

# Be who you want to be

A conference for Student Nurses in London

22 March 2017

9.30 – 4

RCN Headquarters, Cowdray Hall, 20 Cavendish Square,  
London, W1G 0RN



*Be Who You Want To Be* is a unique opportunity for Student Nurses from all fields of nursing studies across the capital to come together.

Hear from Nurses, Nursing Leaders and other inspirational speakers about the many different career pathways and development opportunities post-qualification...

Places are limited and are offered to all of the nine London Universities.

This is a FREE Event

# Programme

09:30	10:00	Coffee and registration
10:00	10:15	Bernell Bussue, RCN London Regional Director Welcome and Introduction to the Day
10:15	10:30	Dann Gooding and Andy Roy, SiOs The Concept of the Day
10:30	11:15	Professor Alison Leary Keynote presentation
11:15	11:45	Dr Jose Hernandez
11:45	12:15	Coffee Break
12:15	12:45	Steve Jamieson, CEO Hospice of St. Francis
12:45	13:00	Questions and summing up
13:00	14:00	Lunch
14:00	14:30	Professor Dame Jill McLeod Clark
14:30	15:00	Jim Blair, Nurse Consultant
15:00	15:30	Professor Chris Caldwell, with Rachel Kent
15:30	15:45	Questions
15:45	16:00	Bernell Bussue, RCN London Regional Director Thank you and close

# Speaker biographies

## Jim Blair



Jim currently works as Consultant Nurse Intellectual (Learning) Disabilities at Great Ormond Street Hospital, and as Associate Professor at Kingston University and St Georges' University. He provides clinical and expert advice to a number of organisations, including the Parliamentary Health Service Ombudsman.

Jim advocates for the health rights of people with learning disabilities. He has set up several award winning innovative projects and multidisciplinary patient-led groups to improve the health of people with learning disabilities and their families.

From 2008-2013 Jim was Consultant Nurse Learning Disabilities at St. George's Hospital. He was President of the Royal Society of Medicine's council for the Forum on Intellectual Disability from 2006-2009. Until 2013, he was Vice Chairman of Special Olympics Great Britain.

## Bernell Bussue



Bernell has a clinical background in cardio-thoracic and intensive care nursing. Early in his career, he spent five years working in the Middle East, returning to the UK private sector. He later moved to the NHS where he held senior positions managing surgery and orthopaedic units, before time as an Operations Manager in Child & Adolescent Mental Health.

He joined the RCN in 1998 as a Regional Officer. He became Diversity Advisor followed by a further stint as a Regional Officer before taking up his Director role.

Bernell has links with the International University of Nursing in St Kitts, Caribbean and with a number of International Nurse Associations. He holds three Directorships with charities supporting children and young people and is an active campaigner for the rights of the individual through encouragement to engage in civic activity.

## Professor Chris Caldwell

Chris is Programme Director for the Capital Nurse Programme. She is also Executive Director of Nursing at Tavistock & Portman NHS Foundation Trust in London. Chris was previously Dean for Healthcare Professions at Health Education England working across North Central East London. Other past roles include Assistant Director of Nursing, Education and Organisational Development at Great

Ormond Street Hospital for Children in London as well as a range of roles in education, clinical practice and policy at local and national level.

She is an Honorary Visiting Professor at City, University of London, Vice Chair of the London Perinatal Mental Health Network and a member of the London Mental Health Programme's Clinical Leadership Group. Chris is a registered nurse in adult and children's nursing and a nurse teacher. She has a Masters in Health Psychology and gained her Doctorate from Ashridge Business School focusing on transformational organisational change.

## Dr Jose Hernandez-Padilla

Jose graduated as a nurse in Spain in 2006 and worked mostly in A&E and ICU. Alongside nursing, he completed his Masters in Nursing Science and a PhD. His thesis on student-centred approaches to teaching and learning communication skills in Nursing was awarded the 'best 2014-2015 healthcare thesis dissertation' in the University of Almería in Spain.

He became a full-time academic in 2013 when he joined Middlesex University as a Lecturer, and has subsequently published numerous articles and contributed to a number of books.

He is currently working on two European projects. The first aims to define dignity at the end of life in the A&E department from the service users' point of view. The other is focused on developing an evidence-based course that will enable nursing educators to incorporate simulation-based interventions into their educational practice.

## Steve Jamieson



Today, Steve is CEO of the Hospice of St Francis in Berkhamsted, Hertfordshire. He was previously Deputy Director of Nursing at the RCN. There he was responsible for the RCN's professional nursing agenda, and delivering its mission to represent nurses and nursing and promote excellence in practice.

Steve is passionate about providing good quality end of life care to all and is also a champion for improving care to people living with dementia and their families

Previously, Steve held senior nursing posts at St Thomas Hospital and King's College Hospital, London. Until last year President of the European Association of Nurses in AIDS Care. He has worked with the International Council of Nurses (ICN) and WHO on projects relating to HIV/AIDS.

## Rachel Kent

Rachel currently works as a newly qualified mental health nurse. Previously, she was a nurse on an inpatient ward and in an acute community crisis team. Rachel is passionate about patient and staff welfare and actively engages in quality improvement projects, research and audits. She contributes as a Reader's Forum panellist in the Nursing Standard and publishes articles and research.

Rachel has been involved with the Capital Nurse programme since its inception in 2015, and works closely with the team providing reports and insights from the front line. Recent experience of being a student nurse and of preceptorships and career progression has highlighted the need for the Capital Nurse programme and the valuable work the team is doing to improve nursing in London.

## Professor Alison Leary

Based at London South Bank University as Chair of Healthcare and Workforce modelling, Alison has a particular interest in the complexity of care and nonlinear approaches using computational mathematics. Alison has just published a paper examining the relationship between nurse staffing and outcomes in acute hospitals.

Alison originally studied natural sciences and worked in biomedical sciences/engineering for ten years before pursuing a DipHe in adult nursing at St Thomas/KCL. She holds a masters in haemato-oncology and a PhD in clinical medicine from the University of London. Alison worked in cancer and palliative care for almost twenty years. She is also the clinical lead at Millwall Football Club and BASICS scheme director.

Alison was made a Florence Nightingale Foundation leadership scholar in 2013. She is a senior fellow of the higher education academy, a fellow of the Royal College of Nursing and The Queens Nursing Institute. In 2014, she was named an "inspirational woman in healthcare" by the Health Service Journal and in 2016 won a Winston Churchill Fellowship to look at safety in other industries including NASA.

## Professor Dame Jill Macleod Clark

Dame Jill qualified as a registered nurse at University College Hospital, London and worked in a range of acute clinical settings and as a practice nurse. She gained a degree in social psychology from the London School of Economics and subsequently completed her doctorate, which focussed on an analysis of communication between patients and nurses on surgical wards.

Jill began her academic career at Chelsea College, London, teaching communication skills, health promotion and research methods whilst supporting undergraduate students in their practice placements. She headed up the first research-based Msc programme for nursing in the UK and continued to develop her research profile, building up a research team and publishing widely.

Having held numerous distinguished academic positions, Jill is now Emeritus Professor at Southampton and lead advisor to the Nursing and Midwifery Council for their major review of education standards for future registered nurses. She continues to contribute to national and international policy agendas linked to career development in nursing. Another interest is building leadership capacity in higher education and health for under-represented groups. She is a member of 'Women on Boards' and is actively engaged in coaching and mentoring nurses aspiring to executive or strategic leadership roles.