- Students as members of the team and workforce
- Promote evidence-based practice
- Encourage multidisciplinary working and respect

Implications

- Medical students aren't the only option for research assistants
- Opportunities for student nurses interested in research careers
- Championing research in the workplace

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Thank you

